

**MAY**

MEALS ARE CALLED IN BY 1:00 THE DAY BEFORE. FOR RESERVATIONS PLEASE CALL 274-0373

<p>WESTSIDE SENIOR CENTER 134<sup>TH</sup> 6<sup>TH</sup> STREET DES MOINES, IA 50265 274-0373 Mary Clare Cox, Supervisor Linda Mason, Program Aide</p>			<p><b>HAPPY MAY DAY!!!!!!!</b></p>	<p>1  LUNCH 11:30</p>
<p>4 Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 Nutrition Counseling Adult Health LUNCH 11:30</p>	<p>5 Craft Class 9:00 Bingo 10:15 Cards after lunch  Andre Piano LUNCH 11:30</p>	<p>6 History Class 10:00-11:00 Exercise 11:15 CARDS AFTER LUNCH  LUNCH 11:30</p>	<p>7 Bingo 10:15 Ribbon knitting class - 12:15 Andre Piano Diabetes Education 12:30-3:30 Farmers Market Lunch 11:30</p>	<p>8  LUNCH 11:30</p>
<p>11 Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00  LUNCH 11:30</p>	<p>12 Craft Class 9:00 Bingo 10:15 Cards after lunch  Andre Piano LUNCH 11:30</p>	<p>13 Senior Spring Fest!!!!!!! At the Fair Grounds!!!!!! Come and have fun!!!!!!!!!!  LUNCH 11:30</p>	<p>14 Andre Piano BINGO 10:15  Spring Wreath 12:15 Farmers Market Lunch 11:30</p>	<p>15 National Chocolate Chip day  LUNCH 11:30</p>
<p>18 Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 Blood pressure</p>	<p>19 Craft Class 9:00 Bingo 10:15 Cards after lunch Legal Aid Talk Andre Piano LUNCH 11:30</p>	<p>20 History Class 10:00-11:00 Exercise 11:15 CARDS AFTER LUNCH FOOT CLINIC BIRTHDAYS!!!!!!! LUNCH 11:30</p>	<p>21 The Great Band Rummage Sale 8:00 – 7:30 Andre Piano  Farmers Market LUNCH 11:30</p>	<p>22 Rummage Sale National Vanilla Pudding  LUNCH 11:30</p>
<p>25 CLOSED FOR </p>	<p>26 Bingo 10:15 Cards after lunch Andre Piano  LUNCH 11:30</p>	<p>27 History Class 10:00 – 11:00 CARDS AFTER LUNCH Exercise 11:15  LUNCH 11:30</p>	<p>28 BINGO 10:15 ANDRE' PIANO Adult Health Water Bottle Holder Farmers Market  LUNCH 11:30</p>	<p>29 National Hamburger Day  Gayle from Access Iowa LUNCH 11:30</p>