

**Criminal Justice Coordinating Council (CJCC)**

**October 13, 2011**

**8:30 a.m.**

**Convention Complex**

CJCC Members Present (8): Bill McCarthy, Sally Kreamer, Judge Gamble, Valorie Wilson, John Sarcone, Tom Hockensmith, Marilyn Lantz, Judy Bradshaw.

CJCC Members Absent (2): John F. Mauro, Gary Mikulec

Others present: Sue Elliott, David Jones, Linda Ford, David Knight, Doug Phillips, Dillon Kraft, Becky Buch, Lynn Ferrell, Jan Sears, Angela Connolly, Michael O'Meara, Brian Boyer, Captain Tim Krum, Marie Grabenbauer, Suzanne Holmes, Chris Gannell, Russ Frazier, Tony Timm, Terri Henkels, Bill Price.

Moved by Sarcone, Seconded by Wilson to approve the September 8, 2011 minutes.

Angela welcomed everyone and briefly went over various items that have been moving along: the expansion of CJCC membership, the mental health curriculum project, the upcoming addition of a CJCC Coordinator position, the Eli Lilly Diversion summit and the 23 hour crisis center project.

Forensic Integrated Services Team – Lynn Ferrell

Lynn said the Board of Supervisors approved the amended contract with Eyerly-Ball last week to establish a Forensic Integrated Services Team. This team was created to serve people with severe mental health issues and multiple hospitalizations. The initial target is 50 people, to be phased in. There will be a psychiatrist or psychiatric nurse practitioner, an RN, substance abuse specialist, employment specialist and a masters level team leader on this team.

Jail Medication Update – Lynn Ferrell/Linda Ford

Lynn Ferrell stated that there was a meeting held to discuss changes with persons coming into the jail that are on psychiatric medications, whether or not they are in treatment, there is a question as whether or not they are taking medications, etc. There are situations when folks come into jail, those not engaged in treatment, some are in treatment but not taking their meds and a third group of those engaged in treatment and taking meds in therapeutic fashion with change in policy that Linda is going to describe.

Linda stated that any group has a formulary. We all have formularies in an insurance program that we can get at certain price levels. This is true with jails too. We have opened up the mental health part of formulary. Previously, those on formulary could be maintained on a community med for 7 days until the provider saw the inmate and then put them on a formulary med or retained them on current med. Now that has been changed. The inmate may be maintained on a verified community prescribed med for a 30 day period to determine if the med is effective. They can remain on community meds if they are effective in treating the problem within two weeks of booking or sooner initiate conversation with provider to ensure continuity of care. Corizon has sent a letter to the community providers and contacted them. This is in our contract with the jail med provider. Corizon will develop a method to track the effectiveness of this change. This change will enhance the

continuity of care of the people that come into the jail and enhance their care by being able to have a better selection at the provider's disposal.

Angela asked about feedback from the community providers. The providers have contact 3 – 10 times a week. They are getting used to the process and contacts will be increasing as time goes on. Questions about addictive drugs and the stimulative effect of different drugs. Next month the President of Corizon Rod Holliman and Dr. Pastor the mental health provider will be here and can answer specific questions about medications.

Chris Gannell with NAMI, appeared and spoke about the mentally ill and how they do not believe they should be in jail. She asked how soon meds are given to persons when they are placed in jail. She suggested that the care givers of the mentally ill be contacted to verify the meds they are currently taking. Linda responded that this is what the "community dialog" is all about (communication with providers, doctors, etc).

Sheriff McCarthy wanted to say thank you to the lady who spoke and Angela to having us reevaluate this effort. Linda stated that one of our providers that is a physician's assistant that used to work at Broadlawns told her that she didn't expect that people with mental health problems would get better in jail and she was pleasantly surprised. People in jail do get better. A member from the audience asked about it taking two weeks an evaluation to be done. Linda stated that it is up to two weeks to initiate the dialogue not the medication. The verified medication starts at booking. Judge Gamble said this is a big complaint at the jail. This is a good start that will benefit the mentally ill in jail.

#### Update on Action Items:

A NAMI representative stated that they have been working with the faith based community, Suzanne Holmes. Packets of information have been distributed, seventeen churches have been visited. Suzanne Holmes said the information was well received and thanked NAMI.

Kay Roper reported on the Workforce Action Item. Workforce will be discussed in the state redesign. She has been in contact with the University of Iowa for six months with their doctor of political practice. The University of Iowa psychiatric department has received a grant from the college of nursing to recruit and strengthen mental health not only for mental health nurse practitioners but their other programs. She will have more information to report next month.

Terri Henkels, Director of Polk County Health Department, stated that they convened a panel of experts in the mental health area and talked about the fragmentation of our system and needs of persons of mental health being diverted from jail. The Healthy Polk Planning Initiative has been around for 20 years. It is a community planning initiative assessing community needs and identifies improvement plans and 10 strategies and priorities to access health care and wellness. After meeting with the panel, this fits nicely into those two priority areas. In process of drafting our story around jail diversion, we drafted some proposed activities around the 23 hour crisis center and wrapped into the prevention and wellness priority. This will be going to a community conversation in the next 6 – 8 weeks. At that time, the community looks at all priorities and allows the community to engage in the priorities. We received support from Mid Iowa Health Foundation around our conversation a month ago. We are also moving into looking at a gap analysis and access to health care which is a perfect venue to place those issues in those as well.

Marilyn Lantz reported that children's providers conversations in the community have been tied to state level conversations. The legislature has required work groups on mental health. Marilyn sits on the children's mental health disabilities work group. DM Child Guidance Center has a continuity of term grant one of two in the state. Right now what is being looked at is what the children's mental health would look like. Treatment plans are individualized for what a family needs. Lots of conversation is going on right now, we will see the state system moving forward on this.

Sally stated that the inventory lists of available resources were distributed previously. Dr. Tatman put together criteria for eating disorders and substance abuse so those issues we have verbage that further evaluation needs to be done. We are working with jail and are having intake officers have the prescreen. This is a quick way to see if there are mental health issues that need further evaluation. ISU PHD need hrs for licensing and are performing the valuations if they can't afford to get them done. One person in the women's facility mental health screens and gets them into programming in community. We just found out that we are a finalist for a grant for medication in the amount of \$10,000 that allows us to contract with nurse practitioners to work with offenders to make sure that they take their medication. This would get people started on meds to get them into the system. We will know by the next meeting.

Judge Gamble asked if the list included substance abuse treatment. Sally replied that it does. Judge Price and Gamble are meeting with EFR regarding those that would have gone into in-jail drug treatment.

Judge Price spoke about a mental health court. Training is in January on the formation and implementation of the court. This will take a lot of community resources (psychiatrists, social workers, etc). More information will be available after training in January at the end of that a plan can be put together. We need to stop the revolving door process for the mentally ill. The judication branch has limited resources but will work with others to make this work.

Tom Hockensmith introduced new Polk County Administrator, David Jones. David comes from Illinois and his first full day was yesterday. The in-jail drug treatment item is such an important component. The drug treatment program is a huge issue and we have to address in the future. The CJCC must keep this on the front burner and figure out a way to get the program back up and running.

#### CJCC Coordinator position update – Tom Hockensmith

The subcommittee has met and identified a person for the coordinator position, Gary Sherzan. An agreement is being worked out with details.

#### In-Jail Treatment Program

The In-custody drug treatment program is an important component that needs to be addressed in the future. Funding is now gone for this. Jan Sears said there are currently 16 people waiting for drug treatment. They are trying to find alternatives. They can stay on psychotropic drugs there is a 36 day wait. They would be getting treatment in jail while they are waiting. In future meetings, we need to get to the funding issue. We are seeing that creep. Judge Gamble and Price are working to identify alternatives but there aren't any out there. The alternatives that are out there are incredibly expensive. It costs a lot of money to run in-jail treatment but the

return on investment is reasonable. Time will tell what we end up spending over the next several months. Getting people in treatment is going to be expensive. The horrible thing to look at is if the wait becomes incredibly long, the alternative becomes incarceration and prison for many of them.

Sheriff McCarthy mentioned that Captain Tim Krum will be leaving CJCC and David Knight will be replacing him. Captain Krum will be assistant commander at patrol services and David Knight will staff work with committee. The Sheriff thanked Captain Krum for doing a good job.

#### CIT Training – Lynn Ferrell

Lynn reported that Kelly Drane from Des Moines PD, Deputy Holliday and Dave Higdon will be going to San Antonio for CIT training. The goal is to learn and develop a training opportunity when they come back and train additional officers here. We appreciate the Sheriff identifying funding for those that are going to get the training. The training is scheduled for the week before Thanksgiving.

#### 23 Hour Crisis Center

Subcommittee has been formed for this: Brian Boyer, Sally Kreamer, Sue Elliott, Lynn Ferrell, Bill McCarthy, Terri Henkels, Dave Higdon and Kelly Drane.

#### Closing Statements:

Suzanne Holmes handed out information about the Convoy of Hope event to be held at Wells Fargo Arena on November 12<sup>th</sup>.

Angela thanked everyone for coming. We are facing very serious budget times. We have come a long way and we need to continue to make things happen. This is an important process and everyone needs to continue to be involved.

Kelli Wulfekuhle, Polk County employee and citizen, volunteered to be on a committee for the in-jail treatment program.

Chris Gannell, NAMI, offered her skills as Train the Trainer for the CIT Training.

Next CJCC meeting is November 17, 2011 at River Place.