In the Iowa District Court for Polk county

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| **State of Iowa,** *Plaintiff*,v.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,** *Defendant*. | **Criminal No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Stipulation to VNCO***Defendant is in custody.* |

**Comes Now** the defendant and state to the court that I understand and agree to each of the following:

1. I am accused of violating a No Contact Order (VNCO).
2. Specifically, according to the preliminary complaint, the alleged violation(s) occurred on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
3. I have a right to a hearing on this accusation.
4. In any hearing on this accusation, the State would have to prove, beyond a reasonable doubt, that I violated the No Contact Order.
5. Although I have the right to present evidence at a hearing, I have no obligation to do so.
6. I give up my right to a hearing. I give up my right to testify about this accusation and to present evidence. I give up my right to have a record made of the proceedings.
7. I give up my right to be present in court when this matter – including disposition -- is decided.
8. I stipulate (agree) that I knowingly and intentionally violated the No Contact Order as stated in the preliminary complaint.
9. I have reached an agreement with the State. According to that agreement, we jointly recommend the following disposition: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
10. I understand that the Court is not bound to follow the joint recommendation of the parties and can sentence me to the maximum penalty provided by law which is a six month jail sentence and/or a $1000 fine for each violation.
11. I waive (give up) my right of allocution (to make a verbal statement to the court) and I give up the right to tell the Court why a less severe disposition may be appropriate.
12. I do, however, ask the court to accept the stipulation that I violated the No Contact Order and accept and impose the disposition jointly recommended by the parties.

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**DEFENDANT ATTORNEY FOR DEFENDANT**