

## Polk County Advisory Board of Health Minutes

May 17, 2013 8:30 a.m.

Members present: Dr. Anderson, Dr. Olds and Reylon Meeks

Members absent: Bobbretta Brewton and Thomas Newton

Agenda Items	Summary
<b><u>Approval of Minutes</u></b>	<ul style="list-style-type: none"> <li>Approved minutes from March meeting.</li> </ul>
<p><b><u>Presentation</u></b></p> <p><u>1. Blood Pressure Screening Program for Americans in Polk County</u>- Dr. Simon Geletta, Des Moines University</p> <p><u>2. Community Youth Concepts Health Forum Outcomes</u>- Amelia Colwell Reedy, Youth Program Director</p>	<ul style="list-style-type: none"> <li>Four barbershop owners have been trained to conduct blood pressure screening</li> <li>166 individuals have been screened</li> <li>Screening results               <ul style="list-style-type: none"> <li>16%- normal</li> <li>58%- pre Hypertension</li> <li>16%- Stage 1 Hypertension</li> <li>5% Stage 2- Hypertension</li> <li>4%- Hypertensive Crisis</li> </ul> </li> </ul> <p>Four forums were held: 39 youth (18 male, 21 female) participate</p> <p>Key health issues identified:</p> <ul style="list-style-type: none"> <li>Unprotected sex, Pregnancy and STDs</li> <li>Substance Abuse</li> <li>Self-Esteem</li> <li>Mental Health</li> </ul>
<p><u>Public Health Director Report</u> By Rick Kozin</p>	<ul style="list-style-type: none"> <li>Presentation of Director's Vision for the Health</li> <li>Polk County Health Department will assist in First Aid for RAGBRAI</li> <li>Open House for 1<sup>st</sup> painting of art at Health Department, 5pm on May 17th</li> </ul>
<p><u>Board of Health/Board of Supervisors Action Review</u> By Scott Slater</p>	<ul style="list-style-type: none"> <li>Eight resolutions approved by BOH/BOS Since March 15<sup>th</sup> meeting were included in the May report packet.</li> </ul>
<p><u>Health Planning and Education Update</u> By Scott Slater</p>	<ul style="list-style-type: none"> <li>Health Department radio outreach efforts in the African – American and Latino communities in Polk County</li> <li>Buddy Support Workshop held March 29<sup>th</sup> to support and foster involvement from participants of Nutrition and Diabetes Programs</li> <li>Healthy Polk 2020 activities update for 1<sup>st</sup> quarter of 2013</li> </ul>
<p><u>Communicable Disease</u></p>	<ul style="list-style-type: none"> <li>No pulmonary Tb cases currently in isolation. Continue to perform DOT on 9 cases – 348 DOT visits conducted in both March and</li> </ul>

<i>By Scott Slater</i>	<p>April</p> <ul style="list-style-type: none"> <li>● Pertussis update: 1 case in March and 2 in April</li> <li>● HIV Program update: 1<sup>st</sup> quarter of 2013, 4 new HIV infections diagnosed for a positivity rate of 1.71% (compared to 5 new cases and positivity rate of 0.65% for Polk County for all of 2012.)</li> <li>● PCHD partnered with AIDS Project of Central Iowa for testing event on 5/16 at Blazing Saddles. 18 tested.</li> </ul>
<u>Adjournment</u>	Meeting adjourned at 10:00 a.m.

**Next meeting June 21, 2013 at 8:30 a.m.**

Others present:

Rick Kozin, PCHD

Scott Slater, PCHD

Deb Overton, PCHD

Cari Spear, VNS of Iowa