



# January 2015 Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p>Norwoodville Community Center 3077 NE 46<sup>th</sup> Ave Des Moines, Iowa 50317 515-266-5794 Dan Sauser Site Supervisor Krystal Simonson Program Aid</p>	<p style="text-align: right;">6</p>  <p>Norwoodville Community Center</p>	<p style="text-align: right;">7</p> <p>A HAPPY NEW YEAR</p>	<p style="text-align: right;">1</p> <p><b>Closed for New Years</b></p>	<p style="text-align: right;">2</p> <p>9:00 Exercise 10:30 Donation Bingo</p>
<p style="text-align: right;">5</p> <p>9:00 Exercise 10:30 Donation Bingo 11:30 Lunch 12:30 500 Tournament</p>	<p style="text-align: right;">6</p> <p>10:00 <b>Blood Pressure VNS</b> 10:30 <b>Movie Showing</b> 11:30 Lunch 11:30 Health Ed 12:30 Board Games</p>	<p style="text-align: right;">7</p> <p>9:00 Exercise 10:30 Bingo 11:30 Lunch 12:30 Pinochle</p>	<p style="text-align: right;">8</p> <p>10:45 <b>Business Meeting</b> 11:30 Lunch 12:15 WII Bowling</p>	<p style="text-align: right;">9</p> <p>9:00 Exercise 10:30 Donation Bingo</p>
<p style="text-align: right;">12</p> <p>9:00 Exercise 10:30 Donation Bingo 11:30 Lunch 12:30 500 Tournament</p> 	<p style="text-align: right;">13</p> <p>10:30 <b>Movie Showing</b> 11:30 Lunch 12:30 Board Games</p>	<p style="text-align: right;">14</p> <p>9:00 Exercise 10:30 Bingo 11:30 Lunch <u>12:00 Arthritis Exercise Class</u> 12:30 Pinochle</p> <p style="text-align: center;">CRAFTS</p>	<p style="text-align: right;">15</p> <p>10:45 Arthritis Exercise Class 12:15 WII Bowling</p>	<p style="text-align: right;">16</p> <p>9:00 Exercise 10:30 Donation Bingo</p> <p style="text-align: center;"><b>Fresh Conversations</b></p>
<p style="text-align: right;">19</p> <p><b>Closed MLK JR Day</b></p>	<p style="text-align: right;">20</p> <p>10:30 <b>Movie Showing</b> 11:30 Lunch 12:30 Board Games</p>	<p style="text-align: right;">21</p> <p>9:00 Exercise 10:30 Bingo 11:30 Lunch 12:30 Pinochle</p> <p style="text-align: center;"><b>Senior Counselor</b></p>	<p style="text-align: right;">22</p> <p>10:45 Arthritis Exercise Class 11:30 Lunch 12:15 WII Bowling</p>	<p style="text-align: right;">23</p> <p>9:00 Exercise 10:30 Donation Bingo</p>
<p style="text-align: right;">26</p> <p>9:00 Exercise 10:30 Donation Bingo 11:30 Lunch</p> <p>12:30 500 Tournament</p> 	<p style="text-align: right;">27</p> <p>10:30 <b>Movie Showing</b> 11:30 Lunch 12:30 Board Games</p>	<p style="text-align: right;">28</p> <p>8:00 <b>VNS Foot Care</b> 9:00 Exercise 10:30 Bingo 11:30 Lunch <u>11:00 Blood Pressure VNS</u> 12:30 Pinochle</p>	<p style="text-align: right;">29</p> <p>10:45 Arthritis Exercise Class 11:30 Lunch 12:15 WII Bowling</p>	<p style="text-align: right;">30</p> <p>9:00 Exercise 10:30 Donation Bingo</p>