

OCTOBER ACTIVITY CALENDAR 2014

Monday	Tuesday	Wednesday	Thursday	Friday
Grimes Senior Center 410 SE Main St Grimes, IA 50111 Lunch served at 11:30	Rene' Leppert Site Coordinator 515-986-5747	1 9:30 Wii Bowling 10:00-11:30 Fall Prevention Event w/Drake Pharmacy Students 12:00 12:30 BINGO	2 9:30 Wii Bowling 12:00 Info Talk with Tom Leffler, Candidate for Iowa House District 39 12:30 Cards/Games	3 10:00 Fast Track 11:45 Highs/Lows 12:15 Wii/Cards/Games
6 9:30 Wii Bowling 12:00 "Trip Down Memory Lane" 12:30 Cards/Games	7 9:30 Wii Bowling 10:30 Chair Yoga 12:00 Info Talk "Fire Prevention" 12:30 Cards/Games	8 9:30 Wii Bowling NO CRAFTS 12:00 Fire Drill and Top Health 12:30 BINGO	9 9:30 Wii Bowling 12:00 Info Talk w/Julie "Living Independently After Vision Loss" 12:30 Cards/Games	10 10:00 Fast Track 11:45 Highs/Lows 12:30-2:30 Ice Cream Social for our 2nd Anniversary!!!
13 9:30 Wii Bowling 12:00 Food of the Month "Walnuts" 12:30 Cards/Games	14 9:30 Wii Bowling 10:30 Chair Yoga 12:30 Cards/Games	15 9:30 Wii Bowling 10:45 Music w/Marilyn 12:00 Senior Medicare Patrol 12:30 BINGO	16 9:30 Wii Bowling 12:00 Monthly Talk w/Mike 12:30 Cards/Games	17 10:00 Fast Track 11:45 Highs/Lows 12:15 Wii/Cards/Games
20 9:30 Wii Bowling 12:00 Sharing "Burma Shave Signs" 12:30 Cards/Games	21 9:30 Wii Bowling 10:30 Chair Yoga 12:00 Top Health 12:30 Cards/Games	22 9:30 Wii Bowling 9:30-11:30 Crafts 12:00 Senior Moment with Howard "Enjoying the Golden Years" 12:30 BINGO	23 Closed for Church Lunch	24 10:00 Fast Track 11:45 Highs/Lows 12:15 Wii/Cards/Games Saturday-- October 25 th 4:00-7:00pm Annual Halloween Fest at the GCC
27 9:30 Wii Bowling 12:00 Sharing "Burma Shave Signs" 12:30 Cards/Games	28 8:30-1:00 Foot Clinic 9:30 Wii Bowling 10:30 Chair Yoga 12:30 Cards/Games	29 9:30 Wii Bowling 9:30-11:30 Crafts 12:30 BINGO	30 9:30 Wii Bowling Halloween Party 12:30 Cards/Games	31 10:00 Fast Track 11:45 Highs/Lows 12:15 Wii/Cards/Games

