



October 2011

Noodle News

Volume

183

1st Trimester training will be on Creditable Foods.

Community, Family & Youth Services
CACFP
1914 Carpenter Ave
Des Moines, Ia 50314
515-286-2136

- ◆ Our calendar year starts October 1 and ends September 30th. If you are a Category C2 with two providers on your Registration, you both need to attend a Nutrition class. If you attended a Nutrition class from CCRR, please mail us a copy immediately. We don't want you to wait until September 30th next year.

Make sure to have your work available for your monitor to see when she come to your home for a visit.

DHS will be coming to see everyone doing daycare to make sure they are in compliance with their Registration. Please look over your DHS booklet.

If your Registration is expired and you haven't received your packet, please call Linda Fees at 281-7309 if your last name is A-L or Carmen Getting at 242-5994 if you last name is M-Z.

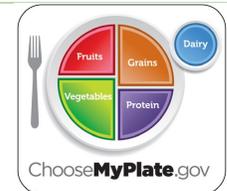
- ◆ All children in your daycare must be enrolled. Even if a child is only in your home for one day.

CACFP Classes:

No classes are being offered in October.

You can take the on line course below:

Healthy Menu Makeover On-Line Module. DHS has approved this 4 hour class. We have mailed this information to all of you. If you don't have a copy, please call us and we will send it to you.



Portion Size is Important

By serving the correct portion size and balancing the meal out with nutritious foods you will be helping to teach children good meal habits.

Serving appropriate portions along with exercise will help children to maintain a healthier weight and combat obesity.

Important Dates to Remember:

October food sheets are due by **November 7, 2011**

WebHX claims are due **November 7, 2011**

Claims received on the 8th or after are considered late claims.

WebHX claims received on the 8th or after are also considered late claims.

Checks for the October reimbursement will be mailed no later than **November 23, 2011.**

Next Paid Holiday: November 11, 2011.

Don't forget to have parents sign the Parent signature sheet if you are open during this holiday. If it is not turned in, you will not get paid.

You may contact us by

Calling, E-mailing or dropping by between the hours of 8:00am-12:00pm or 1:30pm-5:00pm

☺ Gracy Kirkman 515-286-3703

Gracy.Kirkman@polkcountyiowa.gov

☺ Pamela Patterson 515-286-2136

Pamela.Patterson@polkcountyiowa.gov

☺ Treva Olson 515-286-2063

Treva.Olson@polkcountyiowa.gov

☺ Lorna Sapp 515-286-3284

Lorna.Sapp@polkcountyiowa.gov

☺ Penny Warner 515-286-2037

Penny.Warner@polkcountyiowa.gov



*AFTER YEARS OF HARD WORK AND
DEDICATION IT'S TIME FOR MY OWNER TO
TAKE A PERMANENT VACATION!*

PLEASE JOIN US AS WE OFFER

PENNY WARNER

BEST WISHES ON HER RETIREMENT!

SATURDAY, OCTOBER 22ND

6:00PM -?

AMERICAN LEGION POST 232

114 E BROADWAY

POLK CITY IA 50226

P.S. FOOD WILL BE PROVIDED

NO GIFTS PLEASE.



© Dennis Cox · www.ClipartOf.com/36994