

**JANUARY**

MEALS ARE CALLED IN BY 1:00 THE DAY BEFORE. FOR RESERVATIONS PLEASE CALL 274-0373

<p>WESTSIDE SENIOR CENTER 134<sup>TH</sup> 6<sup>TH</sup> STREET DES MOINES, IA 50265 274-0373 Mary Clare Cox, Supervisor Linda Mason, Program Aide</p>			<p>1 CLOSED FOR NEWS YEARS DAY</p> <p>HAPPY NEW YEAR!!!!!!!</p> 	<p>2 National cream puff day</p>  <p>LUNCH 11:30</p>
<p>5 Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p> <p>LUNCH 11:30</p>	<p>6 Craft Class 9:00 Bingo 10:15 Cards after lunch</p> <p>Andre Piano LUNCH 11:30</p>	<p>7 History Class 10:00-11:00 Exercise 11:15 CARDS AFTER LUNCH</p> <p>LUNCH 11:30</p>	<p>8 Bingo 10:15</p> <p>Andre Piano Lunch 11:30</p>	<p>9</p>  <p>LUNCH 11:30</p>
<p>12 Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p> <p>LUNCH 11:30</p>	<p>13 Craft Class 9:00 Bingo 10:15 Cards after lunch</p>  <p>Andre Piano LUNCH 11:30</p>	<p>14 History Class 10:00-11:00 Exercise 11:15 CARDS AFTER LUNCH</p> <p>LUNCH 11:30</p>	<p>15 Andre Piano BINGO 10:15</p>  <p>LUNCH 11:30</p>	<p>16 Hat Day</p>  <p>LUNCH 11:30</p>
<p>19 CLOSED FOR MARTIN LUTHER KING DAY</p> 	<p>20 Craft Class 9:00 Bingo 10:15 Cards after lunch</p> <p>Andre Piano LUNCH 11:30</p>	<p>21 History Class 10:00-11:00 Exercise 11:15 CARDS AFTER LUNCH FOOT CLINIC BIRTHDAYS!!!!!!!</p> <p>LUNCH 11:30</p>	<p>22 Bingo 10:15 Adult Health</p> <p>Andre Piano LUNCH 11:30</p>	<p>23 National pie day</p>  <p>LUNCH 11:30</p>
<p>26 Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 Blood pressure</p> <p>LUNCH 11:30</p>	<p>27 Bingo 10:15 Cards after lunch Andre Piano</p> <p>LUNCH 11:30</p>	<p>28 History Class 10:00 – 11:00 CARDS AFTER LUNCH Exercise 11:15</p> <p>LUNCH 11:30</p>	<p>29 BINGO 10:15</p> <p>ANDRE' PIANO LUNCH 11:30</p>	<p>30 Backwards day</p>  <p>LUNCH 11:30</p>

