

### ***Getting started:***

If you are interested in setting up an evaluation ride for a rider with special needs, please contact the Equestrian Program Specialist. She will provide you with the necessary forms to submit to your doctor or therapist. Once the forms are submitted to the program, you will be contacted to schedule an evaluation and to check class availability.

#### **Shellie Carmoney**

Program Specialist  
CHA Master Instructor  
CHA IRD Instructor

#### **Kelsey Freeman**

Riding Instructor  
CHA IRD Certified

#### **Jacklyn Gautsch**

Riding Instructor  
P.A.T.H. Certified

### **Volunteers Needed!**

**Do you know someone over the age of 18 who would be interested in working in the program with us? You don't need to be an expert to join in on the fun. Jester Park EQ Center provides all needed trainings and also hosts additional topic seminars for interested parties.**

**Come join the great things that are happening in the Therapeutic Horsemanship program!**

**Applications available upon request.**



**Lela Mullen ~ Facility Manager  
Shellie Carmoney ~ Program Specialist**

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Granger, IA  
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Jester Park  
Equestrian Center

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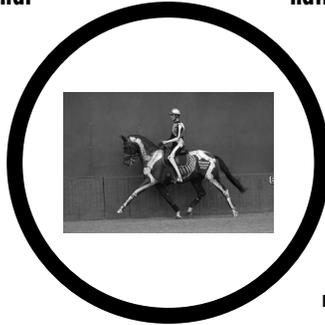
## ***Therapeutic Horsemanship Program***



**Teaching horsemanship to  
riders of all ages and  
abilities.**

## What do we do?

Following the safety standards of the Certified Horsemanship Association & the Professional Association of Therapeutic Horsemanship International, the Therapeutic Horsemanship program at Jester Park Equestrian Center serves riders with disabilities through horsemanship lessons that are safe, fun and effective in a welcoming environment. Our professional instructors are dedicated to helping riders develop their skill through lesson plans



*"The outside of a horse is good for the inside of a man." Winston Churchill*

designed to strengthen balance, develop hand/eye coordination, help build social skills and to reinforce the important life lessons that often come from working with and around horses. Rider goals are discussed with students, caretakers and family to ensure a quality experience and to keep the process moving forward in a positive and productive manner. Here at Jester Park Equestrian Center, we believe in teaching the total horse and are prepared to modify activities to enable people of

various ages and abilities to participate in structured, progressive horsemanship lessons in a welcoming, fun environment.

**"Our riders don't need perfect, they just need possible." ~ program motto.**

If you are interested in learning more about the Therapeutic Horsemanship program at Jester Park EQ Center, please contact us. We would love to hear from you!

### Therapeutic Riding vs Hippotherapy:

According to the American Hippotherapy Association, **"Hippotherapy is not a horseback riding lesson. It is physical, occupational or speech therapy, which is approved by a physician and implemented by a team that includes a licensed, credentialed therapist."**

Therapeutic Horsemanship is considered **adapted recreational horseback riding lessons.**

Here at Jester Park EQ Center, we provide Therapeutic Horsemanship, not Hippotherapy. Our professional, certified riding instructors are not therapists, nor do they provide therapy to clients. They

are instructors of riders with disabilities and they seize every opportunity to teach safe, effective horsemanship that fits the need of the individual. Our desire is to help individuals realize goals and develop a bit of independence throughout their horsemanship journey.



Contact: 515-999-2818  
Shellie Carmoney Program Specialist

### Jester Park EQ Center

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