

## GRIMES SEPTEMBER ACTIVITY CALENDAR 2015

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 9:30 Wii Bowling <b>10:00 Chair Yoga</b> 12:00 Heritage Museum Gem 12:30 Cards/Games	<b>2</b> 9:30 Wii Bowling 12:00 Info Talk w/Ben "CSA's & Organic Farming" 12:30 BINGO	<b>3</b> 9:30 Wii Bowling 12:00 Sr. Moment w/Suzy "Special Treasures" 12:30 Cards/Games	<b>4</b> 10:00 Fast Track 12:00 Our Antiques Roadshow 12:30 Wii/Cards/Games
<b>7</b> <b>Closed for Labor Day</b>	<b>8</b> 9:30 Wii Bowling <b>10:00 Chair Yoga</b> <b>10:30-11:30 Blood Pressure Clinic</b> <b>12:00 Health Talk w/VNS</b> 12:30 Cards/Games	<b>9</b> 9:30 Wii Bowling 11:00 Music w/Marilyn 12:00 History Talk on "The Little Brown Church in the Vale" 12:30 BINGO	<b>10</b> 9:30 Wii Bowling 12:00 Info Talk w/BobbiJo on "Community Greetings" <b>12:30 Crafts w/Linda</b> 12:30 Cards/Games  <b>Polk County Volunteer Event</b>	<b>11</b> 10:00 Fast Track 12:00 Our Antiques Roadshow 12:30 Wii/Cards/Games
<b>14</b> 9:30 Wii Bowling 10:00 Cribbage 12:15 Current Events 12:30 Cards/Games	<b>15</b> 9:30 Wii Bowling <b>10:00 Chair Yoga</b> 12:00 Sr Moment w/Deb "Route 66" 12:30 Cards/Games	<b>16</b> 9:30 Wii Bowling 12:30 BINGO	<b>17</b> 9:30 Wii Bowling <b>12:00 Monthly Talk w/Mike</b> 12:30 Cards/Games	<b>18</b> 10:00 Fast Track 12:00 Our Antiques Roadshow 12:30 Wii/Cards/Games
<b>21</b> 9:30 Wii Bowling 10:00 Cribbage 12:15 Current Events 12:30 Cards/Games	<b>22</b> 9:30 Wii Bowling <b>10:00 Chair Yoga</b> 12:30 Cards/Games	<b>23</b> 9:30 Wii Bowling <b>12:00 Senior Medicare Patrol</b> 12:30 BINGO	<b>24</b> <b>Closed for Church Lunch</b>	<b>25</b> 10:00 Fast Track 12:00 Our Antiques Roadshow 12:30 Wii/Cards/Games
<b>28</b> 9:30 Wii Bowling 10:00 Cribbage 12:15 Current Events 12:30 Cards/Games	<b>30</b> 9:30 Wii Bowling <b>10:00 Chair Yoga</b> 12:30 Cards/Games		<b>Grimes Senior Center 410 SE Main St Grimes, IA 50111 Lunch served at 11:30</b>	<b>Rene' Leppert Site Coordinator 515-986-5747</b>