



Polk County Community, Family & Youth Services
Home Sponsor
Child and Adult Care Food Program
1914 Carpenter Ave – Des Moines, IA 50314
515-286-2136



January 2009

Noodle News

Volume 151

Food for Your Brain



Get organized for the New Year. You can use decorative baskets, file folder or plastic baskets or tubs. You can have the children help by making labels or cutting out picture labels. This is a good way to see things get done timely.

Turning in documentation timely is very important. Turning in late documents may result in your claim not being paid until the next month or your claim not being reimbursed.

SIGN IN SHEET AT THE OFFICE

Please remember to tell who is dropping off your paperwork that they must sign the providers name, check



off what document is being left and the date. The form is located in the front office.

1c white sugar	1tsp baking soda
1c molasses	1tsp ground cinnamon
3/4c lard or oil	1/2tsp salt
2 eggs	6 or 7 cups all purpose flour

Gingerbread Cookies Ingredients:

Combine first four ingredients; then add the eggs and mix to blend well. Add the rest of the ingredients and mix well until blended. Wrap dough in plastic wrap and refrigerate until firm. Roll out dough and cut with a cookie cutter. Bake at 350 for about 10 minutes.



Food Spotlight:

- **Storing your cookies: Putting an apple slice in with your cookies to keep them soft while they are on the counter.**



- **Cookies can be stored in the freezer for up to 12 months if they are not frosted or 2 months if they are frosted. Keep the layers separated with waxed paper.**

Training Opportunities:

Call Carol Rainforth [515- 246- 3561] for workshops available through CCR&R
Child Net Series What's Cooking (Module 8), Wednesday, January 21 ,2009
6:30 – 9:00 p.m.

Call Pam [515- 286- 2136] for workshops available through CACFP
Part Time Hours Training – Saturday, January 24, 2009 9:00 – 11:00
a.m.
Web HX Computer Training, Tuesday, February 17, 2008 6:30 -8:30 p.m.
Seating will be limited.

CACFP requires **1 ½** hours of training that must be completed by September 30th each program year (October – September).

The State (DHS) requires **12** hours of training that must be completed for each of the 2 years of registration.

CACFP Staff phone numbers and e-mail addresses:

Please contact Pam with CACFP questions or to have forms mailed to you.

Office Spec: Pamela Patterson: 286-2136

ppatter@co.polk.ia.us

Monitor: Treva Olson : 515-286-2063

tolson@co.polk.ia.us

Monitor: Penny Warner: 515-286-2037

pwarner@co.polk.ia.us

Monitor: Lorna Sapp: 515-286-3284

lsapp@co.polk.ia.us

Program Specialist Gracy Kirkman 515-286-3703

gkirkma@co.polk.ia.us



January food sheets are due **February 5th**

WebIX claims are due the **5th**

Claims received on the 6th or after are a late claim

WebIX claims received on the 6th or after are late claims

Checks for the **December** reimbursements will be mailed **January 21,**
2009



FRIENDLY REMINDERS:

Enrollments:

Look over enrollments before mailing them to us. If they are not filled out completely, they will be mailed back to the provider. You only have 5 days to turn in an enrollment after a child starts in your daycare.

Part time hours:

Needs to be in our office by the 5th of each month and filled out completely or will not be eligible for payment.

Absent at Home Visit

Our monitors are finding many providers not home, which means, we will need to make another visit.



Please contact your monitor when you will be gone during a meal time, notify them when you make school runs or taking the kids on a field trip.

Holidays eligible for reimbursement:

Martin Luther King Jr. Day – January 19, 2009

Presidents Day – February 16, 2009

Veterans Day – November 11, 2009

Remember to call in a couple of days before each Holiday and let CACFP know that you are working on the holiday and complete the Parent signature form and turn it in with the claim for the same month.

