

Law Enforcement Resiliency and Peer Support for Law Enforcement Managers

February 9, 2012

Register at www.catlet.org / 417-718-2828



The **Law Enforcement Resiliency and Peer Support for Law Enforcement Managers Course** is designed to provide executive level managers a comprehensive overview of peer support and resiliency in law enforcement.

Law enforcement managers who are responsible for the development or oversight of peer support programs will benefit from this timely and relevant training. Managers will understand the importance of peer support and resiliency programs and the impact on organizational wellness.

More importantly, those attending will learn to recognize the devastating effects of police stress as it relates to job performance, officer safety, organizational morale, and police suicide.

The stress of undercover operations, assignment to high-risk or specialized teams, exposure to critical incidents, and the effects of a depressed economy will be addressed.

PREREQUISITES: You must be a sworn member of law enforcement or corrections, a non-law enforcement member of an emergency services agency, or a mental health professional or a clergy member supporting emergency service activities to attend this course. Requests for exceptions must be submitted and approved by the course director.

NOTE: This course will not prepare students to provide qualified peer support as part of an organized peer support program.

(CEH: 8-hours Interpersonal Perspectives)

Free parking on-site, vending machines on-site, and restaurants within a few miles.

RECOMMENDED AREA HOTELS:

Days Inn
4845 Merle Hay Rd.
Des Moines, IA
515-278-5511

Ramada Tropics Resort and Conference Center
5000 Merle Hay Rd.
Des Moines, IA
515-278-0271

Thursday 8:00 a.m. – 5:00 p.m.

**Polk County Sheriff's Office Training Center
at River Place**

Conference Room 2

2309 Euclid Ave, Des Moines, Iowa 50310

COST: \$40.00 per person

POLK COUNTY SHERIFF'S OFFICE:

Peggy Badger 515-286-3777

Peggy.Badger@PolkCountyIowa.Gov

CURRICULUM QUESTIONS:

Deb McMahon 417-594-1499

REGISTRATION: www.catlet.org

Patti Wilhite 417-718-2828

patti.wilhite@catlet.org

TOPICS INCLUDE:

- Overview of Peer Support and Resiliency
- Principles of Police Stress
- Peer Support for the Family
- Police Suicide
- Human Resiliency and Law Enforcement
- Critical Incident Support Debriefings
- Peer Support Program Management



Center for Advanced Technical Law Enforcement Training, Inc.