

## Polk County Advisory Board of Health Minutes

October 18, 2013 8:30 a.m.

Members present: Dr. Anderson, Dr. Olds, Bobbretta Brewton, Reylon Meeks

Members absent: Tom Newton

Agenda Items	Summary
<u>Approval of Minutes</u>	<ul style="list-style-type: none"> <li>• Approved minutes from September meeting</li> </ul>
<p><u>Community Transformation</u> <u>Grant Update</u> <i>Jessica Sheets</i></p>	<ul style="list-style-type: none"> <li>• Program of the Centers for Disease Control and Prevention</li> <li>• Funded through the Affordable Care Act's Prevention and Public Health Funds.</li> <li>• Overseen by IDPH               <ul style="list-style-type: none"> <li>○ Receives three million dollars per year</li> </ul> </li> <li>• Polk was one of 26 counties to receive funds               <ul style="list-style-type: none"> <li>County Selection                   <ul style="list-style-type: none"> <li>• Existing capacity and readiness for implementation of systems change.</li> <li>• Primary disparate populations: Iowans in rural areas, with disabilities and of lower socioeconomic status.</li> <li>• Selected counties represent 60% of all Iowans living in poverty, 74% of Iowa's non-white population, and 62% of Iowans with severe disabilities or at a great risk for disability.</li> </ul> </li> </ul> </li> <li>• 5 year grant (October 2011-September 2016)</li> <li>• The purpose is to prevent leading causes of death and disability through evidence-based initiatives, environmental and system changes, and strengthening the health infrastructure.               <ul style="list-style-type: none"> <li>○ Tobacco Free Living</li> <li>○ Active Living and Healthy Eating</li> <li>○ Clinical Preventative Services</li> <li>○ Safe and Healthy Environments</li> </ul> </li> <li>• State-Wide Goal- to reduce morbidity and mortality from obesity, heart disease, stroke, and tobacco use by 5% by 2016.</li> <li>• Broke down Polk County by Regions</li> <li>• Region 1 Leadership Team Focus               <ul style="list-style-type: none"> <li>○ Blood Pressure                   <ul style="list-style-type: none"> <li>▪ Increase number of screenings</li> <li>▪ Increase awareness</li> </ul> </li> </ul> </li> <li>• Blood Pressure Successes               <ul style="list-style-type: none"> <li>○ PCHD- Everyone gets checked</li> <li>○ Susan Knapp Planned Parenthood- Everyone gets checked</li> <li>○ Barber Shop Project- Barber shop gives blood pressure. If they follow through on their referral then they get a \$10 coupon off their next hair cut</li> <li>○ Church Blood Pressure Screening Project- giving screenings at churches.</li> <li>○ Blood Pressure Kits</li> </ul> </li> <li>• Challenges               <ul style="list-style-type: none"> <li>○ Coalition engagement- Trying to have a partnership that the goal benefits both parties. Keeping members engaged and attending.</li> <li>○ Shifting work place culture by means of policy change- Worksites: Hard to implement policies. Easier to have it be a practice. But state measures by policies implemented. Maybe management not onsite or</li> </ul> </li> </ul>

	<p>local. Not the appropriate person to implement policy. Lack of upper management engagement.</p> <ul style="list-style-type: none"> <li>○ Smoke Free Housing- Property Managers not able to make decision on policy change. Implementation seems like too much work. Worried about losing tenants. Owners out of state.</li> <li>● FY 14       <ul style="list-style-type: none"> <li>○ Continue worksite support</li> <li>○ Subcontract DMU for continued implementation of Barber Shop Project</li> <li>○ Regional Food System Assessment</li> <li>○ Region II – Altoona           <ul style="list-style-type: none"> <li>▪ SF Housing</li> <li>▪ Community Garden</li> <li>▪ Worksite Wellness</li> <li>▪ NEMS-V</li> <li>▪ Complete Streets (Donald- what is this?) Streets that have walking, biking, bus and car all together. Example- Ingersol</li> </ul> </li> <li>○ MLK Jr. Park Neighborhood Revitalization Plan           <ul style="list-style-type: none"> <li>▪ Continue partnership with City of Des Moines and Neighborhood Association</li> </ul> </li> </ul> </li> </ul>
<p><u>Iowa Department of Public Health update</u> Heather Bombei</p>	<ul style="list-style-type: none"> <li>● The new Iowa Public Information Board can be found at <a href="https://ipid.iowa.gov">https://ipid.iowa.gov</a> (new Governor appointed website). The IPIB is a one-stop destination to answer your questions or address your concerns regarding Chapters 21 and 22, Iowa’s open meetings and public records laws.       <ul style="list-style-type: none"> <li>○ Public can have more information or concerns.</li> <li>○ Public can file a complaint.</li> </ul> </li> <li>● Julie McMahon- retired on September 20<sup>th</sup> (She was the Division Director)</li> <li>● Gerd Clabaugh- Deputy Director and is now the Director of the Division of Health Promotion and Chronic Disease Prevention.</li> <li>● Jerilyn Oshel- Interim Director of Tobacco Division.</li> <li>● Ken Sharp- Director of Acute Disease Prevention and Emergency Response Division and Environmental Health Division. (all one position)</li> <li>● Iowa PH Tracking Portal <a href="http://www.idph.state.ia.us/EHS/EPHT.aspx">http://www.idph.state.ia.us/EHS/EPHT.aspx</a> <ul style="list-style-type: none"> <li>○ The Portal is up and running and can help with grant writing.</li> <li>○ It does have some password protected stuff.</li> <li>○ The website was developed to make environmental health data more available to the public and policymakers. Environmental and health data is collected and shared with the EPHT program from multiple sources.</li> </ul> </li> <li>● SharePoint is changing to iowagrants.gov</li> </ul>
<p><u>Family Planning Services in Polk County</u> Paula J. Klocke</p>	<ul style="list-style-type: none"> <li>● Is the Health Services Director, CACFP Director-New Opportunities Inc.</li> <li>● New Opportunities is based out of Western Iowa.       <ul style="list-style-type: none"> <li>○ It is taking over family planning contract from Visiting Nurse Services.</li> <li>○ They have and will be serving Dallas County</li> <li>○ They will serve Polk County for 2 years on an interim basis. Talking with Primary Health Care about being their Polk County provider. Have 3 locations in Polk County and a natural fit to take it over. Open Monday through Friday.           <ul style="list-style-type: none"> <li>▪ No agreement yet</li> <li>▪ Polk County Health Department is another option if this</li> </ul> </li> </ul> </li> </ul>

	<p>one fails.</p> <ul style="list-style-type: none"> <li>▪ Location at DMACC in Ankeny just for the students.</li> </ul>
<p><i><u>Action Item</u></i> <i>Resolution supporting community fluoridation</i></p>	<ul style="list-style-type: none"> <li>• There is discussion in many communities in Iowa and throughout the country about whether to continue community fluoridation efforts. Rick said he believes we should go on record in support of community fluoridation.</li> <li>• All in favor for the resolution for supporting community fluoridation.</li> <li>• Reylon- is concerned about people drinking bottle water instead of tap water because it has no fluoride in it. Think about getting this information out to people because a lot of people are unaware of this.</li> <li>• Kari- companies are marketing “baby water” but levels of fluoride have been found really high. Parents are unaware of this too.</li> </ul>
<p><i><u>Public Health Director Report</u></i> <i>(written report + comments)</i> <i>By Rick Kozin</i></p>	<ul style="list-style-type: none"> <li>• Ten people attended our Legislative Forum. Five were state legislators and 5 were legislative staff. Dr. Olds joined us as well. Scott and I shared our professional paths to the health department. We also provided an overview of what the Health Department does, and why. On a tour of the building they got to visit with Carmin (Clinic Supervisor), Joelle (Lab and Lead team Supervisor), Tammy, Chris F. (Public Health Planner) and Kari to learn more of the details. <ul style="list-style-type: none"> <li>○ Dr. Olds thought it was excellent.</li> </ul> </li> <li>• So far we have given over 2,500 Flu vaccinations in Polk County</li> <li>• Polk County Drive up clinic was held at the Health Department. It was much smaller his year only doing 63. We found it easier to do at the Health Department. <ul style="list-style-type: none"> <li>○ Reylon- about 700 people participated in the Pleasant Hill, Fire Station, pancake breakfast.</li> </ul> </li> <li>• This year we were trying to target more food service workers to get vaccinated. <ul style="list-style-type: none"> <li>○ Has not been a success yet.</li> <li>○ If you have any contacts in this field please give us their information so we can get in contact with them.</li> </ul> </li> <li>• Capacity Building for Health Information Exchange grant gave us \$120,000 to go towards accessing IDPH’s ehealth system and allow us to share medical information electronically. The grant is from 10-01-2013 to 09-30-2015.</li> <li>• We have not seen a lot of interest in the new Healthcare plan. Ana has put together a lot of information in Spanish and English. Need to get out information to people that need to be reached.</li> </ul>
<p><i><u>Board of Health/Board of Supervisors Action Review</u></i> <i>By Scott Slater</i></p>	<ul style="list-style-type: none"> <li>• Agreement with Des Moines University’s Agreement for assistance with Community Transformation Grant Community Project. They provided assistance in developing and implementing a referral process for African American males with high blood pressure to appropriate health care providers.</li> <li>• Amendment to Agreement with IDPH - added additional funding for reimbursement of DOT visits for active Tb patients.</li> <li>• Agreement with IDPH for funding for the Central Iowa Coordinated Response Coalition. \$359K. Rick spoke about the RFP we were submitting at eh July meeting. It was accepted and grant period began Oct 1<sup>st</sup>. PCHD is Fiscal Agent. These are 11 members of the coalition including Polk EMA, Public Health and hospitals, Dallas EMA, Public Health, local hospitals and Warren Public Health.</li> </ul>

*Report of Programs  
Air Quality Monthly Report  
Jeremy Becker*

- Polk County Board of Health Rules and Regulations, Chapter V, Air Pollution Control- Effective date: August 5<sup>th</sup>, 2013
  - The adoption updated regulation references and cross references.
  - Adds additional definitions
  - Clarifies open burning regulations.
  - Establishes hearing procedures.
  - Establishes emission standards for certain industrial processes.
  - Updates emission standards for hazardous air pollutants.
- Amnesty for Engines (Generators, Non-Emergency)
  - General Information: DNR, Polk & Linn Counties recently adopted the federal National Emission Standard for Hazardous Air Pollutants (NESHAP) for Reciprocating Internal Combustion Engines (RICE) (40 Code of Federal Regulations Part 63, Subpart ZZZZ). We want to provide facilities with an opportunity to come into compliance with construction permit requirements.
  - Who is eligible for the amnesty? All facilities are eligible for the DNR amnesty. The Polk and Linn County Air Quality Divisions are extending the DNR amnesty to facilities in their counties.
  - Amnesty from what? Polk County will not take enforcement action or assess a penalty at facilities that failed to obtain a construction permit or permit modification for an engine.
  - How long does the amnesty last? Amnesty starts October 23, 2013 and expires on April 23, 2014.
- Forms and Resources found at <http://www.polkcountyiowa.gov/airquality/forms-resources/>
- Forms are in PDF but they are trying to make it web fill able.
- Minor Source Distribution – SM/Minor  
Polk County Sources: 828 (NSPS-Part 60, NESHAP-Part 63 & Other) (adding sources daily)
  - Boilers & Generators
  - Surface Coating Operations
  - Industrial Processes
  - Manufacturing Processes
  - GDF's
  - Gasoline Terminals, & Bulk Plants
  - PCE, PERC Drycleaners
  - Concrete/Asphalt Batch Plants
  - Grain Elevators
  - Metal Fabrication
  - Crematories
  - Welding Operations
- Title V's- are much bigger sources. Most get a permit from the DNR if you put out more that 100 tons of pollution a year.

*Health Planning and  
Education Update  
By Tammy Keiter*

- La Reina Latino radio-Dr Alarcon guest speaker for the month of October will be talking about Flu & Pneumonia. La Reina Latino Magazine-for the month of October will feature an article on our Lead Program.
- On Monday October 14<sup>th</sup> the Iowa Adverse Childhood Experiences Summit (ACEs) Steering Committee hosted a statewide ACEs Summit at the WDM Sheraton, to release the first-ever Iowa data on ACEs.
  - ACEs stand for Adverse Childhood Experiences, and are defined as incidents that dramatically upset the safe, nurturing environments children need to thrive. These experiences harm a child's social,

	<p>cognitive, and emotional functioning.</p> <ul style="list-style-type: none"> <li>○ Over 600 people attended Monday’s Summit, representing a wide range of organizations including health, human service, education, juvenile justice and many more.</li> <li>○ Iowa ACEs data was gathered through the 2012 Iowa Behavioral Risk Factor Surveillance System- an annual state health survey conducted by IDPH in partnership with the CDC. Adults were surveyed about whether they experienced eight types of ACEs as children and their results were compared with their current health status</li> <li>○ Iowa’s data was gathered to increase awareness and understanding among the public, policy makers, and professionals on the prevalence of ACEs and their connection to chronic conditions and health risk behaviors in Iowa</li> <li>○ Iowa’s findings included:             <ul style="list-style-type: none"> <li>○ ACEs are common- 55% of Iowans have experienced at least one ACE prior to age 19;</li> <li>○ ACEs impact lifelong health and wellbeing                 <ul style="list-style-type: none"> <li>▪ As the frequency of traumatic experiences increases, so does the likelihood that someone will have poor physical and mental health as an adult</li> </ul> </li> </ul> </li> <li>○ Next steps for the Central Iowa ACEs Steering Committee:             <ul style="list-style-type: none"> <li>○ Continue to increase community awareness of the impact of ACEs</li> <li>○ Share knowledge and resources on the <a href="http://www.iowaaces360.org">www.iowaaces360.org</a> website including future white papers about Iowa ACEs data and two online learning modules and two online</li> <li>○ Engage more policy makers and community leaders in discussions about how to address Iowa’s findings</li> </ul> </li> <li>○ Karen Bougher, Public Health Planner who is on the Central Iowa ACEs Steering committee was instrumental in creating this report that was handed out at Monday’s conference.</li> <li>● New Health Market Materials for Our Clients- Rick mentioned in his Director report that Ana Coppola, our Community Health Educator and himself created handouts in English/Spanish on the new health care reform to guide our staff and clients on awareness, eligibility, education, and where to refer them for enrollment and receive additional information. We are currently collecting frequently asked questions from clients to develop a FAQ sheet.</li> </ul>
<p><i>Communicable Disease</i> By Kari Lebeda Townsend</p>	<ul style="list-style-type: none"> <li>● TB national skin-test antigen shortage.</li> <li>● Dr Offices have been referring them to the PCHD.</li> <li>● PCHD put a hold on routine TB testing.</li> <li>● 2 Different kinds of testing clients can do             <ul style="list-style-type: none"> <li>○ X-ray</li> <li>○ Quantiferon Gold</li> </ul> </li> <li>● We have made a waiting list for clients to get tested once we get more in.</li> <li>● We can only order 60 doses every 30 days.</li> <li>● Kari thinks there is something the manufacture has done. CDC is addressing this.</li> <li>● Crypto- as of October, Polk County has had 550 confirmed cases of crypto.</li> </ul>

	<ul style="list-style-type: none"> <li>• No new cases of Crypto this week. First week since July.</li> <li>• Last week we had 7 new cases but they have onset of symptoms the months before.</li> <li>• Crypto has caused 12 hospital stays but no long term problems.</li> </ul>
<u>Committee Member Comments</u>	<ul style="list-style-type: none"> <li>• None</li> </ul>
<u>Public Comments</u>	<ul style="list-style-type: none"> <li>• None</li> </ul>
<u>Adjournment</u>	<ul style="list-style-type: none"> <li>• Meeting adjourned at 9:40 am</li> </ul>

**Next meeting November 15th, 2013 at 8:30 a.m.**

**Others present:**

Rick Kozin, PCHD

Scott Slater, PCHD

Tammy Keiter, PCHD

Kari Lebeda Townsend, PCHD

Cari Spear, VNS

Heather Bombei, IDPH

Dr. Yogi Shah, DMU

Cheryl Von Behren, WIC Program, Broadlawns

Jessica Sheets PCHD

Jeremy Becker, Polk County, Public Works