

JANUARY ACTIVITY CALENDAR

Monday

Tuesday

Wednesday

Thursday

Friday

**JOHNSTON
POLK COUNTY**



*Lunch served
Daily 12:00noon.*

SENIOR CENTER
6300 Pioneer Parkway
Johnston, IA

Call 251-3707 For Reservations

			1 HAPPY NEW YEAR! CLOSED	2 Health Main Clinic 9:00 to 1:00 12:45 Bingo
5 YOGA 9:30 & 10:45 Caring Hands of Johnston 10:00 to 3:00	6 9:30 Mah Jongg ZUMBA Gold 1:00	7 11:30 Bridge 1:00 Games	8 News U can Use 1:00 Games	9 Guest Speaker Eyerly-Ball <i>(following lunch)</i> 12:45 Bingo
12 Johnston Senior Adv. Board Mtg. <i>(following lunch)</i> 	13 9:30 Mah Jongg YOGA 9:30 & 10:45	14 10-3 "Sew-cial SILVER SNEAKERS 10:15 11:30 Bridge 1:00 Games	15 9:00 ZUMBA Gold Top Health 1:00 Games	16 12:45 Bingo
19 CLOSED Martin Luther King Day	20 9:30 Mah Jongg YOGA 9:30 & 10:45	21 SILVER SNEAKERS 10:15 11:30 Bridge 1:00 games	22 9:00 ZUMBA Gold SMP 1:00 Games	23 12:45 Bingo
26 Angel Corp 10:00 to 3:00 	27 9:30 Mah Jongg YOGA 9:30 & 10:45 VNS 11 to 1	28 10-3 "Sew-cial SILVER SNEAKERS 10:15 11:30 Bridge	29 9:00 ZUMBA Gold 1:00 Games	30 12:45 Bingo

Johnston/Polk County Senior Center – 6300 Pioneer Parkway-Johnston IA 50131-Phone 515-251-3707.

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