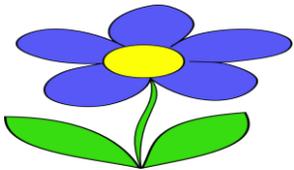


# MAY 2015 SOUTHSIDE SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUTHSIDE SENIOR CENTER</b> <b>515.287.0092</b>	JaNeil - Site Supervisor Carole – Program Aide			1 8:30 Enhanced Fitness 10:15 Bingo 10:50 Fresh Conversations 11:30 Lunch 12:30 Afternoon Cards
4 8:30 Enhanced Fitness 11:30 Lunch 1:00 Mother's Day Tea	5 9:30 Arthritis Exercise 11:30 Lunch 12:30 Afternoon Cards	6 8:30 Enhanced Fitness 11:30 Lunch 12:30 Afternoon Cards 2:00 Golden Threads	7 9:30 Arthritis Exercise 10:00 Craft 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	8 8:30 Adult Health 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards
11 8:30 Enhanced Fitness 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	12 9:30 Arthritis Exercise 10:15 South Union Chorus 11:30 Lunch 12:30 Afternoon Cards	13 <b>Senior Fest and Health Fair</b>	14 9:00 Chair Yoga 10:00 Crafts Site Council 11:00 Lunch 12:30 Line Dance 12:30 Afternoon Cards	15 10:30 Bingo 11 Senior Outreach Counseling 11:30 Lunch 12:30 Afternoon Cards
18 8:30 Enhanced Fitness 11:30 Lunch 12:30 Ceramics 12:30 Afternoon Cards	19 9:30 Arthritis Exercise 9:30 Blood Pressure 11:30 Lunch 12:30 Afternoon Cards	20 8:30 Enhanced Fitness 10:30 Brass Trio 11:30 Lunch 12:00 Bingo 12:30 Afternoon Cards 2:00 Golden Threads	21 9:00 Chair Yoga 10:00 Crafts 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	22 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards
25 <b>Closed For Memorial Day</b>	26 9:30 Arthritis Exercise 11:30 Lunch 12:30 Afternoon Cards	27 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards 2:00 Golden Threads	28 9:30 Arthritis Exercise 10 Crafts 11:30 Lunch 12:30 Line Dance 12:30 Afternoon Cards	29 8:30 Enhanced Fitness 10:30 Bingo 11:30 Lunch 12:30 Afternoon Cards