

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

LABOR  
DAY  
CLOSED

2

9:00 Pickle ball  
9:30 Mah Jongg  
TIME CHANGE  
ZUMBA Gold  
3:15pm

3

Tennis 9:00  
11:30 Bridge  
Top Health  
Following Lunch  
1:00 Games

4

9:00 Pickle ball  
1:00 Games

5

Tennis 9:00  
Health Main  
Clinic  
9:00 – 1:00  
12:45 Bingo

8

**CY-HAWK**9:00 Tennis  
YOGA  
9:30 & 10:45Caring Hands of  
Johnston 10 to 3  
1:00 PM Games

9

**WEEK! WEAR**9:00 Pickle ball  
9:30 Mah Jongg  
TIME CHANGE  
ZUMBA Gold  
3:15pm

10

**YOUR GEAR!**Tennis 9:00  
10-3 "Sew-cial"  
11:30 Bridge  
(News You Can Use)  
1:00 pm Games

11

**SHOW YOUR**9:00 Pickle ball  
**Cy-Hawk  
Kick-off  
(fundraiser)**

1:00 Games

12

**TEAM SPIRIT**Tennis 9:00  
Guest Speaker  
Eyerly-Ball  
(following lunch)  
12:45 Bingo

15

9:00 Tennis  
YOGA  
9:30 & 10:45Johnston Senior  
Adv. Board Mtg.  
(following lunch)  
1:00 PM Games

16

9:00 Pickle ball  
9:30 Mah Jongg  
ZUMBA Gold  
1:00 PM

17

Tennis 9:00  
11:30 Bridge  
SMP  
SENIOR  
FUN NIGHT  
6:30 to 9:30

18

9:00 Pickle Ball  
  
**SKOOL DAZE  
SHARE A  
SCHOOL  
PICTURE**  
1:00 GAMES

19

Tennis 9:00  
12:45 Bingo

22

9:00 Tennis  
YOGA  
9:30 & 10:45Caring Hands of  
Johnston  
10:00 to 3:00

23

9:00 Pickle ball  
9:30 Mah Jongg  
**VNS 11 to 1.**  
ZUMBA Gold  
1:00 PM

24

Tennis 9:00  
11:30 Bridge  
10-3 "Sew-cial"

25

9:00 Pickle Ball  
1:00 GAMES

26

Tennis 9:00  
12:45 Bingo

29

9:00 Tennis  
YOGA  
9:30 & 10:45**Angel Corp  
10:00 to 3:00**

30

9:00 Pickle ball  
9:30 Mah Jongg  
ZUMBA Gold  
1:00 PM**September  
Polk County  
Senior  
6300 Pioneer  
Johnston  
Call 251-3707****Crown Point  
Johnston  
Center  
Parkway  
IA 50131  
Lunch daily @  
12:00 noon****Activities**