

HEALTHY POLK 2



Partnering for a healthy community

COMMUNITY RESOURCES

Call 211 for area resources not listed

CHILD ABUSE/DOMESTIC VIOLENCE/SEXUAL ASSAULT

Adult/Child Protective Services (Abuse Hotline)	283-9222
Batterers Education Program (BEP)	242-6596
Child & Dependent Adult Abuse Reporting Hotline	800-362-2178
Family Violence Center	243-6147
Iowa Domestic Abuse Hotline	800-942-0333
Iowa Statewide Sexual Abuse Hotline	800-284-7821
Polk County Crisis & Advocacy Services	286-3600
Prevent Child Abuse Iowa.....	244-2200

CRISIS

Broadlawns Medical Center Crisis Team.....	282-5752
Des Moines Police and Polk County Sheriff	911
Iowa Lutheran Hospital Emergency (Medical)	263-5120
Iowa Methodist Medical Center Emergency (Medical)	241-6423
Iowa Substance Abuse Information Center	866-242-4111
Mental Health Access Center, Iowa Lutheran Hospital	263-5249
Mercy Franklin Help Center (Mental Health)	271-6111
Mercy Hospital Medical Center Emergency (Medical)	247-3211
Statewide Crisis Line (24 hrs)	800-332-4224
Teen line (Iowa)(Suicide & Crisis Assistance)	800-443-8336
211 United Way (First Call for Help and Crisis Line)	211
YESS Youth Emergency Services and Shelter of Iowa	282-9377

COUNSELING

AL-ANON Family Groups (alcohol abuse)	277-5059
Alcoholics Anonymous	282-8550
Behavioral Health Resources/Eyerly-Ball Comm. MH Services	243-5181
Broadlawns Medical Center - Mental Health Services	282-5695
Catholic Charities.....	244-3761
Child Guidance Center/Orchard Place	244-2267
Children & Families of Iowa	288-1981
Counseling Center Iowa Lutheran Campus	263-5184
Counseling Line – Red Cross	244-1010
DSM Pastoral Counseling Center.....	274-4006
Employee Assistance Program (EFR)	244-6090
Employee and Family Resources Intervention (Case management).....	244-2297
First Step (substance abuse/dual diagnosis)	271-6075
Four Oaks of Iowa	261-3719

Gamblers Anonymous	800-BETS OFF (238-7633)
Lutheran Services in Iowa (formerly Lutheran Social Services)	274-4946
Overeaters Anonymous.....	255-0444
Parents Anonymous (Family Directions of Iowa)	255-9490
Powell Chemical Dependency Center	263-2424
Senior Outreach Counseling	277-0630
Student Assistance Program of EFR	244-6090
Young Women's Resource Center	244-4901
University of Iowa Psychiatric Hospital.....	319-353-6314
Veterans Readjustment Counseling (VA)	284-4929

EDUCATION/SUPPORT

ASK Resource Center	243-1713
B.R.A.V.E. Foundation (Be Ready Against Violence Everywhere)	993-4123
Employee and Family Resources Prevention	244-2297
Gay, Lesbian, Bisexual & Transgendered (GLBT) Youth in Ia Schools Task Force.....	243-1221
Iowa Coalition Against Domestic Violence (ICADV)	244-8028
Iowa Coalition Against Sexual Assault (Iowa CASA)	244-7424
Iowa Dept. of Education, Safe & Drug-Free Schools & Communities	281-5614
Iowa Foster & Adoptive Parents Association	289-4567
Iowans for the Prevention of Gun Violence (statewide)	319-743-7823
Lesbian, Gay, Bisexual & Transgendered Community Center	277-7884
NAMI IOWA (Alliance for the Mentally Ill of Iowa)	254-0417
Violence Prevention Coordinator (DHS)	281-5032

SHELTER/RESIDENTIAL

House of Mercy Womens/Children Services	643-6500
Iowa Homeless Youth Center	265-1222
St. Joseph Emergency Family Shelter	282-1235
Youth Emergency Services & Shelter (YESS)	282-9377
YWCA Transitional Shelter for Women	244-8961

LEGAL

Iowa Legal Aid	243-1193
Polk County Attorney's Office.....	286-3737
Youth Law Center	244-1172

OTHER

Bureau of Refugee Services (DHS)	283-7999
Crime Victim Assistance (financial assistance)	281-5044
Iowa Civil Rights Commission.....	281-4121
Polk County Dept. of Human Services (Cityview Regional)	283-9238
Polk County Public Health Department (PCPHD)	286-3798
Senior Services (Polk County).....	286-3679

Disclaimer: This list is not meant to be all inclusive of the resources available in our community but is provided for your convenience in locating services for students, families, and clients.