

DECEMBER ACTIVITY CALENDAR

Monday

Tuesday

Wednesday

Thursday

Friday

	1 9:30 Mah Jongg YOGA 9:30 & 10:45	2 9:45 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 11:30 Bridge 1:00 Games	3 <i>News U can Use</i> <i>(following lunch)</i> 1:00 Games	4 12:45 Bingo
7 10:00 to 3:00 Caring Hands of Johnston <i>(knit-crochet-sew)</i>	8 9:30 Mah Jongg YOGA 9:30 & 10:45	9 9:45 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 11:30 Bridge 1:00 Games	10 HOLIDAY LUNCH  1:00 Games	11 Eyerly-Ball <i>(following lunch)</i> 12:45 Bingo
14 Johnston Senior Adv. Board 1:00 10:00 to 3:00 Caring Hands of Johnston <i>(knit-crochet-sew)</i>	15 9:30 Mah Jongg YOGA 9:30 & 10:45	16 9:45 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 11:30 Bridge 1:00 Games	17 <i>Nutrition News</i> <i>(following lunch)</i> 1:00 Games	18 12:45 Bingo
21 10:00 to 3:00 Caring Hands of Johnston <i>(knit-crochet-sew)</i>	22 9:30 Mah Jongg YOGA 9:30 & 10:45	23 9:45 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 11:30 Bridge 1:00 Games	24 CLOSED HOLIDAY	25 CLOSED HOLIDAY
28 10:00 to 3:00 Caring Hands of Johnston <i>(knit-crochet-sew)</i>	29 9:30 Mah Jongg YOGA 9:30 & 10:45	30 9:45 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 11:30 Bridge	31 <i>SMP</i> <i>(following lunch)</i> 1:00 Games	

JOHNSTON/POLK COUNTY SENIOR CENTER/CROWN POINT COMMUNITY CENTER

6300 PIONEER PARKWAY JOHNSTON, IOWA 50131

LUNCH SERVED DAILY @ 12:00 NOON. CALL 515-251-3707 FOR RESERVATIONS.