

## Polk County Advisory Board of Health Minutes

May 20, 2016

Members present: Donald Anderson, Bobbretta Brewton, Thomas Newton, Anne Bacon, Reylon Meeks

Members absent:

| Agenda Items  | Summary  |
|---|--|
| <u>Approval of Minutes</u>  | <ul style="list-style-type: none"> <li>• April minutes approved</li> </ul>   |
| <u>Public Health Director Report (written report + comments)</u><br><i>By Rick Kozin</i>                        | <ul style="list-style-type: none"> <li>• Childhood immunization religious exemptions were talked about in the Des Moines Register. Very encouraging. They used data that the health department collected.</li> <li>• HUD requested research for Healthy Homes. Drake and DMU starting a partnership to do this request.               <ul style="list-style-type: none"> <li>• Writing 3 Grants- Pre-Application is due the end of June (currently working on)</li> </ul> </li> </ul>  |
| <u>Board of Health/Board of Supervisors Action Review (written report + comments)</u><br><i>By Scott Slater</i> | <ul style="list-style-type: none"> <li>• Agreement with Mercy College of Health Science and Brigham University were approved. We are seeing more students that live out of state.</li> </ul>   |
| <u>Health Education</u><br><i>By Nola Aigner and Ana Coppola</i>  | <ul style="list-style-type: none"> <li>• Nola Aigner               <ul style="list-style-type: none"> <li>• Social Media is Free, has the ability to spread to a huge audience and viewers can visually see what we are doing when we post pictures and events.</li> <li>• Facebook- September 8<sup>th</sup>, our STD post reached 29,306 people because 239 of our Facebook followers shared it.                   <ul style="list-style-type: none"> <li>▪ As of May 9<sup>th</sup>, we have 937 likes which has doubled since Sept.</li> </ul> </li> <li>• Twitter- 2,771 followers, following 1,314 accounts and post to both accounts daily to keep messages consistent</li> <li>• Polk County Health Department Website- layout has changed, both Facebook and Twitter accounts linked to website</li> <li>• Presentation/Classes- on average a presentation or a teaching of a class is done 2 times a week.</li> </ul> </li> <li>• Ana Coppola               <ul style="list-style-type: none"> <li>• Education Programs and Presentations                   <ul style="list-style-type: none"> <li>▪ Extended Food and Nutrition Education</li> <li>▪ Diabetes Education</li> <li>▪ Public Presentations (Spanish Speaking)</li> <li>▪ Writes articles</li> </ul> </li> <li>• Has been a health coach since 2012                   <ul style="list-style-type: none"> <li>▪ Provided 89 health coaching session during FY15/16</li> </ul> </li> <li>• What is Next?                   <ul style="list-style-type: none"> <li>▪ Link clinic and community prevention programs</li> <li>▪ Focus on social and community determinates of health</li> <li>▪ Link between health and other issues of concern</li> </ul> </li> </ul> </li> </ul> |
| <u>Communicable Disease Update</u><br><i>By Kari Lebeda Townsend</i>  | <ul style="list-style-type: none"> <li>• TB- 2 patients in isolation               <ul style="list-style-type: none"> <li>• 1 that is drug resistant</li> </ul> </li> <li>• 554 travel cases in the US of Zika</li> <li>• John Stoddard and Health Department Grant               <ul style="list-style-type: none"> <li>• Outreach to African American women</li> <li>• Sent out survey and received 200+ responses</li> </ul> </li> </ul>  |

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|----------------------------------|---|
|                                  | <ul style="list-style-type: none"> <li>• Peer Presenters (have to be trained) <ul style="list-style-type: none"> <li>▪ Have put together a tool kit for the presenters</li> <li>▪ Kit includes jump drive, flip chart, etc.</li> </ul> </li> <li>• Group came together (mostly retired) to put together a handout</li> <li>• May 5<sup>th</sup> held a reception at the Health Department <ul style="list-style-type: none"> <li>▪ Over 70 attended</li> <li>▪ Food, watched videos and had presenters</li> </ul> </li> </ul> |
| <u>Committee Member Comments</u> | <ul style="list-style-type: none"> <li>• Thomas- any chance we will get Zika funding? Scott- he has not heard of any.</li> </ul>  |
| <u>Public Comments</u>           | <ul style="list-style-type: none"> <li>• None</li> </ul>  |
| <u>Adjournment</u>               | 9:15  |

**Next Meeting April 15, 2016 at 8:30**

Others present:

Rick Kozin, PCHD

Scott Slater, PCHD

Tammy Keiter, PCHD

Kari Lebeda-Townsend, PCHD

Mandy Penning, PCHD

Nola Aigner, PCHD

Ana Coppola, PCHD

Cari Spear, VNS