

DECEMBER ACTIVITY CALENDAR

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 YOGA 9:30 & 10:45</p> <p>Caring Hands of Johnston 10:00 to 3:00</p>	<p>2</p>  <p>9:30 Mah Jongg ZUMBA Gold 1:00</p>	<p>3</p> <p>11:30 Bridge</p> <p>1:00 Games</p>	<p>4</p> <p>News U can Use</p> <p>1:00 Games</p>	<p>5</p> <p>Health Main Clinic 9:00 to 1:00</p> <p>12:45 Bingo</p>
<p>8 YOGA 9:30 & 10:45</p> <p>Johnston Senior Adv. Board Mtg. (following lunch) 1:00 PM Games</p>	<p>9 9:30 Mah Jongg</p> <p>ZUMBA Gold 1:00</p>	<p>10 10-3 "Sew-cial</p> <p>11:30 Bridge</p> <p>1:00 Games</p>	<p>11 Top Health</p>  <p>1:00 Games</p>	<p>12</p> <p>Guest Speaker Eyerly-Ball (following lunch)</p> <p>12:45 Bingo</p>
<p>15 YOGA 9:30 & 10:45</p> <p>1:00 PM Games</p> 	<p>16 9:30 Mah Jongg</p> <p>ZUMBA Gold 1:00 PM</p>	<p>17 11:30 Bridge</p> <p>1:00 Games</p> <p>SENIOR FUN NIGHT 6:30 to 9:30</p>	<p>18 Holiday Dinner SMP Holiday Program (Following lunch)</p> <p>1:00 Games</p>	<p>19</p>  <p>12:45 Bingo</p>
<p>22 YOGA 9:30 & 10:45</p> <p>Angel Corp 10:00 to 3:00</p>	<p>23 9:30 Mah Jongg</p> <p>VNS 11 to 1.</p>	<p>24 10-3 "Sew-cial 11:30 Bridge</p> <p>1:00 Games</p>	<p>25 Closed For the Holiday</p> 	<p>26 Closed For the Holiday</p>
<p>29</p> <p>YOGA 9:30 & 10:45</p>	<p>30 9:30 Mah Jongg</p>	<p>31 11:30 Bridge</p>  <p>Ring in the New Year!</p> <p>1:00 Games</p>	<p>Lunch served Daily @ 12:00 Noon CALL 251-3707 For Reservations</p>	

Johnston/Polk County Senior Center – 6300 Pioneer Parkway-Johnston IA 50131-Phone 515-251-3707.