

Hepatitis C Support Group

A support group is forming at the Polk County Public Health Department.

The purpose of this support group is to provide a safe place for individuals diagnosed with Hepatitis C to express their challenges, successes and experience living with Hepatitis C. Group members will be provided an opportunity to explore their emotional response to living with Hepatitis. How they perceive Hepatitis impacts their concept of self and the human need for nurturance and support.

The group will meet monthly on the third Tuesday of each month from 6-7pm. The group will meet at 1914 Carpenter in Conference room B.

The group will be led by Mark J. Hillenbrand, MSW, LISW. Mark's theoretical orientation includes self-psychology and the identification and development of the self. Mark leads several support groups focused on living with illness. He has been trained in individual and group therapy. Also at the meeting there will be a co-facilitator, Kelli Wulfekuhle available. If you would like information about the support group please call Kelli at The Polk County Health Department 515-286-3741. Please feel free to attend this support group.