



## POLK COUNTY HEALTH DEPARTMENT MEDICAL RESERVE CORPS VOLUNTEERS



### SUMMER/FALL 2015 NEWSLETTER

#### VOLUNTEER ORIENTATION MEETING

Thank you to all MRC volunteers who joined us at the 2015 Volunteer Annual Meeting on May 26th, where we reviewed our mission and potential volunteer opportunities for this year. Public health volunteer priorities included assistance with flood recovery efforts, staffing heat emergency shelters and community flu clinics. Also, we presented information about the MRC website and our newly updated volunteer database system.



#### COMMUNITY FLU CLINICS 2015 - VOLUNTEERS NEEDED



We are looking for medical and non-medical MRC volunteers who would like to participate in this year's community flu clinics. These clinics are hosted by the Polk County Health Department and will be offered this fall at several locations in Polk County.

Volunteers are needed to assist with the registration process at the clinics. Volunteers with CMA, LPN and RN degrees will be able to administer flu vaccines. All volunteers interested in taking part of this activity must attend an orientation meeting at the Health Department (1907 Carpenter Ave, Des Moines) prior to their participation in any of the community clinics.

For information about the community clinics, orientation meetings (in September), and to sign-up, please contact Kristina Grier, at (515) 323-5324 / (515) 344-8133 or [Kristina.Grier@polkcountyiowa.gov](mailto:Kristina.Grier@polkcountyiowa.gov)

#### POLK COUNTY MENTAL HEALTH RESPONSE TEAM

Welcome to all volunteers from the Polk County Mental Health Response Team who had signed up to become Polk County MRC volunteers. The Mental Health Response Team is part of the Polk County Health Services and their expertise in management of stress related situations represents a great asset for serving our community in case of disasters and critical incidents. For more information about the Mental Health Response Team, visit <https://www.polkcountyiowa.gov/HealthServices>



#### EXTREME HEAT INITIATIVES



As part of our public health priorities, we have been participating in the planning and response process of community initiatives for extreme heat events. Polk County MRC volunteers will be asked to assist with the implementation of overnight cooling shelters when extreme heat occurs in the community during an extended period of time. For more information about extreme heat activities, visit <http://www.polkcountyiowa.gov/health/>

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