

**Health Services for Infants, Children, Adolescents, & Adults**  
**GENERAL**

**POLK COUNTY HEALTH DEPARTMENT**

1907 Carpenter Avenue  
Des Moines, IA 50314  
(515) 286-3798

**Childhood-Adult-Travel Immunizations, STD Clinic, Physicals-All Ages, Lead and Hemoglobin Screening, and Dental Screening. - Call for appointment.**

**Childhood Immunization Schedule**

Tue 3 - 6:30 pm by appointment  
Wed 9 am- 4:30 pm by appointment  
Thur 9 am – 4:30 pm by appointment  
Fri 9 am - 1 pm walk-in

**Physicals: \$30**

**BROADLAWNS—FAMILY HEALTH CENTER**

1801 Hickman Rd  
Des Moines, IA 50314  
(515) 282-2334

**Children and Adult Medical Care, Physicals, and Immunizations**

Monday—Friday – 8:00 am – 4:30 pm  
(By appointment)

**Most insurance including Medicaid and Hawk-I; Sliding Scale**

**BROADLAWNS MEDICAL CENTER—DOCTORS HEALTH CLINIC**

Medical Office Building  
1801 Hickman Rd  
Des Moines, IA 50314  
(515) 282-2331

**Children and Adult Medical Care, Immunizations, Physicals, Well Child Care, Women’s Health services, and Family Planning**

Monday—Friday 8:00 am – 4:30 pm – (By appointment)

**Most insurance including Medicaid and Hawk-I; Sliding Scale**

**DES MOINES HEALTH CENTER**

1111 9th Street, Suite 190  
Des Moines, IA 50314  
(515) 244-9136

**Dental Care:**

Monday—Thursday - 8:00am – 5:00pm – (By appointment)

Friday - 8:00am – 2:00pm – (By appointment)

**Sliding scale, Medicaid, Hawk-I**

**HEART & HANDS- WOMEN’S AND CHILDREN’S HEALTH CENTER**

Highland Park Presbyterian Church  
321 Euclid  
Des Moines, IA 50313  
(515) 243-6408

**Children’s and Women’s Medical Care, Immunizations and School Physicals**

Monday - Friday 9:30am-5:00p – (By appointment)

**Services are based on a sliding scale**

**Health Services for Infants, Children, Adolescents, & Adults**  
**GENERAL**

**LA CLINICA (CLINIC OF HOPE)**

3200 Grand Avenue  
6<sup>th</sup> Floor  
Des Moines, IA 50312  
(515) 244-6162

**Sliding Fee Scale; Accepts Medicaid, Hawk-I and most insurances.**

▪ **General Clinic**

Tuesday- 8am-12pm and 1pm-5pm  
Wednesday- 1pm-5pm  
Thursday- 8am-12pm  
Friday- 8am-12pm and 1pm-3pm

▪ **Pediatric Clinic**

Monday- 1pm-5pm  
Tuesday- 3pm-5pm  
Wednesday- 8am-12pm

▪ **OB/GYN**

Thursday- 1pm-5pm

**PRIMARY HEALTH CARE-ENGBRETSEN CENTER (SOUTH SIDE CENTER)**

2353 SE 14<sup>TH</sup> St  
Des Moines, IA 50320  
(515) 248-1400

**Dental**

Dental clinic for Title 19 only. Call for information (515) 248-1470

\*If you have no insurance, dental is available at: BMC (515) 282-2421\*

**Physicals, Children & Adults Medical Care**

Monday- Friday- 8am-4:30pm  
(By appointment)

**Free, Sliding Scale, Medicaid, Medicare, Hawk-I, and Most insurance**

**PRIMARY HEALTH CARE- GRANDVIEW CLINIC**

Charles S. Johnson Wellness Center  
1500 Morton Ave  
Des Moines, IA 50316  
(515) 263-6035

**Basic Services for all Ages**

Monday- Friday- 4-8pm  
(By Appointment)

**Services free, sliding scale, Hawk-I, Medicaid, Medicare and most Insurance**

**PRIMARY HEALTH CARE- EAST SIDE CENTER**

3509 E.29<sup>th</sup> St  
Des Moines, IA 50317  
(515) 248-1600

**Basic services for all ages**

Monday-Friday- 8:30am-4:30pm  
(By Appointment)

**Services are free, Sliding scale, Hawk-I, Medicaid, Medicare, and most Insurance**

**Health Services for Infants, Children, Adolescents, & Adults**  
**OTHER**

**COMMUNITY ACCESS PHARMACY**

600 E 14<sup>th</sup> St  
Des Moines, Iowa 50316  
515-262-0854

**Discounted Medications**

**Drake University Early Head Start & Head Start**

Serves children from birth to age five and their families.

**Main Office:**

3206 University Avenue  
Des Moines, Iowa 50311

**(515) 271-1854**

**Toll Free: 1-800-44-DRAKE Ext. 1854 (1-800-443-7253, Ext. 1854)**

**Email:** duhsco@drake.edu

**FIRST CALL FOR HELP: (515) 246-6555**

**FREE SHARP DISPOSAL CENTER**

1105 Prairie Drive  
Bondurant, IA 50035  
(515) 967-5512

Tuesday-Friday- 1-5pm

Saturday- 8am-12pm

**WIC SERVICES:**

**Main office**

WIC River Plaza Office  
2300 Euclid Suite  
282-5800

**Iowa Lutheran Hospital WIC Center**

263-5660

**Health Services for Infants, Children, Adolescents, & Adults**  
**FREE CLINICS OF IOWA**

**AMES**

**AMES FREE MEDICAL CLINIC**

First United Methodist Church  
516 Kellogg  
Ames, IA 50010  
(515) 598-4341  
Thursday- 5pm-8pm (Registration begins at 4pm)

**AMES AREA FREE OBSTETRICAL CLINIC (VIA THE MOBILE CLINIC)**

Bethesda Lutheran Church  
1517 Northwestern Ave  
Ames, IA 50010  
1st and 3rd Thursday- 3pm-5pm

**BOONE**

**FREE CLINIC OF BOONE COUNTY**

First United Methodist Church  
703 Arden St  
Boone, IA 50036  
1st and 3rd Tuesday- 6pm-8pm

**CLARINDA**

**NODAWAY VALLEY FREE CLINIC**

823 S 17<sup>th</sup> St  
Clarinda, IA 52732  
(712) 542-0702

**CLINTON**

**GATEWAY FREE CLINIC**

215 6th Avenue South  
Clinton, IA 52732  
563-243-2437  
Tuesdays- 6:00 pm - 8:30 pm (Appointment only)  
**Diabetic Clinic**  
Tuesdays- 1:30 pm - 2:30 pm (Appointment only)

**DES MOINES**

**CHRIST THE KING FREE CLINIC**

5711 SW 9th Street  
Des Moines, IA 50315  
(515) 285-2888 or (515) 271-1642  
**Physicals- all ages, including Hemoglobin. No immunizations or Lead Screening**  
Every Monday- 7:00- 9:00 pm  
Wednesdays Pediatric Clinic 7:00- 9:00 pm (NO appointment needed)

**Health Services for Infants, Children, Adolescents, & Adults**  
**FREE CLINICS OF IOWA**

**DES MOINES Continued . . .**

**CORINTHIAN BAPTIST FREE CHILDREN'S CLINIC**

914 School Street  
Des Moines, IA 50309  
(515) 243-4073 ext 230

**Immunizations, Medications, Minor Injury and Illness care, Physicals: adults, children, sports and school,  
Diabetes: education, support, supplies, Referrals: medical, x-ray and laboratory services**  
1st and 3rd Tuesdays 4-6pm  
2nd and 4th Saturdays 9 am-12 pm - (NO appointment needed)

**GRACE UNITED METHODIST CHURCH FREE CLINIC**

3700 Cottage Grove  
Des Moines, IA 50311  
Tuesday- 5:30pm-7:30pm

**HOLY FAMILY SCHOOL FREE CLINIC**

1265 E 14<sup>th</sup> St  
Des Moines, IA 50316  
1st Monday-7pm-9pm

**ISLAMIC CENTER OF DES MOINES FREE CLINIC**

6201 Franklin Ave  
Des Moines, IA 50322  
1st and 3rd Saturday-9am-11am (Everyone Welcome)

**JIM ELLEFSON—FREE MEDICAL CLINIC**

1607 E. 33<sup>rd</sup> Street  
Des Moines, IA 50317  
(515) 266-7622

**Acute Care (No Immunizations) School, Occupational and Sports Physicals for a small fee**  
Tuesday—1:30pm – 4:00pm (first come basis)  
Thursday—5:30pm -8:30pm (first come basis)  
**Physicals \$12-\$25**

**MAPLE STREET BAPTIST CHURCH FREE CLINIC**

1552 Maple Street  
Des Moines, IA 50316  
(515) 262-1931 or (515) 271-1642

**Physicals- all ages, including Hemoglobin. No immunizations or Lead Screening**  
Every second Thursday of the month- 6:00-8:00 pm (NO appointment needed)

**MARGARET CRAMER FREE MEDICAL CLINIC**

First Assembly of God Church  
2725 Merle Hay Rd  
Des Moines, IA 50310  
(515) 279-9766 or 284-8808

**Childhood Immunization, Physicals, Lead Screenings, and General  
Adult Care**  
Every Thursday- 6-8pm - (NO appointment needed, by must be checked in by 7:30)

**Health Services for Infants, Children, Adolescents, & Adults**  
**FREE CLINICS OF IOWA**

**GRINNELL**

**GRINNELL REGIONAL COMMUNITY CARE CLINIC**

306 4<sup>th</sup> Ave  
Grinnell, IA 50112  
(641) 236-2385  
1st and 3rd Thursday- 2pm-4pm (appt needed)

**KNOXVILLE**

**GOOD SAMARITAN FREE CLINIC**

First United Methodist Church, Activity Bldg.  
308 E. Robinson, PO Box 344  
Knoxville, IA 50138  
2nd and 4th Monday- 6pm-7:30pm (Patient Registration 5:30pm-7pm)

**OSKALOOSA**

**OSKALOOSA FREE CLINIC**

410 N. 12<sup>th</sup> St  
Oskaloosa, IA 52577  
(614) 672-3100  
1st and 3rd Tuesday- 6:30pm-8:30pm  
The number of patients seen during clinic hours is based on provider availability. At 5:30pm on clinic nights, numbers will be drawn randomly to determine which individuals will be seen.

**PELLA**

**GOOD SAMARITAN FREE CLINIC**

First Reformed Church  
605 Broadway Church  
Pella, IA 50219  
(641) 628-3493  
1st, 2nd, and 3rd Thursday- 6pm-7pm

**POLK CITY**

**ST. LUKE'S CLINIC**

Polk City United Methodist Church  
1421 W. Broadway  
Polk City, IA 50226  
(515) 984-6274  
**Basic Health Care for all Ages including Lead Screening**  
1st and 3rd Wednesday—6:00pm – 8:00pm  
(No appointment needed)

**Health Services for Infants, Children, Adolescents, & Adults**  
**FREE CLINICS OF IOWA**

**WATERLOO**

**IHOPE FREE MEDICAL CLINIC**

722 S. Hackett  
Waterloo, IA 50701  
(319) 215-3769

**Physical Therapy**

1st and 3rd Tuesday- 6pm-8pm

**Foot**

2<sup>nd</sup> Tuesday- 6pm-8pm

**Chiropractic**

1st, 2nd, and 3rd Tuesday- 6pm-8pm

**ALLEN COMMUNITY ENGAGEMENT SALVATION ARMY PARTNERSHIP (ACE-SAP CLINIC)**

207 Logan Ave  
Waterloo, IA 50703  
Phone: (319) 235-9358  
Alternating Wednesdays-1pm-5pm  
Thursdays- 9am -5pm

**WAUKEE**

**WAUKEE AREA CHRISTIAN FREE CLINIC**

1155 Boone Drive  
Waukee, IA 50263  
Monday- 5:30pm– 7pm

**WAYLAND**

**TREE OF LIFE FREE MEDICAL CLINIC**

2739 Fern Cliff Road.  
Wayland, Iowa 52654  
Phone: (319) 930-3001  
Tuesdays or Thursdays (call for an appointment)

**WEBSTER CITY**

**WEBSTER CITY FREE MEDICAL CLINIC**

A Service of All Cultures Equal  
1440 East 2nd Street  
Webster City, IA 50595  
(515) 832-4153  
Tuesdays- 6pm - 8pm  
(Doors open at 3pm and patient registration begins at 4pm)

**Health Services for Infants, Children, Adolescents, & Adults**  
**FREE CLINICS OF IOWA**

**WEST DES MOINES**

**MAE E. DAVIS CLINIC**

Eddie Davis Community Center  
1312 Maple Street  
West Des Moines, IA 50265  
(515) 277-1103

\*clinic is under direction of Dr. Erin Herndon

**School Physicals, Well-child Exams, Childhood Immunizations, Minor Injury Care, Wellness Education**

**Lead Screening**

Every Tuesday- 7:00 – 9:00pm  
(No appointment needed)

**Services are free**

**Emergency and After Hours # (515) 225-6062**

**Health Services for Infants, Children, Adolescents, & Adults**  
**UNITY POINT URGENT CARE/WALK-IN CLINICS**

**ANKENY CLINIC**

1105 North Ankeny Blvd.  
Ankeny, IA 50023  
(515) 964-4600  
Monday – Friday- 8am – 8pm; Saturday – Sunday-9am- 3pm

**EXPRESS CARE- HY-VEE ANKENY**

410 North Ankeny Boulevard  
Ankeny, IA  
(515) 964-1601  
Monday – Friday- 8am – 8pm; Saturday – Sunday-9am- 3pm

**EXPRESS CARE- HY-VEE WEST DES MOINES (MILLS CIVIC)**

555 South 51st Street  
West Des Moines, IA  
(515) 225-2235  
Monday – Friday- 10am-7pm; Saturday- 10 am- 7pm

**MERLE HAY FAMILY MEDICINE**

4020 Merle Hay Road, Ste 100  
Des Moines, Iowa 50322  
(515) 278-0949  
Monday – Friday- 8am – 8pm; Saturday – Sunday-9am- 3pm

**SOUTHGLEN FAMILY MEDICINE**

7481 Highway 65/69  
Des Moines, Iowa 50320  
(515) 953-1500  
Monday – Friday- 8am – 8pm; Saturday – Sunday-9am- 3pm

**LAKEVIEW FAMILY MEDICINE**

6000 University Ave, Ste 101  
West Des Moines, Iowa 50266  
(515) 241-2600  
Monday – Friday- 8am – 8pm; Saturday – Sunday-9am- 3pm

**URBANDALE FAMILY PHYSICIANS**

2901 86th Street  
Urbandale, Iowa 50322  
(515) 276-3406  
Monday-Friday- 9am- 9pm; Saturday- 8am- 8pm; Sunday- 9am- 8pm

**Health Services for Infants, Children, Adolescents, & Adults**  
**MERCY URGENT CARE & QUICK CARE CLINICS**

**MERCY EAST URGENT CARE**

5900 East University Ave, Ste. 100  
Pleasant Hill, IA 50327  
(515) 643-2400  
Monday-Friday- 7am- 9pm; Saturday and Sunday- 9am-4pm

**MERCY EAST VILLAGE URGENT CARE**

1350 Des Moines St, Ste. 110  
Des Moines, IA 50309  
(515) 643-0833  
Monday-Friday- 7am- 9pm; Saturday and Sunday- 9am-4pm

**MERCY NORTH URGENT CARE**

800 E. First St, Ste. 1700  
Ankeny, IA 50021  
(515) 643-8100  
Monday-Friday- 7am- 9pm; Saturday and Sunday- 9am-4pm

**MERCY SOUTH URGENT CARE**

6601 SW 9<sup>th</sup> St  
Des Moines, IA 50315  
(515) 643-9400  
Monday-Friday- 7am- 9pm; Saturday and Sunday- 9am-4pm

**MERCY WEST URGENT CARE**

1601 NW 114<sup>th</sup> St, Ste. 255  
Clive, IA 50325  
(515) 277-7010  
Monday-Friday- 7am- 9pm; Saturday and Sunday- 9am-4pm

**MERCY QUICK CARE CLINIC- DAHL'S INGERSOLL**

3425 Ingersoll Ave  
Des Moines, IA 50312  
(515) 255-3758  
Monday-Friday- 8:30am- 5pm; Saturday- 9am- 1pm (closed Sunday)

**MERCY QUICK CARE CLINIC- DAHL'S ON E 33<sup>RD</sup> ST**

3400 E. 33<sup>rd</sup> Street  
Des Moines, IA 50317  
(515) 262-1405  
Monday-Friday- 8:30am- 5pm; Saturday- 9am- 1pm (closed Sunday)

**MERCY QUICK CARE CLINIC- DAHL'S ON HICKMAN RD**

15500 Hickman Road  
Clive, IA 50325  
(515) 987-1511  
Monday-Friday- 8:30am- 5pm; Saturday- 9am- 1pm (closed Sunday)

**Health Services for Infants, Children, Adolescents, & Adults**  
**THE IOWA CLINIC URGENT CARE**

**The Iowa Clinic - West Des Moines Urgent Care**

5950 University Avenue  
West Des Moines, IA 50266  
(515) 875-9070

**No Appointment Necessary. You do not have to be a regular Iowa Clinic patient.**

Patients will need to use the Urgent Care entrance located on the south side of the building.

Monday-Friday, 7 AM-7 PM; Saturday, 10 am-6 pm; Sunday, 10 am-4 pm