



Community, Family & Youth Services
Child and Adult Care Food Program
2309 Euclid Ave
Des Moines, IA 50310-5703



Classes for the CACFP for October 2014-September 2015 are all 2 hours long:

All our classes are held at 2309 Euclid Ave, Des Moines, IA 50310 unless noted below. Please call Gracy 286-3703 or Kisha 286-2136 to sign up for classes.

If you don't attend one of our trainings, you will be required to turn in a 2 hour Nutrition or Record keeping training. Please call Gracy at 286-3703 and confirm that the class you will be taking is accepted.

If you are taking the Child Net Series, we will accept the What's Cooking Module 8 as Nutrition training for our program.

Remember if you have already taken the same training class within 5 years DHS will not accept it.

If you're taking a Nutrition class through DMACC, submit grades, instructor information, when the course was held, and the information regarding what was discussed in the classing regarding Nutrition.

Thursday, October 23, 2014 6:30-8:30p.m. "How to Earn More Money in your Daycare Business" Great class for Category B and C2 Providers. (Part time hours class) Instructors: Gracy Kirkman and Lorna Morano

Monday, November 17, 2014 6:30-8:30p.m. "Portion Sizes in your Daycare Business." Instructors: Treva Olson and Gracy Kirkman

January 12, 2015 6:30p.m.-8:30p.m. "Deal or No Deal in CACFP" Instructors: Pamela Patterson and Gracy Kirkman

Tuesday, February 17, 2015 6:30-8:30p.m. "Hy-Vee Nutrition Training in Ankeny" 2510 SW State St, Ankeny, IA 50023 Instructor: Treva Olson and Hy-Vee Dietitian, Ann Hytrek

Tuesday, April 21, 2015 6:30-8:30p.m. "Your Daycare and the Earth." Instructors: Pamela Patterson and Treva Olson

Thursday, May 14, 2015 (tentative) 6:30p.m.-8:30p.m. "Hy-Vee Nutrition Training in Altoona" 108 8th St SW, Altoona, IA 50009 Instructor: Pamela Patterson and Hy-Vee Dietitian, Elizabeth Cole

Monday, June 16, 2015 6:30p.m.-8:30p.m. "Game Show Night in CACFP Vitamin A and C" Instructors: Treva Olson and Pamela Patterson

Thursday, July 16, 2015 6:30p.m.-9:00p.m. "Farmers Market Training looking for Vitamin A in Valley Junction" in Spanish and English at the Westside Community Center, 134 6th St, West Des Moines, IA 50265 Instructors: Gracy Kirkman and Lorna Morano (Renewal will be held during this class)

Thursday, September 19, 2015 6:30p.m.-8:30p.m. "Farmers Market Training for Vitamin C in Valley Junction" at the Westside Community Center, 134 6th St, West Des Moines, IA 50265 Instructor: Treva Olson

CLASSES TO TBA - through the National Food Service Management Institute - 2 three hour classes
DATES TBA - 9 Week Nutrition Classes through Iowa State Extension Office, Instructor: Karen Grimes

RENEWAL/CIVIL RIGHTS – MANDATORY Saturday, August 29, 2015 9:00a.m.-3:00p.m. times will be assigned and the packet will be mailed to out in August.

ON LINE TRAINING:

4 hour training: "Healthy Menu Makeover" Please call us and we can email or mail you this information. If you have already taken the class, you will not be able to retake it.

3 hour training: "Dietary Guidelines, Food Allergies and Eating Disorders" through www.fosterparents.com. The price is \$6.95. DHS will not accept this class, but we will. 2 hour training: "Nutrition-Healthy Eating" through www.fosterparents.com. The price is \$5.95. DHS will not accept this class, but we will.

National Food Services Management Institute has several on line classes. Go to www.nfsmi.org The Care Connections classes on Nutrition from 1-4 hours are listed. These classes are free.

www.ilopd.iowa.gov has 3 training classes that we will accept. The classes are "Menu Planning," "Healthy Child Care," and "Infant Feeding." These classes are free.