

## Polk County Advisory Board of Health Minutes

September 19, 2015

Members present: Donald Anderson, Bobbretta Brewton, Thomas Newton, John Olds, Reylon Meeks

Members absent:

| Agenda Items  | Summary  |
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| <u>Approval of Minutes</u>  | <ul style="list-style-type: none"> <li>• August minutes approved.</li> </ul>   |
| <u>Pick a Better Snack</u><br><i>By Lyn Jenkins</i>   | <ul style="list-style-type: none"> <li>• 28 Elementary Schools in DMPS               <ul style="list-style-type: none"> <li>• 60% or more our free and reduced lunches</li> </ul> </li> <li>• Working on district incentives</li> <li>• 50 + pre-school classrooms</li> <li>• 300+ K-3 Classrooms</li> <li>• Have contracts with Hy-Vee dietitians</li> <li>• Works with school nurses               <ul style="list-style-type: none"> <li>• Conference displays</li> </ul> </li> <li>• Some schools have gardens</li> <li>• Family nights (no in all schools)               <ul style="list-style-type: none"> <li>• Bring health and awareness</li> </ul> </li> <li>• Breakfast in the classroom is a growing program</li> <li>• Newsletter is sent out monthly to all schools</li> <li>• Make sure food reflects on all cultures.</li> <li>• Make sure to bring a positive refection of who they are</li> <li>• Any effort to deconstruct their beliefs on food?               <ul style="list-style-type: none"> <li>• Educate them on what is healthy and what is not</li> <li>• Have them taste new stuff</li> <li>• Make it fun</li> </ul> </li> </ul> |
| <u>Public Health Director Report (written report + comments)</u><br><i>By Rick Kozin</i>                        | <ul style="list-style-type: none"> <li>• PCHD is participating in bringing school gardens in every school               <ul style="list-style-type: none"> <li>• 50,000 people the community who is not food secure</li> <li>• 5 year proposal to see if we can reduce the gap</li> <li>• Promoting in October (article in Business record, billboards, etc.)</li> </ul> </li> <li>• Surgeon General               <ul style="list-style-type: none"> <li>• Building walk able communities</li> <li>• Windsor Heights the last community to start Complete Streets                   <ul style="list-style-type: none"> <li>▪ Keep everyone on the road in mind</li> <li>▪ 4<sup>th</sup> community to do so</li> <li>▪ DSM is building a contract to make downtown more walk able</li> </ul> </li> </ul> </li> <li>• Families in Transitions               <ul style="list-style-type: none"> <li>• Suppose to happen by January 1<sup>st</sup>, 2016</li> <li>• Medicaid working on changing their name</li> <li>• No information in any language besides English and Spanish</li> </ul> </li> </ul>   |
| <u>Board of Health/Board of Supervisors Action Review (written report + comments)</u><br><i>By Scott Slater</i> | <ul style="list-style-type: none"> <li>• FY 16/17 budget- will be predicting expenses and revenues between now and early November and will present to BOS in January.</li> <li>• Good fiscal news to report not often heard: 4 of 5 grants from IDPH increased funding: Local Public Health Services inc 5%; Care For Yourself by \$10K, Immunization by 11% and HIV/Hepatitis by 30% plus one time supplemental funding of \$15K for this final year only.</li> </ul>   |

Community Health Screenings

*By Kristina Grier and Kari Lebeda-Townsend*

- Grocery Stores (Kristina Grier)
  - Partnered with African American Leadership Forum
    - July 2014-August 2015 (8 Fridays total)
  - Blood Pressure checks- 180
  - Blood Glucose checks- 55
  - Education
- Urbandale Food Pantry
  - July 2014-July 2015 (25 Wednesdays)
  - Blood Pressure checks- 140
  - Blood Glucose checks- 55
  - Education
- Senior Health Fair
  - May at Iowa State Fairgrounds
  - Blood Pressure checks- 62
  - Blood Glucose checks- 32
  - Education
- Iowa Caregivers
  - 2 times every August
  - Blood Pressure checks
  - Blood Glucose checks
  - Education
- Barriers in Community Screenings
  - Staffing, language, patients fasting for screenings and attendance
- Pride Fest (Kari-Lebeda-Townsend)
  - Provide STD Education and materials
  - Promote awareness of PCHD STD Clinic
  - Distribute Condoms and Lubricant
  - Conduct HIV and STD testing
  - 2015 conducted 270 tests
- Prelude Behavioral Services Outreach
  - HIV & Hepatitis C Education
  - Risk Reduction counseling
  - Rapid HIV Testing
  - Conduct Rapid Hep C testing
  - Hep A/B vaccination
  - Provide flu vaccinations (in season)
- Care For Yourself
  - Between 40-64 years of age
  - 65 years old or older and not in Medicare Part B
  - Under 40 years of age with a breast lump or other signs of breast cancer
  - <250% of Federal income guidelines
  - Komen Iowa
    - Primary 40-49 years old
  - Bras for the Cause
    - Primary over 50 years of age
  - Services- office visit, clinical breast exam, pap test, mammogram, limited diagnostic testing, WISEWOMAN and case management
- Susan G. Komen
  - Services- Mammogram, diagnostic imaging, case management and patient navigation (new)

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|  | <ul style="list-style-type: none"> <li>• Bras for the Cause <ul style="list-style-type: none"> <li>• Services through John Stoddard, Mercy and Broadlawns- Mammogram and diagnostic imaging</li> <li>• Services through Healthy Women- enrollment and case management</li> </ul> </li> <li>• What's new for Wise Woman <ul style="list-style-type: none"> <li>• Home Blood Pressure monitoring kits and monitoring</li> <li>• Medication Therapy Management</li> </ul> </li> <li>• Healthy Women numbers were down FY 2014-2015 because of funding</li> </ul> |
| <u>Health Planning and Education Update</u><br>(written report and comments)<br><i>By Tammy Keiter</i> | <ul style="list-style-type: none"> <li>• Back-To-School <ul style="list-style-type: none"> <li>• Numbers are down because school has started</li> <li>• Erica is going out and talking to the school nurses</li> </ul> </li> <li>• September is Suicide Prevention Month <ul style="list-style-type: none"> <li>• Sunday is the Out of the Darkness Walk</li> <li>• Look out for the billboards in community doing advertisement</li> </ul> </li> </ul>   |
| <u>Communicable Disease Update</u><br><i>By Kari Lebeda-Townsend</i>                                   | <ul style="list-style-type: none"> <li>• Gonorrhea numbers for August are about the same as July <ul style="list-style-type: none"> <li>• Trying to identify why the increase in numbers</li> <li>• Numbers are not just going up in the county but all of Iowa</li> <li>• Age group is 35 and under but seen in all ages</li> </ul> </li> <li>• Have condom dispensers throughout the community</li> <li>• Salmonella numbers on the rise have been linked to cucumbers in Mexico</li> </ul>   |
| <u>Committee Member Comments</u>   | <ul style="list-style-type: none"> <li>• None</li> </ul>  |
| <u>Public Comments</u>   | <ul style="list-style-type: none"> <li>• None</li> </ul>  |
| <u>Adjournment</u>   | Meeting adjourned at 9:55   |

**Next Meeting October 16, 2015 at 8:30**

Others present:

Rick Kozin, PCHD

Tammy Keiter, PCHD

Mandy Penning, PCHD

Kari Lebeda-Townsend, PCHD

Scott Slater, PCHD

Cari Spear, VNS

Christina Gonzalez, Co Attorney

Kristina Grier, PCHD

Lyn Jenkins, Pick a Better Snack