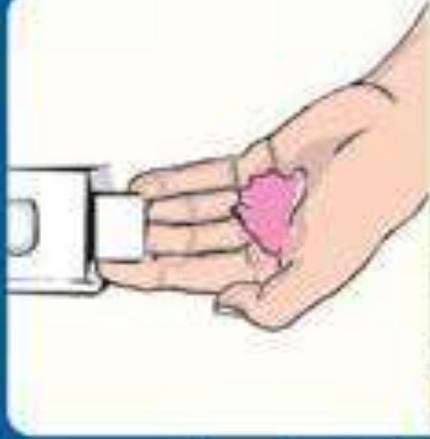




How to wash your hands properly



1 Wet your hands



2 Liquid soap



3 Lather and scrub - 20 sec



4 Rinse - 10 sec



5 Dry your hands



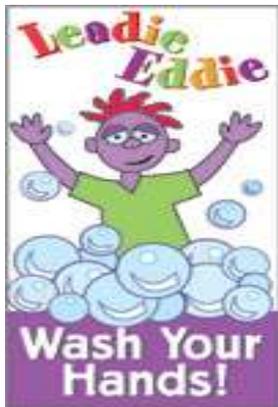
6 Turn off tap

DON'T FORGET TO WASH:

- between your fingers
- under your nails
- the tops of your hands

Handwashing Songs

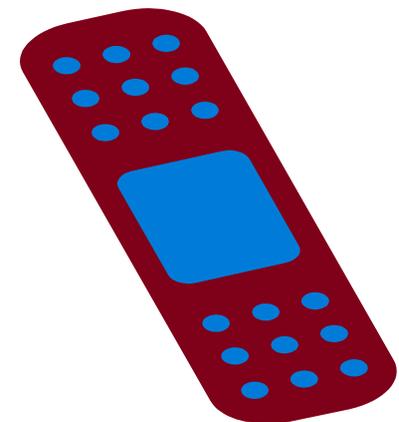
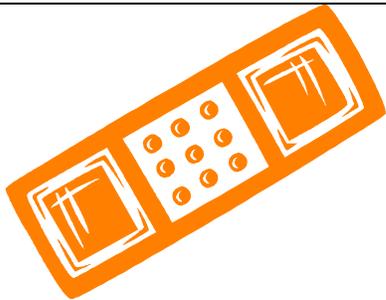
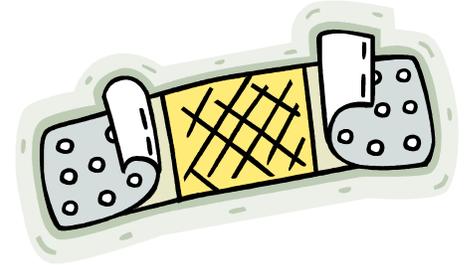
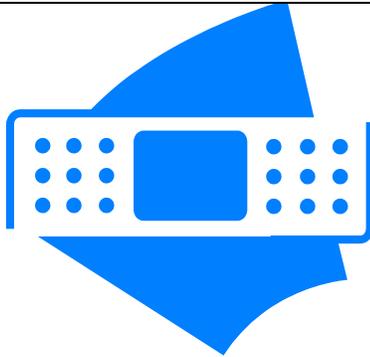
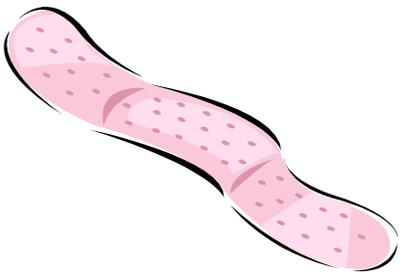
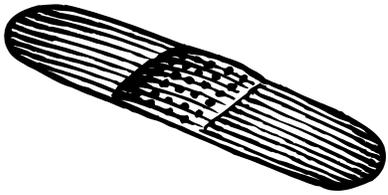
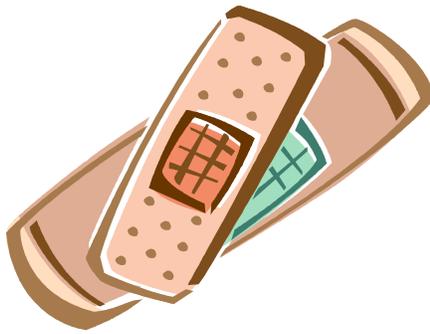
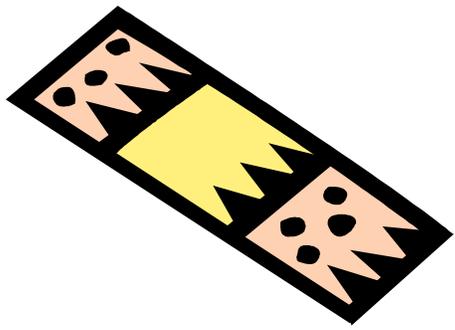
Twinkle, twinkle little star,
Look how clean my two hands are,
Soap and water, wash and scrub,
Get those germs off rub-a-dub,
Twinkle, twinkle little star,
Look how clean my two hands are.



Wash, wash, wash, your hands
play our handy game
rub and scrub, scrub and rub
Germs go down the drain HEY!
Wash, wash, wash, your hands
play our handy game
rub and scrub, scrub and rub
Germs go down the drain HEY!

If you're happy and you know it,
Wash your hands!
If you're happy and you know it,
Wash your hands!
If you're happy and you know it,
then your face will surely show it,
If your happy and you know it,
Wash your hands!





1. Eating foods like _____ and drinking _____, helps fight the dangers of lead in our bodies.
2. One important way to keep lead out of our bodies is to make sure we properly wash our _____.
3. If we take off our _____ before we come into the house we will help to keep our homes lead safe.
4. You need to go to the _____ office to have your blood tested for lead.

