

Polk County Advisory Board of Health Minutes

August 15, 2014

Members present: Donald Anderson, Thomas Newton, Bobbretta Brewton, John Olds, Reylon Meeks

Members absent:

Agenda Items	Summary
<p><u>Approval of Minutes</u></p>	<ul style="list-style-type: none"> July minutes approved.
<p><u>Pick a Better Snack</u> <i>By Lyn Jenkins, Nutrition Education Specialist, Food and Nutrition Management at Des Moines Public Schools</i></p>	<ul style="list-style-type: none"> Pick a better snack is funded by USDA, SNAP-Education dollars through the Iowa Department of Public Health. These funds allow local contractors to work with schools and sites that have 60% or more students enrolled in free/reduced priced lunches. In Des Moines, that is 28 of our elementary schools. An outside educator visits Kindergarten through 3rd grade classes in PABS schools to lead 6-8 lessons throughout the year. Each lesson is about 30 minutes and includes information about eating healthy and staying active. Lessons involve experiential learning by getting students up and moving and trying a healthy snack. Last school year students tasted: carrots with hummus, pumpkin dip, citrus fruit, mango, mushrooms, crunchy cabbage crackers, pineapple and asparagus.
<p><u>City Leaders Program</u> <i>By Stacy Jobes, Maternal Child Director at Visiting Nurse Services of Iowa</i></p>	<ul style="list-style-type: none"> CityMatch is the National Organization of Urban MCH Leaders. Stacy attended the City Match conference in Washington DC. <ul style="list-style-type: none"> She was assigned a MCH mentor and worked with a national cohort on a group project around Systems Development and Systems Thinking. CityMatch's Equity Institute and the Not Soon Enough discussion about justice in birth outcomes. While infant mortality rates have declined nationally, African American women will not reach parity in birth outcomes until 2063. Polk County and the Midwest in general are well poised to address community issues such as these because of our willingness to partner across organizations. Recommends people to watch The Raising of American documentary when it is brought to Iowa by the Child and Family Policy Center or shown on PBS. This movie is a public engagement campaign that discusses the way we look at early child health and development. On the horizon public private partnerships need to be developed to address community issues and that social impact bonds may play a role in funding such initiatives.
<p><u>Public Health Director Report (written report + comments)</u> <i>By Rick Kozin</i></p>	<ul style="list-style-type: none"> The Healthy Polk wellness and prevention stakeholder group is planning a strategy session with Mark Fenton for Saturday October 4th. It will be held at Wellmark. <ul style="list-style-type: none"> Includes updates on local initiatives (Blue Zones, MLK Jr. neighborhood, Carlisle, Johnston and Metropolitan Planning Organization. Major focus will be a strategy discussion about taking these local neighborhood-based level to a broader, community-wide scale.

	<ul style="list-style-type: none"> • 8:45 am to 11 am • Strategy session to make our community a better place to live. • Invitations have been sent out.
<p><u>Board of Health/Board of Supervisors Action Review</u> (written report + comments) <i>By Scott Slater</i></p>	<ul style="list-style-type: none"> • Request for Extension of current HUD Lead Hazard Control Grant. <ul style="list-style-type: none"> • 2011 Lead Hazard Control Grant from Dept. of housing and Urban Development in the amount of \$2,475,000 for remediation of 142 housing units in Polk and Dallas Counties over a 3 year period was awarded. • To date, 92 units completes and an additional 23 are projected to be completed by 10-31-14. • FY 15 Local Public Health Services Contract (LPHSC) with Iowa Dept. of Public Health. <ul style="list-style-type: none"> • Funds will allow Polk County to provide qualified residents of Polk County in home health care aide and in-home nursing care, staffing to assist with communicable disease services, health education in the community, health coaching, home hazard investigations and ongoing coalition support and community activities. • This year's contract amount is \$868,635 • Agreement with Wesley Community Services to provide Home Care Aide and Public. <ul style="list-style-type: none"> • IDPH provides funding to Polk County through the LPHSC for public health nursing and home care aide services. • Reimbursement for these services shall not exceed \$480,000 • Agreement with Des Moines University for use of their Mobile Clinic <ul style="list-style-type: none"> • DSM University will allow PCHD to utilize the Mobile Clinic to provide healthcare services, education and community services. • PCHD will only be charged for the fuel used while operating the clinic. • Agreement with Polk County Empowerment Board and United Way of Central Iowa for funding Lead Program activities. <ul style="list-style-type: none"> • \$25,000 grant funds will partially fund a nurse case manager position at the health dept. • Agreement with Iowa Department of Public Health for Polk Care For Yourself Program Funding. <ul style="list-style-type: none"> • \$171,598 to serve up to 966 eligible participants with limited and comprehensive screening services, including breast and cervical exams, mammograms, pap tests, diagnostic services, referrals, lab assessments, cardiovascular related intervention services and health coaching to low-income, uninsured and underinsured women ages 40-64. • Agreement with Applied Climatologists, Inc. to update the Polk County Heat Health Watch Warning System. <ul style="list-style-type: none"> • 2010 PCHD and PC Emergency Management worked with Applied Climatologists to construct a web-based Heat Health Watch Warning System for Polk County.

Prevent Epidemics
By Kari Lebeda-Townsend

- STD Services: Case Investigations, Partner Services, Counseling, Testing & Referral, Outreach Testing and Condom Distribution.
- Reportable STD cases in Polk County (Chlamydia, Gonorrhea, Syphilis and HIV)
 - Total Infections
 - 2012-2013: 2,973
 - 2013-2014: 3,284
 - Mid-2014; 1,633
- STD Investigations FY 2012-2013 Outcomes
 - 97% Cases with Partner Services- Interviewed and Closed
 - 2.5% Cases with Partner Services- Unable to locate/unable to interview
 - 48% Cases Interviewed with 3 days
 - 61% Cases Interviewed with 5 days
 - 71% Cases Interviewed with 7 days
 - 89% Cases Interviewed with 14 days
 - 99% Cases Interviewed with 3 days
- Food borne Outbreak
 - Establish existence of an outbreak
 - Interview, educate and refer ill persons
 - Conduct testing
 - Try to identify source
 - Implement prevention and control measures
 - Communicate findings
- Communicable Diseases
 - No cases reported in 3 Fiscal Years of these: Campylobacter, Cholera, Hansen's Disease, Listeria, Measles, Rabies, Rubella, Sleeping Sickness and Typhoid.
 - Most common reportable disease Nationally and in Iowa: Shigella, Salmonella, Campylobacter, E. Coli and Hep A.
- Tuberculosis Program
 - 2012-2013: 6 Active TB Pulmonary, 9 Active TB Extra-Pulmonary, 15 Total Under DOT.
 - 2013-2014: 6 Active TB Pulmonary, 6 Active TB Extra-Pulmonary, 12 Total Under DOT

Health Planning and Education Update (written report and comments)
By Tammy Keiter

- Dr. Alarcon talking on La Reina (Spanish radio station) about Minority Health, this includes preventing test and immunizations, lead poison, STDs and Diabetes.
- La Reina Magazine- month of August, Ana Coppola, is writing an article on Diabetes to include: facts, treatment, management, reducing cardiovascular disease risk factors (high blood pressure, high lipid levels and tobacco use), patient education and self-care practices.
- JumpStart Back-to-School Fair- Held at East High School on July 26th, helped 496 kids and their families with screenings in preparation to get them ready for school. Compared to this year the attendance was low due to not giving backpacks and school supplies away. The main focus was to provide medical services/screenings to meet the needs of those that were uninsured and underinsured.
 - 449 physicals completed
 - 423 vision exams completed
 - 23 lead screenings completed
 - 264 dental screenings and 101 I-Smile certificates completed

	<ul style="list-style-type: none"> • 43 mental wellness checks completed • Immunized 85 children • Collected insurance information: <ul style="list-style-type: none"> ▪ 40% Medicaid ▪ 31% Uninsured ▪ 6% Hawk-I • National Immunization Month (August)- Each week in August, we will address a different age group that needs immunizations. <ul style="list-style-type: none"> • Week 1- babies from birth to age 2 • Week 2- children, preteens and teens • Week 3- college age • Week 4- adult • Nola Aigner worked with ABC5 to develop 2 commercials. One featured the dangers of traveling overseas without being fully immunized and the second commercial addresses the importance adults getting immunized because many infants and children are not able to get immunized. • Diabetes Screening Day will be held on August 25th from 8-11 at the Polk County Health Department. It will be free of cost. People will have the opportunity to get a glucose screening, blood pressure and BMI test and get connected to resources to help them manage their condition or prevent diabetes.
<u>Communicable Disease</u> <i>By Kari Lebeda Townsend</i>	<ul style="list-style-type: none"> • No new active TB cases in the last 3 months. • Crypto had 4 cases in July. • Looking into why Lyme disease numbers are up.
<u>Committee Member Comments</u>	<ul style="list-style-type: none"> • none
<u>Public Comments</u>	<ul style="list-style-type: none"> • none
<u>Adjournment</u>	Meeting adjourned at 9:34 am

Next Meeting September 19, 2014 at 8:30

Others present:

Rick Kozin, PCHD

Scott Slater, PCHD

Tammy Keiter, PCHD

Kari Lebeda Townsend, PCHD

Ralph Marasco, Co Atty

Stacy Jobes, VNS of Iowa

Lyn Jenkins, Des Moines Public Schools

Mandy Penning, PCHD

