



ALTOONA OCTOBER CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ALTOONA SENIOR CENTER 507 13TH AVE SW ALTOONA, IA 50009 515-967-1853 NATALIE OLSON SITE CORRINATOR	SITE HOURS: MONDAY-FRIDAY 9:30-1:30	1 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	2 Wii, Games (anytime) 11:30 Lunch 12:15 Bingo
5 Wii, Games (anytime) 11:30 Lunch Cards, Canasta SENIOR MEDICARE PATROL	6 Wii, Games (anytime) 11:30 Lunch	Wii, Games (anytime) 11:30 Lunch 	8 Wii, Games (anytime) 11:30 Lunch Cards, Canasta GUEST SPEAKER- MEDICARE FRAUD	9 Wii, Games (anytime) 11:30 Lunch 12:15 Bingo
12 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	13 Wii, Games (anytime) 11:30 Lunch 	14 Wii, Games (anytime) 11:30 Lunch	15 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	16 Wii, Games (anytime) 11:30 Lunch 12:15 Bingo BLOOD PRESSURE 
19 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	20 Wii, Games (anytime) 11:30 Lunch	21 Wii, Games (anytime) 11:30 Lunch TOP HEALTH NUTRITION	22 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	23 Wii, Games (anytime) 11:30 Lunch 12:15 Bingo SENIOR COUNSELOR 
26 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	27 Wii, Games (anytime) 11:30 Lunch	28 Wii, Games (anytime) 11:30 Lunch	29 Wii, Games (anytime) 11:30 Lunch Cards, Canasta	