



Mailing Address:
Des Moines, IA 50392-2412

Principal Life
Insurance Company

Adjustment Application for
Group Universal Life Insurance

Employee's name		Social security number		Certificate number
Insured's name		Social security number		Certificate number
Mailing address	City	State	ZIP code	Home phone
Employer name				Work phone

Adjustment in Coverage Amount	<p>Employee: <input type="checkbox"/> change multiple of salary to: <input type="checkbox"/> 1x <input type="checkbox"/> 2x <input type="checkbox"/> 3x <input type="checkbox"/> 4x <input type="checkbox"/> 5x</p> <p><input type="checkbox"/> change monthly contribution to Certificate Account to: \$ _____</p> <p>Other: <input type="checkbox"/> change coverage amount to: \$ _____</p> <p><input type="checkbox"/> change monthly contribution to Certificate Account to: \$ _____</p> <p>Complete health statement for increase in coverage.</p> <p>Note: Insureds no longer on payroll deductions see Continuation of Coverage in your Certificate for adjustment procedures.</p>
Optional Benefits	<p>Accidental Death Benefit: <input type="checkbox"/> add (complete statement of health) <input type="checkbox"/> cancel</p> <p>Automatic Benefit Increase: <input type="checkbox"/> cancel</p> <p>Dependent Children Coverage: <input type="checkbox"/> add (separate statement of health must be submitted for each child over age 45 days)</p> <p>children name(s) and birthdates _____</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> cancel</p>
Reclassification	<input type="checkbox"/> Request rating reclassification from smoker to nonsmoker. I have not used any type of tobacco in the past 12 months. Complete statement of health.
Reinstatement	<input type="checkbox"/> Request coverage to be reinstated. Complete statement of health.

Complete this Section if applying for increase in coverage amount, Accidental Death Benefit or Reinstatement.

Occupation _____

Do you plan to fly or have you, within the last five years, flown as a pilot or crew member? yes no

Have you, or do you plan to engage in hang gliding; scuba or sky diving; stock, modified sports car, drag strip, motorcycle, motor boat, snowmobile or other type of amateur or professional racing on an ongoing basis? yes no

If "yes", please circle which sports.

Statement of Health

Employee height		Weight		Spouse/Child height		Weight	
ft.	inches	lbs		ft.	inches		lbs.

- yes no 1. Has any Applicant been advised to receive or is any applicant receiving medical treatment, taking any medicine, drugs, pills, shots, etc.?
- yes no 2. In the past 10 years has any applicant been treated for, diagnosed as having, or had any known indication of:
- yes no a. chest pains, heart trouble, heart attack, or heart murmur?
 - yes no b. high blood pressure, cancer, or tumors?
 - yes no c. nervous, respiratory, circulatory, liver, digestive, urinary or genitourinary problems?
 - yes no d. venereal disease or other infectious disease?
 - yes no e. diabetes, pneumonia, or disorder of the lymph system?
 - yes no f. acquired immune deficiency syndrome (AIDS), AIDS-related complex (ARC), or any immune disorder?
- yes no 3. In the last five years has any Applicant seen a doctor, been hospitalized, had surgery, or had blood or other diagnostic tests?

This Section Must be Fully Completed for All "Yes" answers above (If additional space is needed, please attach a separate piece of paper)

Question number	Name	Nature of illness or injury, treatment, testing or medical attention, etc.	Date		Duration	Diagnosis, results, findings or remaining effects	Names and addresses of physicians or hospitals
			mo.	yr.			

Statement of Understanding and Authorization

I represent that the statements and answers in this application are true and complete to the best of my knowledge and belief. These representations are to be relied upon in evaluating my request for insurance.

No contribution is being submitted with this application. I agree that no adjustment shall take effect unless approved by Principal Life Insurance Company. If approved it shall become effective on the first of the month next following the date we approve proof of good health as defined in the certificate, provided (1) any required premiums are paid, and (2) there has been no change since the date of this form in the health affecting the insurability of the Insured.

I authorize any doctor, health care provider, hospital, clinic or other medical or medically related facility, insurance company, or other organization, institution or person that has any records or knowledge of me or my health to give to Principal Life or its reinsurers any such information. I authorize Principal Life to release any such data as required by law.

A photocopy of this authorization shall be as valid as the original. I understand I may revoke this authorization. This revocation must be in writing and will be effective when received at Principal Life home office.

I understand that, as the Employee, the insurance I and my dependents have applied for will begin on the Effective Date identified in the Schedule of Benefits, provided that I am Actively at Work on that date. If I am not Actively at Work on such date, coverage will not go into effect until after my return to work. Furthermore, I understand that no insurance will become effective for any member of my family, while he/she is in a Period of Limited Activity. Period of Limited Activity means any period of time which a person is confined in a health care facility or, whether confined or not, is unable to carry on the regular and usual activities of a healthy person of the same age and sex.

Insured's signature	Date signed
Owner signature	Date signed
Assignee and/or irrevocable beneficiary signature	Date signed