

MARCH 2015

SOUTHSIDE SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:30 Enhanced Fitness 9:30 Scrapbooking 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	3 9:30 Arthritis Exercise 11:30 Lunch 12:30 Afternoon Cards	4 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards 2:00 Golden Threads	5 9:00 Chair Yoga 10:00 Crafts 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	6 8:30 Enhanced Fitness 10:15 Bingo 10:50 Fresh Conversations 11:30 Lunch 12:30 Afternoon Cards
9 8:30 Enhanced Fitness 9:30 Scrapbooking 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	10 9:30 Arthritis Exercise 11:30 Lunch 12:30 Afternoon Cards	11 8:30 Enhanced Fitness 11:30 Lunch 12:30 Afternoon Cards 2:00 Golden Threads	12 9:30 Arthritis Exercise 10:00 Crafts 11:00 Site Council Meeting 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	13 8:30 Adult Health 8:30 Enhanced Fitness 11:30 Lunch 12:30 Afternoon Cards
16 9:30 Scrapbooking 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	17 9:30 Arthritis Exercise 9:30 Blood Pressure 9:30 St. Pats Party 11:30 Lunch 11:45 Health Ed. 12:30 Afternoon Cards	18 10:30 Bingo 11:30 Lunch & Birthdays 12:30 Afternoon Cards 2:00 Golden Threads	19 9:30 Arthritis Exercise 10:00 Crafts 10:30 Jeopardy 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	20 10:30 Bingo 11 Senior Outreach Counseling 11:30 Lunch 12:30 Afternoon Cards
23 8:30 Enhanced Fitness 9:30 Scrapbooking 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	24 9:30 Arthritis Exercise 11:30 Lunch 12:30 Afternoon Cards	25 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards 2:00 Golden Threads 4:00 – 6:00 OPEN HOUSE	26 9:00 Chair Yoga 10:00 Crafts 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	27 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards
30 8:30 Enhanced Fitness 9:30 Scrapbooking 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	31 9:30 Arthritis Exercise 11:30 Lunch 12:30 Afternoon Cards	AARP Tax Help Wednesdays 11-3:30. Call 287-0092 for more info.	Southside Senior Center 100 Payton DSM 287-0092 JaNeil - Supervisor Carole - Program Aide	 Happy St. Patrick's Day

