

# Watch for Emergency Warning Signs



- **CHILDREN**
  - Fast breathing or trouble breathing
  - Bluish or gray skin color
  - Not drinking enough fluids
  - Severe or persistent vomiting
  - Not waking up or not interacting
  - Being so irritable that the child does not want to be held
  - Flu-like symptoms improve but then return with fever and worse cough

# Watch for Emergency Warning Signs



## ■ ADULTS

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms improve but then return with fever and worse cough