Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)*	2 9:30 Mah Jongg YOGA 9:30 & 10:45	3 9:45SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Games	4 Johnston Police Department *Guest Speaker* *(following lunch)* SMP 1:00 Games	5 Health Main Clinic 9:00 to 1:00 12:45 Bingo
8 JohnstonSenior Adv. Board 1:00 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet*	9 9:30 Mah Jongg YOGA 9:30 & 10:45	10 9:45SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Games	11 Valentine Celebration 1:00 Games	12 Eyerly-Ball *(following lunch)* 12:45 Bingo
15 Presidents' Day CLOSED	16 9:30 Mah Jongg YOGA 9:30 & 10:45	17 9:45SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Game	18 *News U can Use* *(following lunch)* 1:00 Games	19 12:45 Bingo
22 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)* 29th 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)*	23 9:30 Mah Jongg YOGA 9:30 & 10:45	24 9:45SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Games	25 *Nutrition* News *(following lunch)* 1:00 Games	26 12:45 Bingo

FEBRUARY ACTIVITY CALENDAR

JOHNSTON/POLK COUNTY SENIOR CENTER
6300 PIONEER PARKWAY
JOHNSTON, IA 50131
CALL 515-251-3707
(LUNCH SERVED DAILY AT 12:00 NOON)