

Polk County Advisory Board of Health Minutes

May 15th, 2015

Members present: Donald Anderson, Bobbretta Brewton, Reylon Meeks, Thomas Newton

Members absent: John Olds

Agenda Items	Summary
<u>Approval of Minutes</u>	<ul style="list-style-type: none"> • April minutes approved.
<u>Housing Tomorrow</u> <i>By Eric Burmeister</i>	<ul style="list-style-type: none"> • Why housing tomorrow?- Our region is changing; so are our housing needs <ul style="list-style-type: none"> • 1 in 5 area residents will be 65 or older by 2050 • Projected Regional Growth- 266,155 new residents by 2050 • Central Iowa's first-ever regional plan for affordable housing. • Yearlong process, including data collection, public input, writing • Led by 20-member steering committee • Funded by Community Foundation, United Way, Polk County • Research <ul style="list-style-type: none"> • Sent out written surveys • 807 survey responses • 45% say they pay too much for housing • 1 in 4 cut back on food, medical care, or other daily needs to pay for their home • 64% believe that housing in Greater DSM is not affordable to our workforce • Our Principles <ul style="list-style-type: none"> • Our region will offer a variety of housing choices for our diverse population • Our region will preserve, maintain, and improve its existing housing inventory • Our region will make strategic decisions about the location of new housing • Our region will collaborate across sectors to address the impact of housing on community health and prosperity • Our region will seek new resources for housing, and use existing resources responsibly • Our region will foster a dynamic community dialogue about housing • Read full plan at housingtomorrow.org
<u>Public Health Director Report</u> <u>(written report + comments)</u> <i>By Rick Kozin</i>	<ul style="list-style-type: none"> • Partnership with the Polk County Housing Trust Fund, Mid Iowa Health Foundation, City of Des Moines, Viva East Bank Coalition, Broadlawns, Mercy and Unity Point submitted an application to reduce-asthma-related emergency room visits through health homes work. The application process required they create a video. Will hear more about this in a week or so. Will keep you updated. • Lead funding 48 million available <ul style="list-style-type: none"> • Working on grant for HUD Lead funding. • Changing our protocols for how we handle lead children. Beginning testing response if a child tested at a 5. <ul style="list-style-type: none"> ▪ What can we do different? <ul style="list-style-type: none"> • If ever a child tested at a 5 or higher do a home inspections to see if they are severe. (Do a pilot) • Updating new Health Chart book

	<ul style="list-style-type: none"> • Look in to what the process would be to update HealthyPolk (make sure that health is a part of a broader issue) • Dave Shook is close to finishing painting # 3 for the Polk County Health Department clinic lobby.
<p><u>Board of Health/Board of Supervisors Action Review (written report + comments)</u> <i>By Scott Slater</i></p>	<ul style="list-style-type: none"> • Application to IDPH for future Emergency Preparedness and Response Funding <ul style="list-style-type: none"> • 6 year agreement that will allow IDPH to quickly deploy funds to local public health departments to respond to emerging public health treats. • The Iowa Get Screened Program Colorectal Screening Program we have participated in for 5 years has ended. <ul style="list-style-type: none"> • Over 5 years we provided 273 FIT test and 54 colonoscopies • IDPH will still like to work with 2-3 places that were successful. Will keep you updated.
<p><u>Patient Education</u> <i>By Lead Gabriel</i></p>	<ul style="list-style-type: none"> • BMI/Blood Pressure Screening <ul style="list-style-type: none"> • Every patient over 18 who comes in our clinic we keep track of weight/height and blood pressure • Screening these patients give us an opportunity to collect information on the health of people in our community. • PCHD created a tool to help patients have a visual understanding of this information. • I met with anyone with stage 2 HTN and talked about risks • Blood Pressure (measured on 3,201 Polk County residents in 2013 and 3,531 in 2014) <ul style="list-style-type: none"> ▪ Normal <120 and <80 2013- 48.1%, 2014-50% ▪ Pre HTN 120-139 or 80-89 2013- 38.6%, 2014-35% ▪ Stage 1 HTN 140-149 or 90-99 2013- 10.9%, 2014-12% ▪ Stage 2 HTN >160 or >100 2013- 2.5%, 2014-3% • BMI (was measured on 3,150 Polk County residents in 2013 and 3,614 in 2014) <ul style="list-style-type: none"> ▪ Underweight<18.5% 2013-1.1%, 2014-3% ▪ Normal 18.5-24.9% 2013-32.7%, 2014-35% ▪ Overweight 25-29.9% 2013-35.4%, 2014-34% ▪ Obese >30% 2013- 30.8%, 2014-28% • Nationally we are slightly under the national average for % of obese adults and hypertensive adults. • Health Coaching- 2012 a group of employees at the Polk County Health Dept. got together and discussed health coaching and how we can do it. <ul style="list-style-type: none"> • In the last year it has undergone some changes in both staffing as well as when/population it is used. • We continue to offer it to clinic clients who indicate a readiness to make changes in their health but we not offer this to clients in the Healthy Woman Program. • Have a team of 3 health coaches, who are assisted by 3 Spanish speaking CMA's. • Health Screenings/lab results <ul style="list-style-type: none"> • Preventative health screenings done at PCHD; include pap smears/GYN exams, well adults, well child, back to school/sports, employment physical and county employee physicals. • July 1, 2014 to April 30, 2015- Healthy women/ BCC (121), Polk County employment (149), other employment (99), well child (10), well adult (2), Pap/GYN (20), sports (121), school k-12 (116), school college (25), Tx program (5), pre-op (3) and preschool (2)

	<ul style="list-style-type: none"> • Diabetes screening day held in August 2014. <ul style="list-style-type: none"> • 19 people screened • Culturally Specific Strategies <ul style="list-style-type: none"> • 3 bilingual CMA's who help with Spanish speaking parents not only with translating but helping staff educate in a manner that is sensitive to cultural beliefs • Language line service with translators available for clients that come in speaking other languages.
<u>Health Planning and Education Update</u> (written report and comments) <i>By Tammy Keiter</i>	<ul style="list-style-type: none"> • Polk County Suicide Prevention Coalition is partnering with the Greater Des Moines chapter of National Alliance on Mental Illness (NAMI) <ul style="list-style-type: none"> • 2 billboards and place large banners on the sides of 2 DART buses • During the month of May (Mental Health Awareness Month) have 2 messages that emphasize the link between depression and suicide • The ads were paid through proceeds from the Central Iowa "Out of the Darkness Community Walk."
<u>Communicable Disease Update</u> <i>By Kari Lebeda-Townsend</i>	<ul style="list-style-type: none"> • One active case of TB in April. <ul style="list-style-type: none"> • Was put in isolation • First case in 4 months • 1 case of Pertussis in April. <ul style="list-style-type: none"> • 40 Contacts • Getting ready for Pride week to do STD testing and education • Lots of education and presentations being done on STD's
<u>Committee Member Comments</u>	<ul style="list-style-type: none"> • Christina Gonzalez will be taking the place of Ralph Marasco as the Assistant County attorney
<u>Public Comments</u>	<ul style="list-style-type: none"> • None
<u>Adjournment</u>	Meeting adjourned at 9:33

Next Meeting June 19th, 2015 at 8:30

Others present:

Rick Kozin, PCHD

Tammy Keiter, PCHD

Mandy Penning, PCHD

Kari Lebeda-Townsend, PCHD

Scott Slater, PCHD

Cari Spear, VNS

Christina Gonzalez, Co Attorney

Ralph Marasco, Co Attorney

Eric Burmeister, Polk County Housing Trust Fund

Leah Gabriel, PCHD