

DECEMBER

Meals are called in by 1pm the day before For Reservations please call 274-0373

<p>1</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p> <p>LUNCH 11:30</p>	<p>2</p> <p>Bingo 10:15 Cards after lunch Andre Piano</p> <p>LUNCH 11:30</p>	<p>3</p> <p>History Class 10:00-11:00 Exercise 11:15 Cards after Lunch</p> <p>Lunch 11:30</p>	<p>4</p> <p>Bingo 10:15 Cards after lunch Andre Piano</p> <p>LUNCH 11:30</p>	<p>5</p> <p>COOKIE EXCHANGE</p>  <p>LUNCH 11:30</p>
<p>8</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p>  <p>LUNCH 11:30</p>	<p>9</p> <p>Bingo 10:15 Cards after lunch Andre Piano</p>  <p>LUNCH 11:30</p>	<p>10</p> <p>History Class 10:00-11:00 Exercise 11:15 Cards after lunch</p> <p>LUNCH 11:30</p>	<p>11</p> <p>Bingo 10:15 Cards after lunch Andre Piano</p> <p>Lunch 11:30</p>	<p>12</p> <p>SENIOR SINGERS</p>  <p>Lunch 11:30</p>
<p>15</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 BLOOD PRESSURE</p> <p>LUNCH 11:30</p>	<p>16</p> <p>Bingo 10:15 Cards after lunch Andre Piano</p>  <p>LUNCH 11:30</p>	<p>17</p> <p>History Class 10:00-11:00 Exercise 11:15 Foot Clinic Cards after lunch Birthday's</p> <p>LUNCH 11:30</p>	<p>18</p> <p>Bingo 10:15 Andre Piano</p>  <p>LUNCH 11:30</p>	<p>19</p> <p>CHRISTMAS PARTY!!!!</p>  <p>LUNCH 11:30</p>
<p>22</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 Foot Clinic</p> <p>LUNCH 11:30</p>	<p>23</p> <p>Bingo 10:15 Cards after lunch Andre Piano</p> <p>LUNCH 11:30</p>	<p>24</p> <p>History Class 10:00-11:00 Exercise 11:15 Cards after lunch</p>  <p>Lunch 11:30</p>	<p>25</p> <p>CLOSED FOR CHRISTMAS</p> 	<p>26</p> <p>CLOSED FOR THE HOLIDAYS</p> 
<p>29</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p>  <p>LUNCH 11:30</p>	<p>30</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p> <p>LUNCH 11:30</p>	<p>31</p> <p>History Class 10:00-11:00 Exercise 11:15 Cards after lunch</p> <p>A HAPPY NEW YEAR</p> <p>LUNCH 11:30</p>	<p>WESTSIDE SENIOR CENTER 134TH 6TH STREET DES MOINES, IA 50265 274-0373</p> 	<p>Mary Clare Cox, Supervisor Linda Mason, Program Aide</p> <p>COME AND JOIN US for some FOOD, FUN & FRIENDS</p>

