

Community-Based Projects that are Improving the Health of Polk County, Iowa

Street	City	State	Zip	Project Name	Contact Name	Email	Phone	Description
Colfax & Douglas	Des Moines	IA	50317	Natural Play Area - Sargent Park				natural play equipment for kids to learn on
225 56th St	Des Moines	IA	50312	PE4Life - Hanawalt Elementary				get kids healthy through fun interactive play, Hanawalt is a model school
1400 West Broadway	Polk City	IA	50226	Walk Across Iowa - North Polk West Elementary	Ann Humphrey	humphrey@comet.n-polk.k12.ia.us	515-984-6344 ext. 2463	elementary/middle school kids walk before school and track progress
1907 Carpenter Ave	Des Moines	IA	50314	Healthy Polk 2020	Chris Frantsvog	chris.frantsvog@polkcountyia.gov	515-286-3430	community identified top 10 health priorities and formed workgroups
659 46th Street	Des Moines	IA	50312	Iowa Kidstrong Inc		cindy@iowakidstrong.com	515-771-1140	physical activity for kids
				Mentor Iowa		www.mentoriowa.org	(515)277-9797	trained mentors spend time with neglected, abused and delinquent kids
501 Holcmob Avenue	Des Moines	IA	50313	Shalom Zone Ministries/Health Care Kids Coalition	Kelsey Parker	szkids@msn.com	515-288-0475	back to school health fair for under-served kids
11407 NW Jester Park Drive	Granger	IA	50109	Steppin Out	Patrice Petersen-Keys	Patrice.Petersen-Keys@polkcountyia.gov	(515) 323-5359	
1907 Carpenter Ave	Des Moines	IA	50314	Polk County Prescription Drug Drops	Mike Wenger	mwenger@efr.org	515 471-2395	drive thru event for people to drop off un-used medications to help stop prescription drug abuse
9500 Windsor Parkway	Johnston	IA	50131	TeamMates	Chris Wilson	cwilson@johnston.k12.ia.us	515-986-2007	school based mentoring project, community members mentor youth
11407 NW Jester Park Drive	Granger	IA	50109	I Grew It Myself	Patrice Petersen-Keys	Patrice.Petersen-Keys@polkcountyia.gov	515-3223-5359	April 6, 6:30-8:30 at Jester Park Lodge, learn to grown your food
801 E. Kenyon	Des Moines	IA		SWITCH - Lovejoy Elementary				gives families tools to help reduce screen time, increase physical activity and have good nutrition

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1021 Davis Avenue	Des Moines	IA		Disc golf at Mcrae Park	Des Moines Disc Golf Club			raise funds for a disc golf course at McRae Park
				Gray's Lake Park Trail Connector	Grays Lake Neighborhood Association			fundraising will begin shortly for a trail connector
SE 6th & Scott	Des Moines	IA		Downtown Community Garden	Christine Paradee	christine@pardeeassociates.com	515-333-3015	
15 Indianola Ave	Des Moines	IA	50315	Garden of Eden at St. Anthony's Church				
Grays Lake Park	Des Moines	IA		Yoga at Gray's Lake Park		http://www.ci.des-moines.ia.us/departments/pr/grayslake.htm		
2883 E Watrous	Des Moines	IA	50320	Run for the Egg - Easter Lake Park	Lori Kirpes	lori.kirpes@polkcountyiowa.gov	515-323-5380	Community run/walk
2025 E. Grand Ave	Des Moines	IA		East Side Boxing Club				
2501 SE Maury	Des Moines	IA		Transplanting the Tropics		www.dmparks.org	parksvolunteer@dmgov.org	515-248-6380
505 5th Ave	Des Moines	IA	50309	Iowa National Heritage Foundation		info@inhf.org	515-288-1846	
4113 Lynner Drive	Des Moines	IA		Lower Beaver Neighborhood Association Walking	Bob Horman	bobanntom@g.com	515-274-5538	following neighborhood association meetings, members will walk
55th and Franklin	Des Moines	IA		Franklin Community Garden	Carrie Babbe	carriebabbe@hotmail.com	371-1518	
27th Street (south of University)	Des Moines	IA		Drake Community Garden	Rose Scott	rosescott66@yahoo.com	255-5630	
1601 Crocker Street	Des Moines	IA		Edmunds/Oakridge/Sherman Hills Community Garden	Marilyn Farr	farrma@msn.com	515-255-1340	
7305 Aurora Ave	Urbandale	IA	50322	Brain Boosters Workshop, April 7, 1:00	Lorrie Nagel	Lnagel@urbandale.org	515-278-3907	games, exercises and education to improve brain health
8601 Douglas Ave	Urbandale	IA	50322	NuVal Walking Tour at Hyvee, Apr 6, 6-7 pm	Aubrey Martinez	Aubrey.Martinez@hwinstiute.com	515-343-4461	tour through Hy-Vee to learn how to read labels and select healthy foods
501 Grand Ave	Des Moines	IA	50310	Juvenile Diabetes Walk for a Cure, Apr 10, 8:00 am		http://jdrf.org/greateriowa		

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5750 Merle Hay Road	Johnston	IA	50131	Kid Friendly Grab 'N Go Snacks April 13, 6-7:00	Aubrey Martinez	Aubrey.Martinez@hwinstitute.com	515-343-4461	
				Gray's Lake Neighborhood Wellness Council	Karen Bougher	karen.bougher@polkcountyia.gov		promote health and wellness in the neighborhood
2100 SE 5th Street	Des Moines	IA	50315	Pioneer Columbus Community Center				provides free and low-cost activities, fitness and equipment
4419 Center Street	Des Moines	IA		Fitness Room at Roosevelt High	Brianne Burns	brianne.burns@dmps.k12.ia.us	242-7272	fitness room is open Sats, 8-11 for staff, students and families to workout
Principal Park	Des Moines	IA		Active With Asthma at Principal Park	Kerry Wise	kerry.wise@lungia.org	515.309.9507 ext. 238	hosting asthmatic children and families for a day-long asthma education event
2530 73rd Street	Des Moines	IA	50322	Tobacco Cessation training	Kerry Wise	kerry.wise@lungia.org	515.309.9507 ext. 238	Training facilitators to host tobacco cessation classes at their worksite or in their community
1907 Carpenter Ave	Des Moines	IA	50314	Polk County Suicide Prevention Coalition	Chris Frantsvog	chris.frantsvog@polkcountyia.gov	515-286-3430	community partners work to reduce the incidence of suicide in Polk County
1907 Carpenter Ave	Des Moines	IA	50314	Polk County Lead Poisoning Prevention Coalition	Chris Frantsvog	chris.frantsvog@polkcountyia.gov	515-286-3430	reduce the number of lead poisoned kids
				Grow It Forward - SE Polk Schools	Lori Waddell	lori.waddell@se-polk.k12.ia.us	(515) 966-2068	introduce healthy snacks to kids by growing a community garden
				Chronic Disease Self Management	Tammy Keiter	tammy.keiter@polkcountyia.gov	515-286-3767	peers teach each other how to live with chronic diseases
				Campaign to Build Resilient Kids	Cathy Beck-Cross	beckc@se-polk.k12.ia.us	515-266-6795	build on strengths of SE Polk community to help youth overcome risk factors for suicide

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				Food & Faith: A Call to Action & the Coalition in Support of Hungry Children	Diana Sickles	dsickles@mindspring.com	515-255-5055	makes the connection between the issues around food security for all and the mandates of our faith which calls us into action to provide food security
				Community Garden at Saint Timothy's Episcopal Church	Mark Marshall	wdmmarshall@msn.com	515-223-5381	community garden that donates food to the Eddie Davis Community Center