

Polk County Advisory Board of Health Minutes

August 16th, 2013 8:30 a.m.

Members present: Dr. Anderson, Dr. Olds, Tom Newton, Bobbretta Brewton, Reylon Meeks

Members absent:

Agenda Items	Summary
<p><u>Approval of Minutes</u></p>	<ul style="list-style-type: none"> • Reylon Meeks was listed as present and absent on the minutes for July. She was absent. • Approved minutes from July meeting.
<p><u>Exercise and Training plan for Emergency Preparedness</u> By: Pat Sweeney</p>	<ul style="list-style-type: none"> • The 2013-2017 Public Health Training & Exercise Plan • Public Health Emergency Preparedness (PHEP) federal grant & the Cities Readiness Initiative (CRI) federal grant training and exercise planning have to be in alignment with other Public Health /Emergency Management/Hospitals in your local area. • Our Healthcare Coalition – Central Iowa Coordinated Response Coalition (CICRC) <p>Public Health:</p> <ul style="list-style-type: none"> • Dallas County Public Health • Warren County Public health • Polk County Public health <p>Hospitals:</p> <ul style="list-style-type: none"> • Broadlawns Medical Center • Mercy Medical Center – Des Moines • Mercy West Lakes • Unity Point Health – Iowa Methodist Center • Unity Point Health – Iowa Lutheran • Unity Point Health – Methodist West <p>County Emergency Management Agencies:</p> <ul style="list-style-type: none"> • Polk County Emergency Management • Warren County Emergency Management • Dallas County Emergency Management <p>The CICRC & CRI will work to coordinate our exercise and training plans.</p> <ul style="list-style-type: none"> • We will have to move from a planning mode into more of a demonstration of our previous planning activities. The demonstration will be accomplished through different means (eg., exercises, planned events, and real incidents), jurisdictions can also use routine public health activities to demonstrate and evaluate their public health preparedness.
<p><u>Public Health Director Report (written report + comments)</u> By Rick Kozin</p>	<ul style="list-style-type: none"> • With our Community Transformation Grant funds we are going to be working with residents in Altoona and The MLK neighborhood over the next year. In both areas we will be working with existing groups whose mission aligns with the goals of the grant. Through our coordinator, Jessica Sheets, we will be able to provide technical assistance, and maybe some funding, on identifying strategies to encourage increased physical activity and improved nutrition through policy change and community design efforts. • We provided immunizations at “back to school” events in Urbandale, West Des Moines and Des Moines, plus Jumpstart. We also held three adolescent immunizations clinics at the Health Department (including two with evening hours and one on a Saturday. Through these efforts

	<p>164 children and adolescents were immunized.</p> <ul style="list-style-type: none"> • We have signed up to be a “Champion for Change” with the Centers for Medicare and Medicaid to help get the word out about the Health Insurance Marketplaces (scheduled to be open on October 1st). • Des Moines is one of three cities in the US that have been designated by the World Health Organization as an Age-Friendly City. AARP has organized a committee to ensure that status is maintained. There are 3 sub-committees: Health Services and Communication; Infrastructure and Social Capital. Dr. Mary Mincer Hansen, from DMU and I are the co-chairs of the Health group. • Every 5 years Polk County Emergency Management updates their Hazard Mitigation plan. We have been invited to participate in the planning process. We will share the results of the Hazard Vulnerability Assessment we conducted last year and some of the data we have collected on extreme heat. • Two of our health department priorities are: strengthen our relationships with local elected officials and increase adult immunization rates. <ul style="list-style-type: none"> ○ We are planning to host an event for members of the Polk County state legislators on September 26th 11am-1pm. Our goals are for me and Scott to personally meet them; provide an overview of Health Department programs and services, and give them some sense of our capacity to be a resource for them. ○ We are considering submitting a funding request to Prairie Meadows to help fund a campaign to increase awareness that immunizations are for adults as well as children. The campaign would hold some focus group discussions to guide the development of print and media materials. • The other two priorities are: integrate health coaching into our clinic services and reduce STD rates.
<p><u>Board of Health/Board of Supervisors Action Review</u> By Scott Slater</p> <p><i>(Read by Rick Kozin)</i></p>	<ul style="list-style-type: none"> • Renewal and amendment to contract with Wesley Community Services to provide home nursing and home care aide services using Local Public Health Services grant dollars (year 5 of a 5 year agreement.) (\$611,000- level funding). All state funds • Early Childhood Iowa Lead Program funding to offset costs of nursing case management time (\$25K). Fourth year of funding, level. • Contract with IDPH for Iowa Get Screened- Colorectal Screening Program. Allows up to 65 participants who meet screening and income qualifications to be enrolled in screening and colonoscopy services (if needed). (\$6,950) Federal pass though to State • Polk County Health Department has joined with Broadlawns Medical Center, Dallas County Public Health Nursing Services, Dallas County Emergency Management, Mercy Medical Center-Des Moines, Mercy West Lakes, Polk County Emergency Management, UnityPoint Health-Iowa Methodist Center, UnityPoint Health-Iowa Lutheran, UnityPoint Health- Methodist West, and Warren County Health Services to establish the Central Iowa Coordinated Response Coalition. In response to a Request for Proposals issued by the Iowa Department of Public Health, the Central Iowa Coordinated Response Coalition developed, and submitted, an application requesting \$359,988 for emergency preparedness funds. Polk County Health Department will serve as the fiscal agent. • Agreement with IDPH/ Office of Minority and Multi-Cultural Health for

	<p>funding for the 8/21/2013 Diabetes Screening Day at the Polk County Health Department. Funding provided for promotion of event in African-American and Latino communities as well as providing for a dental hygienist services at event for oral screenings. (\$4,700)</p>
<p><u>Health Planning and Education Update</u> By Tammy Keiter</p>	<ul style="list-style-type: none"> • La Reina Latino radio-Dr Alarcon as guest speaker for the month of August will be talking about Men’s Health (Cancer & Men, HIV, Diabetes, and Men’s general health. La Reina Latino Magazine-for the month of August will feature an article on diabetes. • <u>Jumpstart Back-to-School Health Fair Report</u> The Jumpstart Health Fair that was held at East High School on July 27th helped thousands of kids and families with screenings in preparation to get kids ready for school. It was an extremely busy day and we had hundreds of generous volunteers that committed their time to make it a successful event. <ul style="list-style-type: none"> Gave away 1,800 backpacks filled with school supplies! Completed 1, 189 physicals! Completed another 112 general health screenings! Completed 560 dental screenings and 101 ISmile certificates! Completed 107 mental wellness checks! Gave 250 immunizations to 100 kids! • Sarah Boese, our Health Educator, did an outstanding job in taking the leadership role and coordinating multiple community partners and volunteers to organize this extraordinary successful event. • <u>Better Choices/Better Health-Update on Upcoming Workshops</u> BC/BH Program-better known as the CDSMP through Stanford University is a workshop given two and a half hours, once a week, for six weeks, in community settings such as senior centers, churches, YMCA’s and hospitals. People with different chronic health problems attend together. Workshops are facilitated by two trained leaders, Subjects covered include: 1) techniques to deal with problems such as frustration, fatigue, pain and isolation, 2) Exercise & Nutrition 3) appropriate use of medications, 4) communicating effectively with family, friends, and health professionals, and, 6) decision making. Workshops are highly participative, where mutual support and success build the participants’ confidence in their ability to manage their health and maintain active and fulfilling lives. We have upcoming workshops for September & Ocober at the YMCA HLC and PCHD. • <u>A Matter of Balance-Fall/Injury Prevention Program</u> The program emphasizes practical strategies to reduce fear of falling and increase activity levels. Participants learn to view falls and fear of falling as controllable, set realistic goals to increase activity, change their environment to reduce fall risk factors, and exercise to increase strength and balance. • <u>African/American Leadership Forum (Health Workgroup)</u> Is reaching out to pharmacies to conduct health screenings @ Hy-Vee (Harding Hills) on MLK & Hy-Vee @ 42nd & University) the first two Fridays, in Sept, Oct, & Nov. (9-11 a.m. @ 42nd/University Hy-Vee) & 12:00-2:00 p.m.@ Harding Hills Hy-Vee). Nurses will be available to do blood

	<p>pressure and glucose screenings. The PCHD is assisting in putting together kits for the nurses to include information lead home repair, adult immunizations, child development, suicide lifeline, health & safety, and promoting the health insurance exchange. Should additional follow-up be required due to screening results, they will be referred to the PCHD, Free Clinics in Des Moines, or to their primary care physician.</p>
<p><u>Communicable Disease</u> <i>By Kari Lebeda Townsend</i></p>	<ul style="list-style-type: none"> • Cyclospora 20 cases. Polk County highest in the state. • Cryptosporidium- 274 cases as of August 15th, 2013. Polk County has highest in the state. Most people are reporting unset of diarrhea in July. If you have diarrhea do not go swimming. Hydrogen Peroxide is the only thing that cleans it. • Children and adults should stay out of water if they are experiencing diarrhea. • Make sure we are washing our hands. • Trying to contain before children go back to school. Hoping there is not secondary spread in schools. • Chlamydia had 214 cases in July. Highest this year.
<p><u>Committee Member Comments</u></p>	<ul style="list-style-type: none"> • None
<p><u>Public Comments</u></p>	<ul style="list-style-type: none"> • None
<p><u>Adjournment</u></p>	<p>Meeting adjourned at 9:20 am</p>

Next meeting September 20th, 2013 at 8:30 a.m.

Others present:

Rick Kozin, PCHD

Pat Sweeney, PCHD

Tammy Keiter, PCHD

Kari Lebeda Townsend, PCHD

Cari Spear, Visiting Nurse Services of Iowa

Ralph Marasco- County Attorney