MAY ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Tennis 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)*	3 9:30 Mah Jongg 10:00 PickleBall YOGA *(Time Change)* *10:00 & 11:15*	4 10:00 Tennis 10:00SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Games	5 9:00 ZUMBA Gold 10:00 PickleBall 1:00 Games CELEBRATE CINCO de MAYO	6 10:00 Tennis Health Main Clinic 9:00 to 1:00 12:45 Bingo
9 10:00 Tennis Johnston Senior Adv. Board 1:00 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)*	10 9:30 Mah Jongg 10:00 PickleBall YOGA *(Time Change)* *10:00 & 11:15*	11 10:00 Tennis 10:00SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Games	12 9:00 ZUMBA Gold 10:00 PickleBall 1:00 Games	13 10:00 Tennis 12:45 Bingo
16 10:00 Tennis 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)*	17 9:30 Mah Jongg 10:00 PickleBall YOGA *(Time Change)* *10:00 & 11:15*	18 *(Crown Point Closed)* SENIOR FEST 9:00 – 1:30 Iowa State Fairgrounds Senior Fun Night 6:30 to 9:30	19 9:00 ZUMBA Gold 10:00 PickleBall 1:00 Games	20 10:00 Tennis 12:45 Bingo
23 10:00 Tennis 10:00 to 3:00 Caring Hands of Johnston *(knit-crochet)*	24 9:30 Mah Jongg 10:00 PickleBall YOGA *(Time Change)* *10:00 & 11:15* VNS-10:30-12:00 *Blood Pressure Check*	25 10:00 Tennis 10:00SilverSneakers "Sew-cial" *(sewing-quilting)* 10:0 to 3:00 12:30 Bridge 1:00 Games	26 9:00 ZUMBA Gold 10:00 PickleBall 1:00 Games	27 10:00 Tennis 12:45 Bingo
30 CLOSED MEMORIAL DAY	31 9:30 Mah Jongg 10:00 PickleBall YOGA 10:00 & 11:15	Crown Point Community Center 6300 Pioneer Parkway Johnston, IA 50131 Call 251-3707 (LUNCH SERVED DAILY @ 12:00 NOON)		

Activities and Meals sponsored by Polk County Johnston Senior Center. Call 515-251-3707.