




**Northside
Community Center**
3010 6th Ave
Des Moines, IA 50313
515-288-1524



**Supervisor
Nicole Ledvina
Program Aide
Parker Elwell**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Polk County Senior Fest  Wednesday, May 15 th 9:00am-2:00pm Iowa State Fairgrounds Varied Industries Building	Games • Prizes • Entertainment BINGO • Contests • Vendors Picnic Lunch • Line Dancing Document Shredding License Renewal • Food Samples AND SO MUCH MORE!!! Registration Required!	1 Parkinson's Exercise Class 9:15 Live 2B Healthy Exercise 10:00 Computer Class 12:00 Crochet Club 12:00 Pool Lessons 12:00	2 Crafts 9:30 Gwen & Deb Entertain 10:00 Blood Pressure 10:30-12:30 Bags 12:35 Cribbage 12:45	3 Eight Ball 9:00 Live 2B Healthy Exercise 10:00 Bingo 10:00 Jam Session 12:00
6 NO Live 2B Healthy Exercise Wii Bowling Tournament 1:00	7 Tai Chi 9:15 Wii Golf Tournament 12:30	8 Parkinson's Exercise Class 9:15 NO Live 2B Healthy Exercise Computer Class 12:00 Crochet Club 12:00 Pool Lessons 12:00 Book Club 12:30	9 Mike Lane Entertains 10:00 Cribbage 12:45 Movie & Popcorn 1:00	10 Nine Ball 9:00 NO Live 2B Healthy Exercise Bingo 10:00 Mother's Day Treats for Ladies Jam Session 12:00
13 Live 2B Healthy Exercise 10:00 Site Council Meeting 10:15 Wii Bowling Tournament 1:00	14 Fresh Conversations 10:30 Karaoke 12:00	15 All SITES CLOSED FOR Polk County Senior Fest  @THE IOWA STATE FAIRGOUNDS	16 Jerry & Kay Entertain 10:00 Bags 12:35 Cribbage 12:45	17 Eight Ball 9:00 Live 2B Healthy Exercise 10:00 Bingo 10:00 Jam Session 12:00
20 Live 2B Healthy Exercise 10:00 Wii Bowling Tournament 1:00	21 Wii Golf Tournament 12:30	Foot Nurse 22 Parkinson's Exercise Class 9:15 Live 2B Healthy Exercise 10:00 Computer Class 12:00 Crochet Club 12:00 Pool Lessons 12:00	23 Roger Countryman Entertains 10:00 Cribbage 12:45 Movie & Popcorn 1:00	24 Nine Ball 9:00 Live 2B Healthy Exercise 10:00 Bingo 10:00 Blood Pressure 10:30-12:30 Jam Session 12:00
27 CLOSED 	28 Karaoke 12:00 Wii Bowling Tournament 1:00	29 Parkinson's Exercise Class 9:15 Live 2B Healthy Exercise 10:00 FINAL Computer Class 12:00 Crochet Club 12:00 Pool Lessons 12:00	30 All Entertainers 10:00 Bags 12:35 Cribbage 12:45	31 Eight Ball 9:00 Live 2B Healthy Exercise 10:00 Bingo 10:00 Jam Session 12:00