

JANUARY ACTIVITY CALENDAR 2015

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| 1 | 2 | | 1 | 2 |
| Grimes Senior Center 410 SE Main St Grimes, IA 50111 Lunch served at 11:30 | Rene' Leppert Site Coordinator 515-986-5747 | | Closed for New Year's Day | 10:00 Fast Track 11:45 Highs/Lows 12:15 Wii/Cards/Games |
| 5 | 6 | 7 | 8 | 9 |
| 9:30 Wii Bowling 12:00 "The Last Pony Mine" Video 12:30 Cards/Games | 9:30 Wii Bowling 10:30 Chair Yoga 12:00 Heritage Museum Gem 12:30 Cards/Games | 9:30 Wii Bowling 12:00 Senior Medicare Patrol 12:30 BINGO | 9:30 Wii Bowling 12:00 Music 12:30 Cards/Games | 10:00 Fast Track 11:45 Highs/Lows 12:30 Wii/Cards/Games |
| 12 | 13 | 14 | 15 | 16 |
| 9:30 Wii Bowling 12:15 Current Events 12:30 Cards/Games | 9:30-12:00 Blood Pressure Clinic 10:30 Chair Yoga 12:00 Health Talk w/Nicole 12:30 Cards/Games | 9:30 Wii Bowling 9:30 Crafts w/Linda 10:45 Music w/Marilyn 12:30 BINGO | 9:30 Wii Bowling 12:00 Monthly Talk w/Mike 12:30 Cards/Games | 10:00 Fast Track 11:45 Highs/Lows 12:30 Wii/Cards/Games |
| 19 | 20 | 21 | 22 | 23 |
| Closed for Martin Luther King Jr Day | 9:30 Wii Bowling 10:30 "Jeopardy" w/Brian 12:30 Cards/Games | 9:30 Wii Bowling 12:00 Sr. Moment w/Deb "Panama Canal" 12:30 BINGO | Closed for Church Lunch | 10:00 Fast Track 11:45 Highs/Lows 12:30 Wii/Cards/Games |
| 26 | 27 | 28 | 29 | 30 |
| 9:30 Wii Bowling 12:15 Current Events 12:30 Cards/Games | 9:30 Wii Bowling 10:30 Chair Yoga 12:00 Health Talk on "Hospice" 12:30 Cards/Games | 9:30 Wii Bowling 12:30 BINGO | 9:30 Wii Bowling 12:30 Cards/Games | 10:00 Fast Track 11:45 Highs/Lows 12:30 Wii/Cards/Games |