

WHAT CAN YOU DO TO HELP REDUCE EMISSIONS?

1. Respect designated Idle Free Zones
2. Reduce idling and save money
3. Get kids involved by explaining the hazards of emissions.

HOW CAN WE HELP?

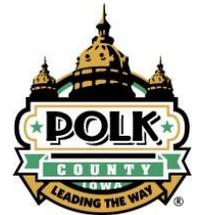
1. Sample letters, pledge forms and other information are available on the EPA's website:
<http://www2.epa.gov/region8/idle-free-schools>
2. Idle Free Signs are available FREE of charge for schools districts



For More information please contact:
Polk County Air Quality Division
5885 NE 14th Street
Des Moines, Iowa 50313
(515) 286-3705



BE IDLE FREE!



REDUCE IDLING.
CHILDREN STAY
HEALTHY AND
YOUR WALLET
STAYS HAPPY.





WHY IDLING IS UNHEALTHY

Car exhaust contains millions of tiny toxic particles which can cause lung damage, and aggravate asthma, bronchitis, and other respiratory issues.

Children are at a higher risk because they are still developing, and they are closer to the exhaust pipe on vehicles.

HOW DOES IDLING AFFECT YOU?

1. Idling causes unnecessary toxins to be released into the air.
2. Children are especially susceptible, making school grounds a big concern.
3. Idling can be costly, wasting up to a half gallon of gas per hour.



MYTHS AND FACTS ABOUT IDLING

Myth: idling your car prior to driving helps the engine warm up, especially in cold weather.

Fact: Engines made today do not need to be warmed up, and excessive idling causes wear and tear on the engine.

Myth: Restarting your car uses more fuel than letting a vehicle idle.

Fact: Engines do not work efficiently when they are idling. Cars waste fuel after idling more than 10 seconds. Restarting an engine releases less pollutants than idling.

