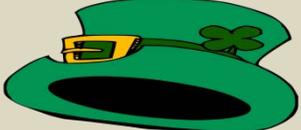


MARCH

Meals are called in by 1pm the day before. For Reservations please call 274-0373

<p>WESTSIDE SENIOR CENTER 134TH 6TH STREET WEST DES MOINES, IA 50265 274-0373</p> 	<p>1 Bingo 10:00 Cards after lunch Yoga – 12:30 – 1:30 LUNCH 11:30/ Andre piano</p>	<p>2 History Class 9:30-11:00 Adult Exercise 12:30 – 1:30 Cards after Lunch AARP Taxes – 11:30 – 3:00 Exercise / Lunch 11:30</p>	<p>3 Bingo 10:00 Cards after lunch  Andre Piano LUNCH 11:30</p>	<p>4 Adult Exercise 12:30 – 1:30  LUNCH 11:30/AARP Taxes 11:30</p>
<p>7 Exercise 11:15 Ceramics 9:30 Current Events 9:30-11:00 Adult Exercise 12:30 – 1:30 AARP Taxes – 11:30 – 3:00 LUNCH 11:30</p>	<p>8 Bingo 10:00 Cards after lunch Andre Piano Yoga – 12:30 – 1:30 LUNCH 11:30</p>	<p>9 History Class 9:30-11:00 Exercise 11:15 Cards after lunch Adult Exercise 12:30 – 1:30 AARP Taxes – 11:30 – 3:00 LUNCH 11:30</p>	<p>10 Bingo 10:00 Cards after lunch Andre Piano Lunch 11:30</p>	<p>11 Adult Exercise 12:30 – 1:30  AARP Taxes – 11:30 – 3:00 Lunch 11:30</p>
<p>14 Exercise 11:15 Ceramics 9:30 Current Events 9:30-11:00 Adult Exercise 12:30 – 1:30  LUNCH 11:30</p>	<p>15 Bingo 10:00 Cards after lunch Andre Piano Yoga – 12:30 – 1:30  LUNCH 11:30</p>	<p>16 History Class 9:30-11:00 Exercise 11:15 Foot Clinic Cards after lunch Birthday's Adult Exercise 12:30 – 1:30 AARP Taxes – 11:30 – 3:00 LUNCH 11:30</p>	<p>17 Andre Piano Cards after Lunch Iowa Country Oprey Band  LUNCH 11:30</p>	<p>18 Adult Exercise 12:30 – 1:30 CRAZY HAT DAY!!!!!!!  AARP Taxes – 11:30 – 3:00 LUNCH 11:30</p>
<p>21 Exercise 11:15 Ceramics 9:30 Current Events 9:30-11:00 Adult Exercise 12:30 – 1:30 Health Screening with Nora Blood Pressure AARP Taxes – 11:30 – 3:00 LUNCH 11:30</p>	<p>22 Bingo 10:00 Yoga – 12:30 – 1:30 Cards after lunch Andre Piano  LUNCH 11:30</p>	<p>23 History Class 9:30-11:00 Exercise 11:15 Cards after lunch Adult Exercise 12:30 – 1:30 AARP Taxes – 11:30 – 3:00 LUNCH 11:30</p>	<p>24 Bingo 10:00 Cards after Lunch  Andre Piano  LUNCH 11:30</p>	<p>25 Adult Exercise 12:30 – 1:30  EASTER PARTY Lunch 11:30/AARP Taxes 11:30</p>
<p>28 Exercise 11:15 Ceramics 9:30 Current Events 9:30-11:00 Adult Exercise 12:30 – 1:30 LUNCH 11:30/AARP Taxes 11:30</p>	<p>29 Bingo 10:00 Cards after lunch Andre Piano Yoga – 12:30 – 1:30 LUNCH 11:30</p>	<p>30 History Class 9:30-11:00 Exercise 11:15 Cards after Lunch Adult Exercise 12:30 – 1:30 Lunch 11:30/ AARP Taxes 11:30</p>	<p>31 Bingo 10:00 Cards after lunch Andre Piano Lunch 11:30</p>	<p>Mary Clare Cox, Supervisor Linda Mason, Program Aide COME AND JOIN US for some FOOD, FUN & FRIENDS</p>