

FEBRUARY ACTIVITY CALENDAR 2016

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 9:30 Wii Bowling 10:00 Chair Yoga 12:00 Heritage Museum Gem 12:30 Cards/Games	3 9:30 Wii Bowling 10:00 Knitting/Crocheting 12:30 BINGO	4 9:30 Wii Bowling 12:15 Crafts w/Linda 12:30 Cards/Games	5 10:00 Fast Track 12:00 Antiques Roadshow 12:30 Wii/Cards/Games
8 9:30 Wii Bowling 10:00 Cribbage 12:15 Current Events 12:30 Cards/Games	9 9:30 Wii Bowling 10:30 South Prairie 2 nd Graders Read to Seniors 12:15 Chair Yoga-After Lunch 12:30 Cards/Games	10 9:30 Wii Bowling 10:00 Knitting/Crocheting 12:00 "Valentine Rhyme" Poems w/Ron 12:30 BINGO	11 10:00 Valentine's Party with Special Music at 10:30	12 10:00 Fast Track 12:00 Antiques Roadshow 12:30 Wii/Cards/Games
15 Closed for President's Day	16 9:30 Wii Bowling 10:00 Chair Yoga 12:00 Info Talk w/Jim Baker "Conscious Aging" 12:30 Cards/Games	17 10:00 Knitting/Crocheting 11:00 Music w/Marilyn 11:45 Info Talk w/Kirk "Bets Off—Grief Gambling" 12:30 BINGO	18 9:30 Wii Bowling 12:00 Monthly Talk w/Mike 12:30 Cards/Games	19 10:00 Fast Track 12:00 Antiques Roadshow 12:30 Wii/Cards/Games
22 9:30 Wii Bowling 10:00 Cribbage 12:15 Current Events 12:30 Cards/Games	23 8:30-1:30 Foot Clinic 10:00 Chair Yoga 12:00 Senior Medicare Patrol 12:30 Cards/Games	24 9:30 Wii Bowling 10:00 Knitting/Crocheting 12:30 BINGO	25 Closed for Church Lunch	26 10:00 Fast Track 12:00 Antiques Roadshow 12:30 Wii/Cards/Games
29 9:30 Wii Bowling 10:00 Cribbage 12:15 Current Events 12:30 Cards/Games			Rene' Leppert Site Coordinator 515-986-5747	Grimes Senior Center 410 SE Main St Grimes, IA 50111 Lunch served at 11:30