

## Location

The Polk County Health Department is located at 1907 Carpenter Avenue in Des Moines, a few blocks east of Drake University and a few blocks north of Interstate 235. We are located on the DART bus route.



# Polk County Health Department

## Hours

Monday - Friday 8:00 AM - 5:00 PM  
Tuesdays 8:00 AM - 7:00 PM  
Call (515) 286-3798 for walk-in hours or to make an appointment.

Affordable • Convenient • Confidential

*Nurturing a culture of wellness.*

## Polk County Health Department

1907 Carpenter Avenue  
Des Moines, Iowa 50314  
Phone: (515) 286-3798  
Toll free: (866) 209-1300

Website: [www.polkcountyiowa.gov/health](http://www.polkcountyiowa.gov/health)

Visit us online!



## Cost of Services

The Polk County Health Department accepts most major types of private insurance, Medicaid and Medicare. Most fees are low and payment plans and hardship policies can be set up so no one is turned away.



# Polk County Health Department

Collaboration • Innovation • Prevention





## OUR MISSION

To create the conditions for all people to live healthy lives by engaging residents, reducing health disparities and attending to the needs of our most vulnerable families.



### ENGAGING RESIDENTS

*We engage residents to live healthy lives by:*

- Providing health assessments such as sports physicals and well child checkups to ensure our youth's health and safety.
- Keeping the community, employees and our employers safe through work physicals and drug tests.
- Encouraging residents to practice healthy lifestyle behaviors through flu and outreach clinics.
- Providing testing, treatment, education and counseling for sexually transmitted diseases.
- Providing information and education to individuals with diabetes that help create healthy lifestyle habits.
- Promoting disease prevention through adult and travel immunization clinics.

### REDUCING HEALTH DISPARITIES

*We make health available to all people by:*

- Identifying and responding to potential health hazards in resident's homes from harmful substances and pests such as lead, radon, mold and bed bugs through our Metropolitan Partnership for Lead Safe Housing and Healthy Homes Program.
- Providing uninsured or underinsured women in Polk County access to mammograms, office visits, pap tests, clinical breast exams, heart health screenings and other needed diagnostic testing, treatment, case management through the Healthy Women Program.

### ATTENDING TO THE NEEDS OF OUR MOST VULNERABLE FAMILIES

*We help our families in greatest need by:*

- Protecting the health of our children who might not otherwise be vaccinated due to inability to pay or who are American Indian or Alaska Native through our Vaccines for Children Program (VFC).
- Ensuring the health of newly immigrated individuals and refugees through our green card immunization services.
- Accessing, diagnosing and treating patient's chronic health conditions through our nurse practitioner and clinic staff.
- Identifying, treating and providing resources to individuals who have Tuberculosis.
- Providing laboratory services and lead testing to detect diseases and chronic health conditions.



## OUR VISION

To be a leader in encouraging everyone to take responsibility for improving their own health and building the kind of society that supports and enables all of us to live healthy lives.

