

**IN THE IOWA DISTRICT COURT FOR POLK COUNTY**

<b>STATE OF IOWA,</b> <i>Plaintiff,</i> v.  _____, <i>Defendant.</i>	<b>CRIMINAL NO:</b> _____  <b>WAIVER OF SPEEDY TRIAL (ONE YEAR RULE)</b>
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**COMES NOW** the Defendant and states:

1. I understand that I have the right to be brought to trial within one year days of the date of my initial arraignment and that if the State fails to do so, the case against me could be permanently dismissed. This right is called the Right to a Speedy Trial (One Year Rule) and it is set out in Iowa Rule of Criminal Procedure 2.33(2)(c).
2. I understand that this is my right and I can either enforce it, or waive it (give it up).
3. I have already knowingly, voluntarily and intelligently given up my right to have the case tried within 90 days of the date that formal charges were filed against me.
4. I hereby waive (give up) the right to be tried within one year of my Initial Arraignment and I agree that the State may delay bringing me to trial beyond the one year deadline. I further assert that there is good cause to delay my trial beyond the one year deadline and I ask the court to delay the case and to find good cause for delaying the case. I agree I will not attempt to challenge the charges against me in this case in the future based on a claim that my Right to Speedy Trial was violated under either the 90 Day Rule or the One Year Rule.
5. This waiver is knowingly, voluntarily and intelligently made with a full understanding of its meaning and after discussions with, and advice of, my attorney.
6. I understand that I may eventually be brought to trial on the charges and that if that happens, I will not be allowed to challenge the charge(s) based on a claim that my Right to Speedy Trial has been violated.

\_\_\_\_\_  
**DEFENDANT**

\_\_\_\_\_  
**DATE**

\_\_\_\_\_  
**ATTORNEY FOR DEFENDANT**

\_\_\_\_\_  
**DATE**