

Polk County Advisory Board of Health Minutes

March 20, 2015

Members present: Donald Anderson, Bobbretta Brewton, John Olds,

Members absent: Thomas Newton, Reylon Meeks

Agenda Items	Summary
<u>Approval of Minutes</u>	<ul style="list-style-type: none"> February minutes approved.
<p><u>Problem Gambling Treatment, Prevention and Recovery Support Services</u> <i>By: Kirk Nessel</i></p>	<ul style="list-style-type: none"> January 1, 2015 MECCA changed its name to Prelude Services March is National Awareness Gambling Month <ul style="list-style-type: none"> March 16-20 Problem Awareness week in Iowa Casino coming to Greene County <ul style="list-style-type: none"> Makes every county in Iowa within a 50 mile radius of a casino Soon to be 22 casino's in Iowa FY14 Total Revenue 1.38 billion 20,919,229 Admissions Average loss per admission \$65.50 Penalties associated if caught at a casino after signing paperwork to be banned <ul style="list-style-type: none"> State does not distinguish a difference between 1st, 2nd and 3rd offenses for trespassing A charge can range from \$65-\$625 A person may also or in lieu of a fine get up to 30 days in jail Clients come from hotline or direct referrals Education and outreach comes from conferences, information tables, and public speaking engagements FY14 <ul style="list-style-type: none"> 602 people used services <ul style="list-style-type: none"> Area 7 (Boone, Dallas, Jasper, Mahaska, Marion, Polk, Poweshiek, Story and Warren) accounted for 77 of the 602 63% stated their primary form of gambling was slot machines 9% stated their primary form of gambling was lottery/scratch tickets
<p><u>Public Health Director Report (written report + comments)</u> <i>By Rick Kozin</i></p>	<ul style="list-style-type: none"> Have been invited to submit a full proposal that will focus on reducing childhood visits to the emergency room for asthma. <ul style="list-style-type: none"> \$250,000 for 2 years Dollar for dollar has to come from the hospital The focus will be to address health issues in the Capital East, Capital Park and Martin Luther King Jr. neighborhoods (Viva East Bank Coalition) Enrollment period ended in February <ul style="list-style-type: none"> March 15- end of April they will be having a special enrollment period Do SNAP enrollment fair in April to get more people enrolled. Was invited by Meals on Wheels to deliver meals- will be doing this on Monday March 23rd.

<p><u>Board of Health/Board of Supervisors Action Review</u> (written report + comments) By Scott Slater given by Rick Kozin</p>	<ul style="list-style-type: none"> • The Local Public Health Services Contract (LPHSC) with the Iowa Department of Public Health increased % above the current contract • Agreement with Iowa Department of Public Health for Virus Disease Monitoring- up to \$17,000 is available to assist Polk County with the active monitoring of returned travelers who may have been exposed to the Ebola virus. • No cases of Ebola or Measles.
<p><u>Community Health Education</u> (Promote and Encourage Healthy Behaviors) By Nola Aigner, Ana Coppola and Tammy Keiter</p>	<p>Nola 2013-2014 Fiscal year</p> <ul style="list-style-type: none"> • 35 Health Fairs- 2,245 attendees • 90 Presentations- 1,080 individuals attended • 1610 hours used to promote and encourage healthy behaviors • 14 Presentations- 350 participants <ul style="list-style-type: none"> ○ 94% agreed or strongly agreed that the presentation enhanced their knowledge of the subject. • Barrier- sexual health education in additional schools in Polk County • What's working- presentations are opening new doors for additional presentation and classes • What's not working- decline in health fairs and making sure we reach and meet the needs of our most vulnerable populations • What's next?- Health Education Calendar, continually monitoring the progress of each health fair, presentation and class and improve and sustain our connections throughout the community to encourage and promote healthy behaviors <p>Ana</p> <ul style="list-style-type: none"> • 30 public presentations- Spanish speaker audience <ul style="list-style-type: none"> ○ Average of 17 people per presentation ○ Survey • 4 Educational sessions- Diabetes Education Program <ul style="list-style-type: none"> ○ Average 6 people attended ○ Pre/post test ○ Survey • 1 Educational session (Nutrition Program) <ul style="list-style-type: none"> ○ Average of 6 people attended ○ Survey • What is working? Partnering with other organizations (Sacred Heart, Catholic Charities and ISU Extension) <p>Tammy- Evidence-Based Programs</p> <ul style="list-style-type: none"> • Better Choices/ Better Health- chronic disease self-management program • A Matter of Balance- Fall- injury prevention program • 2013 Transition <ul style="list-style-type: none"> ○ Program Coordinator-New Role <ul style="list-style-type: none"> ▪ Provide technical assistance ○ Program Barriers ○ BC/BH Stakeholder Group Form ○ Organizations Adopted EBP's <ul style="list-style-type: none"> ▪ Better Choices/Better Health- Mercy Medical Center, YMCA Healthy Living Center and Easter Seals of Central Iowa ▪ A Matter of Balance- Polk County Senior Centers

	<p style="text-align: center;">and UnityPoint- Iowa Methodist</p> <ul style="list-style-type: none"> • Complete transition by 6-30-15
<u>Health Planning and Education Update (written report and comments)</u> <i>By Tammy Keiter</i>	<ul style="list-style-type: none"> • April is National Public Health Month <ul style="list-style-type: none"> • April 6th-10th is National Public Health week in Iowa • The Polk County Health Department will be having activities throughout the week to promote. <ul style="list-style-type: none"> ▪ Basing it off of Blue Zone ▪ Power of Traits to be healthy and live longer ▪ Help staff to follow these traits to live to be 100
<u>Committee Member Comments</u>	<ul style="list-style-type: none"> • None
<u>Public Comments</u>	<ul style="list-style-type: none"> • None
<u>Adjournment</u>	Meeting adjourned at 9:44

Next Meeting April 17, 2015 at 8:30
Others present:

- Rick Kozin, PCHD
- Tammy Keiter, PCHD
- Mandy Penning, PCHD
- Ralph Marasco, Co Attorney
- Cari Spear, VNS of Iowa
- Nola Aigner, PCHD
- Ana Coppola, PCHD
- Kirk Nessel, Prelude