

# Polk County Advisory Board of Health Minutes

November 15<sup>th</sup>, 2013

Members present: Dr. Anderson, Dr. Olds, Bobbretta Brewton

Members absent: Reylon Meeks

Agenda Items	Summary
<p><b><u>Approval of Minutes</u></b></p>	<ul style="list-style-type: none"> <li>• Approved minutes from October meeting</li> </ul>
<p><u>Public Health Director Report (written report + comments)</u> <i>By Rick Kozin</i></p>	<ul style="list-style-type: none"> <li>• This year so far we have given 6500 flu vaccinations.               <ul style="list-style-type: none"> <li>○ 2300 doses left</li> <li>○ Last year we gave 9,500 vaccinations</li> <li>○ 2/3 of our clients are 65+ and Medicaid beneficiaries</li> <li>○ Older adults get the flu vaccination more than any other age group. This is equal to other states.</li> </ul> </li> <li>• Mark Wandro- the new Polk County Administrator               <ul style="list-style-type: none"> <li>○ Rick has met with him and he is very open to learning about the Health Department</li> </ul> </li> <li>• PCHD has stopped referring clients to go to healthcare.gov               <ul style="list-style-type: none"> <li>○ We have printed off paper applications and we have been giving them to our clients.</li> <li>○ Broadlawn Hospital has certified people to help fill out the applications. We have been referring them to go to Broadlawn if they need help.</li> </ul> </li> <li>• Dick Shook's second painting for the lobby arrived yesterday 11-14-13               <ul style="list-style-type: none"> <li>○ Will be put up tomorrow</li> <li>○ Stop in anytime and take a look</li> </ul> </li> </ul>
<p><u>Board of Health/Board of Supervisors Action Review</u> <i>By Scott Slater</i></p>	<ul style="list-style-type: none"> <li>• Amendment to Care For Yourself Contract with IDPH adding 30 additional slots for participants to receive services. Total number of men and women that can be served is now 996.               <ul style="list-style-type: none"> <li>○ Thomas Newton- How long will this service last if we are pushing the new health care? Kari- Dr's won't pay for some services so we will cover what they won't cover. We have been monitoring this service to see what will happen.</li> </ul> </li> <li>• FY 14/15 budget submitted (both revenues and expenses) and we were able to meet the target amount BOS office set for our dept. Formal budget presentation to BOS will be in mid January.</li> </ul>
<p><u>Health Planning and Education Update</u> <i>By Tammy Keiter</i></p>	<ul style="list-style-type: none"> <li>• La Reina Latino radio-Dr Alarcon guest speaker for the month of November will be talking about Cancer Series (Breast, Colon, prostate, and lung). La Reina Latino Magazine-for the month of November will feature an article on STD/HIV.</li> <li>• Polk County Suicide Prevention Coalition- For the 9<sup>th</sup> consecutive year, the Polk County Suicide Prevention Coalition will host a conference for people who have lost a loved one to suicide. This will be on November 23<sup>rd</sup> at Des Moines University. This conference is built around the needs of those grief-stricken persons who have experienced a suicide loss to a family member, co-worker, friend, classmate and so on. The conference helps provide participants with the support of others who understand.               <ul style="list-style-type: none"> <li>○ The American Foundation for Suicide Prevention has approved</li> </ul> </li> </ul>

the Suicide Coalition's funding request (\$25,000) to provide training this spring for facilitators of "suicide bereavement support groups for children and teens." The funds will come from the local "out of the darkness walk." Last year, a similar training was provided to 25 people from throughout the State of Iowa for support group facilitators for adults. The one this spring will also be offered here in Des Moines, but open to people from throughout the country. People who will offer the support group in Iowa will receive scholarships for the cost of lodging and training.

- Capstone Student Project- Des Moines University student, Atalie Ferring, who is about to receive her MPH degree has been given the opportunity to work on a Capstone Project from September through July in our department. Her capstone project will be on The Impact of Community Engagement in Promoting Healthy Behaviors. 3 main goals:
  1. Improve health literacy and increase community engagement opportunities
  2. Create sustainable, cross-functional partnerships with businesses and organizations in Polk County that allow for the presence of supportive communities that promote healthy living
  3. Participants would pursue new health behaviors learned through these events or continue existing health behaviors for the long-term.
    - Atalie's role is to act as the facilitator and encourage peer support and the exchange of ideas and feedback between all involved organizations and partners. This project gives organizations a chance to be a part of something bigger than their own individual organization and take part in a new community that is aiming to better the health and overall lives of those living in Polk County. Additionally, it gives them an opportunity to network with other organizations in Polk County that have the same interests and allows them to exchange ideas and feedback with others.
    - All the events take place on the same day (or week), and therefore at the same time, which makes the events luring and exciting to be a part of since so many organizations and participants are involved. These are the list of the health events with a brief description.
      1. Healthy Photo Contest/Exchange: Participants take photos of whatever health means to them and then upload them onto Instagram using #gethealthyDSM [promotes online discussion of health using social media]
      2. Forget the Paper, Plastic, and Styrofoam Day: Participants will utilize reusable items such as lunch boxes, coffee mugs, water bottles, etc. rather than paper, plastic, and Styrofoam products
      3. Stress-Less Week: Informs participants about ways to reduce stress utilizing 5 "R's" (reorganize, rethink, reduce, relax, release)
      4. Go RAWWW Event: Encourages participants to eat raw foods or partake in more plant-based diet/vegetarian food options
      5. Skyscraper Climb: Program that promotes physical activity through stair climbing or step counting (picture of specific skyscraper shows how far up the skyscraper they are to give them a

	<p>visual of how much progress they have made/how far they have gone)</p> <ul style="list-style-type: none"> <li>○ At the end of Atalie's capstone project period, Atalie will do a final presentation of her capstone and share the outcome results of the events.</li> </ul>
<p><u>Communicable Disease</u> By Kari Lebeda Townsend</p>	<ul style="list-style-type: none"> <li>● TB- No new active pulmonary cases <ul style="list-style-type: none"> <li>○ National TB testing shortage (Sept. and Oct.)</li> <li>○ PCHD had a waiting list of 48 people</li> <li>○ This week we received 400 doses. Can order 60 doses per order</li> <li>○ 11-14-13 PCHD held a walk in clinic to get TB tested, called the clients on the waiting list or they could make an appointment</li> </ul> </li> <li>● No new Crypto cases in the last 2 weeks</li> <li>● We have had more re-infections of Syphilis this year then we have had in 15-20 years.</li> <li>● The Breast &amp; Cervical Cancer (BCC) Program recently had two sites visits. <ul style="list-style-type: none"> <li>○ <b>Care for Yourself (CFY) Program:</b> The CFY site visit was conducted by staff from the Iowa Department of Public Health. CDC Core Indicators reviewed for the program were met or exceeded. During Fiscal Year (FY) 2012-2013, 1,016 women were served through <i>Care for Yourself</i> Program funding. The CDC requires that at least 80% of the women screened must be between 50 and 64 years of age; and 98.1% of women served by the program were over 50 years of age. From January 2009 through September 2012, data for 5,821 clients were submitted to the CDC with only two records requiring editing for an error rate of 0.034%. Over 300 women received case management and care coordination services. Of the women screened, 18 were diagnosed with breast cancer and 6 were diagnosed with cervical cancer.</li> <li>○ <b>Komen:</b> During FY 2012-2013, 1,273 clients (1,272 female/1 male) received mammograms through Komen funding. Additionally, 833 diagnostic services were provided through Komen funding and 232 clients received case management and care coordination services. Of the clients screened, 5 were diagnosed with breast cancer.</li> <li>○ Current enrollment: <ul style="list-style-type: none"> <li>▪ <b>Care for Yourself Program:</b> 730 clients out of 996 enrollment slots (73.3%) in 4½ months of the fiscal year.</li> <li>▪ <b>Komen:</b> 612 mammograms completed out of the project goal of 650 mammograms (94%) in 6 months of the fiscal year.</li> </ul> </li> </ul> </li> </ul>
<p><u>Committee Member Comments</u></p>	<ul style="list-style-type: none"> <li>● None</li> </ul>
<p><u>Public Comments</u></p>	<ul style="list-style-type: none"> <li>● None</li> </ul>
<p><u>Adjournment</u></p>	<p>Meeting adjourned at 9:04 am</p>

**Next meeting December 20th, 2013 at 8:30 a.m.**

Others present:

Rick Kozin, PCHD

Scott Slater, PCHD

Tammy Keiter, PCHD

Kari Lebeda Townsend, PCHD

Ralph Marasco, County Attorney

Holly Hulsebus, DMU Student

Rory Thomes, DMU Student

Mandy Ulmer, PCHD