



Community, Family & Youth Services
Child and Adult Care Food Program
2309 Euclid Ave
Des Moines, IA 50310-5703
515-286-3703(Gracy) or 515-286-2136 (Kisha)



Classes for the CACFP for October 2013-September 2014 are all 2 hours long:

All our classes are held at 2309 Euclid Ave, Des Moines, IA 50310. Please call Gracy or Kisha to sign up for classes.

If you don't attend one of our trainings, you will be required to turn in a 2 hour Nutrition or Record keeping training. Please call Gracy at 286-3703 and confirm that the class you will be taking is accepted.

Remember if you have already taken the same training class within 5 years DHS will not accept it.

If you're taking a Nutrition class through DMACC, I will need your grades, instructor information, when the course was held, and the information regarding what was discussed in the classing regarding Nutrition.

Thursday, October 3, 10, 17, 24, 31, 2013, November 7, 14, 21, 2013 and December 5, 2013 6:30p.m.-8:30p.m. 9 week Nutrition classes through Iowa State Extension office. These classes are held in our office. You must attend all classes. If you have already taken these classes, you can't take it again. Instructor: Karen Grimes

Tuesday, October 22, 2013 6:30p.m.-8:30p.m. "How to Avoid Being Seriously Deficient in CACFP" Instructor: Gracy Kirkman

Wednesday, December 11, 2013 6:30p.m.-8:30p.m. "How to Earn More Money in your Daycare Business" Great class for Category B and C2 Providers. Instructor: Gracy Kirkman

Monday, January 13, 2014 6:30p.m.-8:30p.m. "Deal or No Deal in CACFP" Instructors: Pamela Patterson and Treva Olson

Thursday, February 13, 2014 6:30-8:30p.m. "HyVee Nutrition Training" Instructor: Gracy Kirkman and Anne Cundiff, HyVee Dietitian at 4605 Fleur Dr, Des Moines, IA 50321

Monday, March 24, 2014 6:30p.m.-8:30p.m. "CACFP Week Fun with Food" Instructors: All of us

Tuesday, March 25, 2014 6:30p.m.-8:30p.m. "CACFP Week Fun with Food" Instructors: All of us

Saturday, April 26, 2014 3 Classes to TBA through the National Food Service Management Institute 9:00 a.m.-11:00a.m., 1:00p.m.-3:00p.m. and 5:00p.m.-7:00p.m. You can come to one class or all of them. It will be held at our office.

Thursday, May 15, 2014 6:30p.m.-8:30p.m. "HyVee Nutrition Training" Instructor: Lorna Sapp and Elizabeth Pohlman, HyVee Dietitian at 8701 Ave, Urbandale, IA 50322.

Thursday, June 19, 2014 6:30p.m.-8:30p.m. "Farmers Market Training What's is Season for Spring" Instructor: Pamela Patterson and Treva Olson

Monday, July 14, 2014 6:30p.m.-8:30p.m. "Deal or No Deal in CACFP" Instructors: Pamela Patterson and Treva Olson

Thursday, August 14, 2014 6:30p.m.-8:30p.m. "Farmers Market Training What's is Season for Fall" Instructor: Pamela Patterson and Treva Olson

Thursday, August 28, 2014 6:30p.m.-8:30p.m. English and Spanish classes "Physical Activity in CACFP"

RENEWAL – MANDATORY Saturday, September 6, 2014 9:00a.m.-3:00p.m. times will be assigned and the packet will be mailed to you in August.

ON LINE TRAINING:

4 hour training: "Healthy Menu Makeover" Please call us and we can email or mail you this information. If you have already taken the class, you will not be able to retake it.

3 hour training: "Dietary Guidelines, Food Allergies and Eating Disorders" through fosterparents.com. The price is \$6.95. DHS will not accept this class, but we will.