

January Activity Calendar

JOHNSTON/POLK COUNTY SENIOR CENTER
6300 PIONEER PARKWAY JOHNSTON, IOWA 50131

LUNCH SERVED DAILY @ 12:00 NOON.
CALL 515-251-3707 FOR RESERVATIONS.

1

HAPPY
NEW
YEAR!

CLOSED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>10:00 to 3:00 Caring Hands of Johnston (knit-crochet)</p>	<p>5</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p>	<p>6</p> <p>9:45 Silver Sneakers</p> <p>“Sew-cial” (sewing-quilting) 10:0 to 3:00</p> <p>12:30 Bridge 1:00 Games</p>	<p>7</p> <p><u>News U can Use</u> (following lunch) 1:00 Games</p>	<p>8</p> <p>Eyerly-Ball (following lunch)</p> <p>12:45 Bingo</p>
<p>11</p> <p>Johnston Senior Adv. Board 1:00 10:00 to 3:00 Caring Hands of Johnston (knit-crochet)</p>	<p>12</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p>	<p>13</p> <p>9:45 Silver Sneakers</p> <p>“Sew-cial” (sewing-quilting) 10:0 to 3:00</p> <p>12:30 Bridge 1:00 Games</p>	<p>14</p> <p>Betts Off (Guest Speaker)</p> <p>1:00 Games</p>	<p>15</p> <p>12:45 Bingo</p>
<p>18</p> <p>MARTIN LUTHER KING JR. DAY!</p> <p>CLOSED</p>	<p>19</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p>	<p>20</p> <p>9:45 Silver Sneakers</p> <p>“Sew-cial” (sewing-quilting) 10:0 to 3:00 12:30 Bridge 1:00 Games</p>	<p>21</p> <p><u>SMP</u> (following lunch) 1:00 Games</p>	<p>22</p> <p>12:45 Bingo</p>
<p>25</p> <p>10:00 to 3:00 Caring Hands of Johnston (knit-crochet)</p>	<p>26</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p>	<p>27</p> <p>9:45 Silver Sneakers</p> <p>“Sew-cial” (sewing-quilting) 10:0 to 3:00</p> <p>12:30 Bridge 1:00 Games</p>	<p>28</p> <p><u>Nutrition News</u> (following lunch)</p> <p>1:00 Games</p>	<p>29</p> <p>12:45 Bingo</p>