

**Runnells
Senior Center
108 Brown ST
Runnells, IA 50237**



**Eliz Rockwell
Site Coordinator
515-966-2427**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Paper Crafting 1 Flu Clinic 10:30 – 11:30 9:30 Cards 11:30 Lunch Foot Clinic	2 9:30 Cards 11:30 Lunch	3
4	5 9:30 Cards 11:30 Lunch	6 9:30 Cards 11:30 Lunch	7 9:30 Cards 11:30 Lunch	8 9:30 Cards 11:30 Lunch Nutrition News	9 9:30 Cards 11:30 Lunch	10
11	12 9:30 Cards 11:30 Lunch	13 9:30 Cards 11:30 Lunch	14 9:30 Cards 11:30 Lunch	15 9:30 Cards 11:30 Lunch Hockensmith Visit	16 9:30 Cards 11:30 Lunch	17
18	19 9:30 Cards 11:30 Lunch	20 9:30 Cards 11:30 Lunch Senior Outreach	21 9:30 Cards 11:30 Lunch	22 9:30 Cards 11:30 Lunch Blood Pressure News U Can Use	23 9:30 Cards 11:30 Lunch	24
25	26 9:30 Cards 11:30 Lunch	27 9:30 Cards 11:30 Lunch	28 9:30 Cards 11:30 Lunch	29 9:30 Cards 11:30 Lunch SMP	Halloween Party 30 9:30 Cards 11:30 Lunch Beggars Night	31 Happy Halloween 