

# Polk County Advisory Board of Health Minutes

March 20, 2014

Members present: Donald Anderson, Reylon Meeks, Bobbretta Brewton, John Olds

Members absent: Thomas Newton

Agenda Items	Summary
<p><u>Approval of Minutes</u></p>	<ul style="list-style-type: none"> <li>January and February minutes approved.</li> </ul>
<p><u>School Immunization Report</u> <i>By Carole McClanahan</i></p>	<ul style="list-style-type: none"> <li>Students who are not fully vaccinated fall into one of four categories: those with Medical Exemptions, Religious Exemptions, Provisional Certificates, or Invalid Certificates.               <ul style="list-style-type: none"> <li>Medical exemptions are issued if a medical professional deems the administration of the vaccine injurious to the health of the student or a member of the student’s household.</li> <li>Religious exemptions are granted to students for whom vaccination conflicts with a religious belief. In order to obtain a religious exemption, a parent must sign a waiver and get it notarized; this waiver must say that vaccination contradicts a religious belief, and not simply a philosophical, moral, scientific, or personal viewpoint.</li> <li>A school nurse issues provisional certificates to students for two reasons: if the student is a transfer student or if the student has received at least one dose of each required vaccine but has not completed all of the vaccines in each series. Students under provisional enrollment can be given up to 60 days to receive further vaccination or get documentation/ exemptions.</li> <li>Invalid certificates- The school or audit nurse considers a certificate invalid for 4 reasons:                   <ul style="list-style-type: none"> <li>if the student does not have any immunization information at all</li> <li>if the documentation has been filled out improperly</li> <li>if the student’s Provisional Certificate or Exemption has expired</li> <li>if the student is missing the first vaccine in a required series</li> <li>Thus, students w/ invalid certificates may or may not be vaccinated.</li> </ul> </li> </ul> </li> <li>In 2013, 2.9% of all students lacked one or more required vaccine; this amounts to 2,409 students, or 1 in 34 students.</li> <li>Percentage changes from 2009 to 2013.               <ul style="list-style-type: none"> <li>As you can see, all categories of certificates and exemptions have increased since 2009, as have students who are not fully vaccinated. Student enrollment has also increased, but far less</li> </ul> </li> </ul>

	<p>than all other categories.</p> <ul style="list-style-type: none"> <li>• Religious Exemptions have increased the most, increasing 201.4% in the past 5 years, followed by invalid certificates and provisional certificates.</li> <li>• The percentage of students not fully vaccinated has increased 76.9% since 2008.</li> <li>• % Not Fully Vaccinated by District <ul style="list-style-type: none"> <li>• We saw that the Polk County rate for students lacking at least 1 vaccine was 2.9% in 2013.</li> <li>• Here is a chart showing the trends for the percentages of students not fully vaccinated in each district. As you can see, in 2013, Non-public schools have the highest rate, at 4.68%, followed by DSM at 3.36% and DC-G at 3.17%.</li> <li>• -Since non-public schools are not located in one discrete area of Polk County but are instead spread throughout the county, and since these students can participate in extracurricular at the other districts, students not vaccinated from these schools could actually impact disease outbreak risks for several of the districts.</li> <li>• Additionally, only 1 district had a lower percentage of students NFV in 2013 than in 2009: Johnston. All other districts saw an increase in the percentage of students NFV.</li> </ul> </li> <li>• % Vaccinated by District <ul style="list-style-type: none"> <li>• In 2013, only 3 districts achieved a vaccination rate of 98%. These are shown in green (B-F, Johnston, Urbandale).</li> <li>• All other districts fell below 98% and therefore may not be protected by herd immunity. These districts could be at an increased risk for disease outbreaks.</li> <li>• DC-G, DSM, and Non-Public schools had the lowest vaccination rate in 2013. These schools could be at particular risk for disease outbreaks.</li> </ul> </li> </ul>
<p><u>Gambling Prevention</u> <i>By Kirk Nasset</i></p>	<ul style="list-style-type: none"> <li>• Educating schools that gambling isn't always positive. Teach them the symptoms of gambling addiction.</li> <li>• Most of the funding comes from casino's. Budget has been cut.</li> <li>• 55+ has the highest addiction problems.</li> <li>• 1-800-bets-off website has 14,373 views a year. <ul style="list-style-type: none"> <li>• 1980's the number became available</li> <li>• In Iowa the first 4 counseling sessions are free then they are put on a sliding scale</li> <li>• Portion of money can be given in gas cards, tokens for the bus and money to help with bills.</li> <li>• 96 people have used these services in this service area.</li> </ul> </li> <li>• 2.5 Billion wasted during March Madness. <ul style="list-style-type: none"> <li>• 1.2 Billion lost in revenue</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>• Proposed calendar for meeting topic discussions</li> </ul>

<p><u>Public Health Director Report (written report + comments)</u> By Rick Kozin</p>	<ul style="list-style-type: none"> <li>○ Be more specific on different areas.</li> <li>○ Focus on one thing per meeting.</li> <li>○ Reylon do we need to invite Stakeholders? Rick- haven't in the past but makes sense.</li> <li>○ Calendar approved.</li> </ul>
<p><u>Board of Health/Board of Supervisors Action Review</u> By Scott Slater</p>	<ul style="list-style-type: none"> <li>● Amendment to Agreement with IDPH adding additional funding of almost \$36,000 for the Central Iowa Coordinated response Coalition, for which we are the fiscal agent. Total amount is \$395K. Members include Public Health and Emergency Management Agencies in Polk, Dallas, and Warren as well as hospitals in Polk and Dallas (not VA).</li> <li>● Amendment to Agreement with IDPH for CFY Program. We will be reimbursed for up to 3 staff to complete on-line clinical coach training and certification. With this training, staff will provide health coaching to clients in the WISEWOMAN program.</li> <li>● RFP for Public Health Nursing and Home Care Aid Services was issued through the Polk County General Services Department last week with proposals from qualified non-profit agencies due on April 22<sup>nd</sup>. Current contract for vendor (Wesley At Home) expires June 30, 2014. Awarding of contract is contingent on awarding of Local Public Health Services Grant funding from Iowa Department of Public Health to Polk County for the period beginning July 1, 2014.</li> </ul>
<p><u>Health Planning and Education Update</u> By Tammy Keiter</p>	<ul style="list-style-type: none"> <li>● La Reina Latino radio-During the month of March, Dr Alarcon has been talking about physical activity to include adults, children &amp; older adults, colorectal awareness, and promoting our upcoming diabetes classes beginning April 8<sup>th</sup>. Also, Betty Mond, who is a bilingual therapist and works primarily with the Hispanic population @ Catholic Charities, is filling in for Dr Alarcon for part of the month. She will be talking about mental health and diabetes. La Reina Latino Magazine- for this month Ana Coppola featured an article on nutrition.</li> <li>● Statewide Dispensing Full-Scale Exercise (Distribution of Medical Countermeasures) <b>**THIS IS AN EXERCISE**</b>A full-scale medical countermeasure dispensing exercise was required to be performed in any one year of the five year Public Health Emergency Preparedness (PHEP) (2011-2016) cycle that tests the Strategic National Stockpile and validates the Medical Countermeasures dispensing plan. <ul style="list-style-type: none"> <li>○ On Tuesday February 25, 2014, the Polk County Health Department along with our Cities Readiness Initiative (CRI)* counties of Guthrie, Madison, Warren &amp; Dallas counties participated in a Full Scale Exercise with the Iowa Department of Public Health (IDPH).</li> <li>○ The Full-Scale exercise scenario was based around an outbreak of a novel influenza worldwide that required a local response here in central Iowa.</li> <li>○ The CRI counties received Medical Countermeasures from IDPH to our central receiving site here in Polk County for distribution to all five CRI counties.</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• National Public Health Week (April 7<sup>th</sup>-April 11<sup>th</sup>) Theme for the week: Public Health: Start here. Public health is being looked at as a new way of health care delivery. Through many changes we are seeing through public health (Affordable Care Act) in connecting and working with the community and helping them navigate the many choices along the way to achieving and maintain health. Since prevention is a nationwide priority, we are planning to contact some organizations to participate in a community outreach campaign to promote our Hand washing Poster (English/Spanish). We will send an electronic copy of the poster to all the Polk County Schools, School Nurse Consortium, and daycares, explaining what the campaign is and why it's important to print and laminate the poster for posting. We will also be reaching out to around 30 churches and will do a mailing of 2 laminated hard copy posters and offer them to re-order additional posters. The poster will be made available on our website and during National Public Health week, we'll be using social media to distribute messages.</li> <li>• Better Choices/Better Health the Stanford University evidence-based program, Better Choices, Better Health is designed for those with chronic health conditions learn skills to help manage their symptoms. Adults attend 2 ½ hours for six weeks where workshops are interactive in nature and focus on action-planning and problem solving and topics including difficult emotions, nutrition, physical activity, and effective communication. Over the past year and a half, the department has collaborated and provided technical assistance to Mercy Medical Center and the YMCA HLC in the adoption of the program to far better reach their clients and in the community. Between Mercy and the YMCA HLC, they've done 12 workshops and have had 125 people participate in the program. Next month we're sponsoring a 4 day Leader Training and inviting volunteers from the community or organizations that are interested in adopting the program and train their staff to lead workshops. Further collaboration and dissemination of the program has grown to Easter Seals of Iowa to train staff and host workshops to provide an equal opportunity for their clients with disabilities to participate with others in community workshops. UnityPoint is interested in the program and has reached out to us in possibly training their care coordinators to become leaders and host clinic community workshops.</li> </ul>
<p><u>Communicable Disease</u> By Kari Lebeda Townsend (Presented by Scott Slater)</p>	<ul style="list-style-type: none"> <li>• No new TB cases in February. One still in isolation</li> <li>• 225 Chlamydia cases in Feb.</li> <li>• 7 Syphilis cases in Feb.</li> <li>• 39 Pertussis cases in Feb</li> </ul>
<p><u>Committee Member Comments</u></p>	<ul style="list-style-type: none"> <li>• None</li> </ul>
<p><u>Public Comments</u></p>	<ul style="list-style-type: none"> <li>• None</li> </ul>

<u>Adjournment</u>	Meeting adjourned at 9:45
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**Next Meeting April 18, 2014 at 8:30**

Others present:

Rick Kozin, PCHD

Scott Slater, PCHD

Tammy Keiter, PCHD

Mandy Ulmer, PCHD

Cheryl VonBehren, Broadlawns WIC Program

Kirk Nessel, MECCA

Cari Spear, VNS of Iowa

Natalya Onner, VNS I-Smile

Carole MC Clanahan